

1 **Long-Term Pancreatic Beta Cell Exposure to High Levels of Glucose but Not Palmitate**  
2 **Induces DNA Methylation within the Insulin Gene Promoter and Represses**  
3 **Transcriptional Activity**

4

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23

## 24 Abstract

25 Recent studies have implicated epigenetics in the pathophysiology of diabetes. Furthermore,  
26 DNA methylation, which irreversibly deactivates gene transcription, of the insulin promoter,  
27 particularly the cAMP response element, is increased in diabetes patients. However, the  
28 underlying mechanism remains unclear. We aimed to investigate insulin promoter DNA  
29 methylation in an over-nutrition state. INS-1 cells, the rat pancreatic beta cell line, were  
30 cultured under normal-culture-glucose (11.2 mmol/l) or experimental-high-glucose (22.4  
31 mmol/l) conditions for 14 days, with or without 0.4 mmol/l palmitate. DNA methylation of  
32 the rat insulin 1 gene (*Ins1*) promoter was investigated using bisulfite sequencing and  
33 pyrosequencing analysis. Experimental-high-glucose conditions significantly suppressed  
34 insulin mRNA and increased DNA methylation at all five CpG sites within the *Ins1* promoter,  
35 including the cAMP response element, in a time-dependent and glucose  
36 concentration-dependent manner. DNA methylation under experimental-high-glucose  
37 conditions was unique to the *Ins1* promoter; however, palmitate did not affect DNA  
38 methylation. Artificial methylation of *Ins1* promoter significantly suppressed promoter-driven  
39 luciferase activity, and a DNA methylation inhibitor significantly improved insulin mRNA  
40 suppression by experimental-high-glucose conditions. Experimental-high-glucose conditions  
41 significantly increased DNA methyltransferase activity and decreased  
42 ten-eleven-translocation methylcytosine dioxygenase activity. Oxidative stress and  
43 endoplasmic reticulum stress did not affect DNA methylation of the *Ins1* promoter. High  
44 glucose but not palmitate increased ectopic triacylglycerol accumulation parallel to DNA  
45 methylation. Metformin upregulated insulin gene expression and suppressed DNA  
46 methylation and ectopic triacylglycerol accumulation. Finally, DNA methylation of the *Ins1*  
47 promoter increased in isolated islets from Zucker diabetic fatty rats. This study helps to

48 clarify the effect of an over-nutrition state on DNA methylation of the *Ins1* promoter in  
49 pancreatic beta cells. It provides new insights into the irreversible pathophysiology of  
50 diabetes.

## 51 **Introduction**

52 Type 2 diabetes is an insulin insufficiency state caused by decreased pancreatic beta cell  
53 function and mass [1,2]. Genetic and environmental factors influence the development of  
54 type 2 diabetes, with the nutritional state being particularly important. In preclinical type 2  
55 diabetes, beta cells secrete excessive insulin and considerably expand their mass to  
56 compensate for the increased metabolic load and obesity-associated insulin resistance.  
57 However, failure of beta cell adaptation leads to type 2 diabetes onset with declining insulin  
58 secretion and beta cell mass [1]. Beta cell dysfunction then deteriorates, particularly in  
59 individuals with poor glycemic control, and eventually becomes irreversible despite  
60 glucotoxicity treatments providing temporary improvements in the dysfunction to some  
61 extent [2].

62 When glycemic control is poor, it is widely accepted that the associated diabetic  
63 complications will worsen. Moreover, the Diabetes Control and Complications  
64 Trial/Epidemiology of Diabetes Interventions and Complications and United Kingdom  
65 Prospective Diabetes Study showed correlations between transient poor glycemic control and  
66 progression of diabetic complications [3,4]. This “metabolic memory” or “legacy effect”  
67 phenomenon is partially regulated by epigenetic modification, which causes histone 3 lysine  
68 4 monomethylation in aortic endothelial cells under transient high-glucose states and sustains  
69 the high inflammatory cytokine levels under subsequent normoglycemia [5-7].

70 Epigenetic modification regulates gene expression without altering the DNA sequence and  
71 mainly occurs through histone modification and DNA methylation [8]. Histone modifications  
72 usually control the chromatin structure and transcriptional activity and include methylation,  
73 acetylation, phosphorylation, sumoylation, and ubiquitination at histone N-terminals [9].  
74 DNA methylation occurs at the cytosine site in the CpG dinucleotide where it irreversibly

75 deactivates gene transcription and is balanced by the effects of DNA methyltransferase  
76 (DNMT) and ten-eleven-translocation methylcytosine dioxygenase (TET) [10]. DNA  
77 methylation represses transcriptional activity, either by directly preventing transcriptional  
78 factors from binding to their cognate sequences or by recruiting transcriptional repressor  
79 complexes that form heterochromatin (“closed,” or inactive, chromatin) [11].

80 Recent studies have reported that epigenetic modulation of beta cells could be of pathogenic  
81 importance in type 2 diabetes. A genome-wide DNA methylation analysis identified different  
82 DNA methylation patterns on candidate genes in the islets of patients with type 2 diabetes. In  
83 that study, 17 of 40 type 2 diabetes candidate genes were differently methylated, e.g.  
84 potassium voltage-gated channel KQT-like subfamily member 1 (*KCNQ1*) and transcription  
85 factor 7-like 2 (*TCF7L2*). Moreover, functional analysis demonstrated that cyclin-dependent  
86 kinase inhibitor 1A (*CDKN1A*) and phosphodiesterase 7B (*PDE7B*), which exhibit decreased  
87 DNA methylation and increased gene expression in type 2 diabetes, result in impaired insulin  
88 secretion and exocyst complex component 3-like 2 (*EXOC3L2*), which exhibits increased  
89 DNA methylation and decreased gene expression in type 2 diabetes, results in decreased  
90 exocytosis from pancreatic beta cells [12]. DNA methylation of the pancreatic and duodenal  
91 homeobox factor-1 (*Pdx1*) promoter of intrauterine growth retardation rats is considered a  
92 major cause of susceptibility to glucose intolerance in adulthood [13]. A recent study  
93 involving patients with type 2 diabetes showed that elevated DNA methylation of the insulin  
94 gene promoter, particularly at the cAMP response element (CRE) site, was proportional to  
95 HbA<sub>1c</sub> levels and inversely proportional to insulin gene expression [12,14]. However, the  
96 precise mechanism underlying DNA methylation in the diabetic state remains unclear.

97 We hypothesized that long-term environmental exposure to high glucose levels would cause  
98 epigenetic modification and irreversible damage to beta cells. This study aimed to elucidate  
99 the effects of an over-nutrition state on epigenetic modification in the insulin gene promoter.

100 In particular, we investigated the role of the high glucose state on DNA methylation of the  
101 CpG site in the insulin gene promoter.

102

## 103 **Materials and Methods**

### 104 **Materials**

105 Sodium palmitate, forskolin, 3-isobutyl-1-methylxanthine (IBMX), 5-Aza-2'-deoxycytidine  
106 (DAC), and N-acetyl-cysteine were obtained from Sigma (St Louis, MO, USA). Metformin  
107 was obtained from Enzo Life Sciences (Farmingdale, NY, USA). Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)  
108 was obtained from Santoku Chemical Industries (Tokyo, Japan). Thapsigargin and  
109 tauroursodeoxycholic acid (TUDCA) were obtained from Calbiochem (La Jolla, CA, USA).  
110 The insulin enzyme-linked immunosorbent assay (ELISA) kit was obtained from Morinaga  
111 (Tokyo, Japan), and the triglyceride quantification colorimetric/fluorometric kit was obtained  
112 from BioVision (Milpitas, CA, USA). EpiQuik DNMT activity/inhibition assay and  
113 Epigenase 5 mC-Hydroxylase TET activity/inhibition assay kits were obtained from  
114 Epigentek (Farmingdale, NY, USA). The Cell Proliferation Kit I (MTT assay) was obtained  
115 from Roche Applied Science (Branford, CT, USA).

### 116 **Cell culture**

117 The pancreatic beta cell line (INS-1 cells) were provided by Dr. CB Wollheim (University  
118 of Geneva, Geneva, Switzerland) [15]. They were cultured in RPMI1640 media  
119 supplemented with 10% fetal bovine serum (FBS), 2 µl/500 ml beta-mercaptoethanol, and  
120 antibiotics (100 units/ml penicillin–100 µg/ml streptomycin). Cells were maintained at 37°C  
121 in a humidified atmosphere containing 95% air and 5% CO<sub>2</sub>. Cells were passaged by  
122 trypsinization and were subcultured every fourth day. Cells (passage: 45–70) were cultured

123 under the conditions indicated for each experiment.

124 Palmitate was precomplexed to FFA-free bovine serum albumin (BSA) (Wako Pure  
125 Chemical Industries, Japan) at a 2:1 (palmitate:BSA) molar ratio. Control cells were  
126 incubated with media containing FFA-free BSA at the same concentration as  
127 palmitate-exposed cells.

## 128 **Animals**

129 Male Zucker diabetic fatty rats (ZDF rats; Charles River Laboratories, Wilmington, MA,  
130 USA), a diabetes-prone model due to a mutated leptin receptor, were maintained in a 12-h  
131 light/dark cycle with free access to water and food (Purina Diet 5008, Charles River  
132 Laboratories). All research procedures involving animals were performed in accordance with  
133 the Laboratory Animals Welfare Act, the Guide for the Care and Use of Laboratory Animals,  
134 and the Guidelines and Policies for Rodent Experiments provided by the Institutional Animal  
135 Care and Use Committee at the Nagoya University Graduate School of Medicine and were  
136 reviewed and approved by the Institutional Animal Care and Use Committee. The protocol  
137 was approved by the committee on the Ethics of Animal experiments of the Nagoya  
138 University Graduate School of Medicine (Permit Number: 26060). All surgeries were  
139 performed under sodium pentobarbital anesthesia, and reasonable efforts were made to  
140 minimize suffering. Rats were sacrificed by intraperitoneal administration of sodium  
141 pentobarbital (200 mg/kg).

## 142 **Real-time polymerase chain reaction (PCR)**

143 Total RNA was extracted from INS-1 cells using the RNeasy Plus Mini kit from Qiagen  
144 (Valencia, CA, USA). Target gene mRNA expression relative to phosphatidylinositol 3-kinase  
145 (*Pi3k*) p85 was quantified using the Power SYBR Green RNA-to-CT 1-Step kit in the 7300  
146 Real-Time PCR System (Applied Biosystems, Foster City, CA, USA). The sequences of the

147 specific primer pairs are described in Table S1.

## 148 **Pyrosequencing analysis**

149 Nucleotide sequences for the rat *Ins1* gene (Gene ID: 24505) and insulin receptor substrate 2  
150 (*Irs2*) gene (Gene ID: 29376) were obtained from GenBank. Genomic DNA was extracted  
151 from INS-1 cells and rat pancreatic islets using the DNeasy tissue kit (Qiagen). Extracted  
152 DNA (2 µg) was then subjected to bisulfite conversion using the EpiTect Bisulfite kit  
153 (Qiagen). Bisulfite-treated DNA (1 µl) was amplified by the universal primer approach in 50  
154 µl reaction mixture containing primers and 0.2 U rTaq polymerase from Takara (Otsu, Japan)  
155 [16]. Primers for pyrosequencing analysis were designed using Pyrosequencing Assay Design  
156 software (Biotage, Westborough, MA, USA). The biotinylated PCR products by universal  
157 primer approach were immobilized with streptavidin-coated Sepharose beads, purified, and  
158 then denatured using a 0.2 mol/l NaOH solution. The purified single-stranded PCR products  
159 were annealed to 0.3 µmol/l pyrosequencing primers, and pyrosequencing was performed on  
160 Biotage's PSQ 96 MA Pyrosequencing System. Following this, the methylation rate was  
161 calculated using Qiagen's PyroMark CpG software. The primer sequences for  
162 pyrosequencing analysis and PCR are described in Table S2.

## 163 **Bisulfite sequencing analysis**

164 The rat *Ins1* gene was amplified with pairs of gene-specific primers (Table S3) in a mixture  
165 containing bisulfite-treated DNA (100 ng). PCR was performed using TaKaRa EpiTaq HS  
166 (Takara). The bisulfite-PCR product of the rat *Ins1* promoter was cloned into the pGEM-T  
167 Easy Vector (Promega, Madison, WI, USA) and sequenced with a T7 primer  
168 (Takara Dragon Genomics Center, Mie, Japan). At least 30 clones were sequenced per  
169 sample.

## 170 **Luciferase assay**

171 INS-1 cells were transfected with a pGL4.10 [*luc2*] vector containing rat *Ins1* 469-base pair  
172 (bp) promoter and pGL4.74 [*hRluc/TK*] vector using the FuGENE HD reagent (Promega)  
173 according to the manufacturer's protocol. The pGL4.10 [*luc2*] vector (Promega, Madison,  
174 WI) was digested with *Bgl*II/*Hind*III and treated with alkaline phosphatase (CIP) (New  
175 England BioLabs, Ipswich, MA). A fragment of the rat *Ins1* promoter (−304 to +192 bp  
176 containing five CpG sites) was amplified by PCR using genomic DNA and primers that  
177 added *Bgl*II and *Hind*III sites to the ends. PCR products were inserted into the pGEM-T Easy  
178 Vector (Promega) and amplified in SOC medium (super optimal broth with catabolite  
179 repression). The plasmid sequences were confirmed by DNA sequencing. The cloned  
180 promoter fragments were excised and subcloned upstream of the firefly luciferase gene in the  
181 pGL4.10 [*luc2*] vector using T4 DNA Ligase (Promega) according to the manufacturer's  
182 recommendation and transformed into DH5 $\alpha$  competent cells (Promega) for plasmid  
183 production. The pGL4.10 [*luc2*] vector containing the rat *Ins1* 469-bp promoter was either  
184 methylated using 10 U of M.SssI CpG methyltransferase (New England BioLabs) or  
185 mock-methylated in a parallel control reaction without the enzyme. Luciferase activity was  
186 measured 48 h after transfection. Firefly and *Renilla* luciferase activities in cell lysates were  
187 measured using the Dual-Luciferase Reporter Assay System (Promega) in a Lumat LB 9507  
188 luminometer (Berthold Technologies, Bad Wildbad, Germany) according to the  
189 manufacturer's instruction. Firefly luminescence was normalized by the *Renilla*  
190 luminescence.

## 191 **Glucose-stimulated insulin secretion (GSIS)**

192 INS-1 cells were preincubated with 2.8 mmol/l Krebs–Ringer buffer (KRB) buffer for 30  
193 min and stimulated with 16.7 mmol/l glucose for 30 min. We measured supernatant as release

194 and acid–ethanol extract as content. Release and content were measured using H.T.R.F  
195 (Cisbio Bioassays, France). The amount of insulin secreted was normalized by cellular  
196 insulin contents.

## 197 **Pancreatic islet isolation**

198 Pancreatic islets were isolated from 12-week-old ZDF rats by collagenase digestion, as  
199 described previously [17].

## 200 **Measurement of the insulin content of isolated islet**

201 The total pancreatic insulin content was measured according to a standard acid–ethanol  
202 extraction protocol. The islet insulin was measured using H.T.R.F. The amount of insulin  
203 secreted was normalized by pancreatic weight.

## 204 **Immunofluorescence staining**

205 For morphometric analysis, pancreatic islets were isolated from 12-week-old male ZDF rats.  
206 The pancreas was fixed in 4% paraformaldehyde and sequentially washed thoroughly in  
207 phosphate-buffered saline containing 10% and 20% sucrose. They were then embedded in  
208 OCT Compound (Sakura Finetek, Tokyo, Japan) and frozen. Serial 10- $\mu$ m sections were cut  
209 at 100- $\mu$ m intervals, and five sections were randomly selected from each pancreas. The  
210 sections were incubated overnight with polyclonal anti-insulin guinea pig antibody and  
211 polyclonal anti-glucagon rabbit antibody (1:500) from Abcam (Tokyo, Japan) at 4°C. After  
212 washing with phosphate-buffered saline, they were incubated for 1 h in a mixture of  
213 rhodamine-conjugated anti-guinea pig and anti-rabbit immunoglobulin G antibody before  
214 being incubated with 4',6-diamidino-2-phenylindole (DAPI) solution (1:2000; Dojindo  
215 (Tokyo, Japan) for 20 min. The sections were analyzed using the BZ-9000 Fluorescent  
216 Microscope System from Keyence (Osaka, Japan). The ratio of glucagon-positive cells to

217 insulin-positive cells was calculated using the HS BZ-II analysis application (Keyence). In  
218 total, 90 islets from three rats were estimated per group.

## 219 **Statistical analysis**

220 Data are expressed as mean  $\pm$  standard error along with experiment numbers. Differences  
221 between the means of the two groups were compared by unpaired two-tailed Student *t* test  
222 (Microsoft Excel 2010). Comparison of quantitative variables among groups were performed  
223 using analysis of variance (ANOVA) with the Tukey post-hoc test via  
224 GraphPad Prism (v.6.03; GraphPad Software, San Diego, CA, USA). We considered *p* values  
225  $\leq 0.05$  to be statistically significant.

## 226 **Results**

### 227 **Glucotoxicity and DNA methylation of the CpG site at CRE in the** 228 ***Ins1* promoter**

229 Insulin transcription is mainly regulated by the promoter region located approximately 400  
230 nucleotides upstream of the transcription start site [18]. Both rat insulin 1 (*Ins1*) and insulin 2  
231 (*Ins2*) genes have one CRE site in their promoters. The CRE site in the *Ins1* promoter but not  
232 in the *Ins2* promoter has a CpG dinucleotide sequence susceptible to DNA methylation [19]  
233 (Figure S1). Therefore, we examined the DNA methylation of the CpG site at CRE in the  
234 *Ins1* promoter (which we refer to as DNA methylation of the *Ins1* promoter) in an  
235 over-nutrition state. INS-1 cells were cultured under either normal-culture-glucose (NG; 11.2  
236 mmol/l) or 22.4 mmol/l experimental-high-glucose (HG) conditions for 14 days with or  
237 without 0.4 mmol/l palmitate. Incubation under HG conditions, with and without 0.4 mmol/l  
238 palmitate, significantly decreased insulin mRNA levels by 80%–95% compared with that  
239 under NG conditions ( $p < 0.01$ ). NG plus palmitate did not change insulin mRNA levels (Fig.

240 1A). Similarly, HG with and without palmitate also markedly increased DNA methylation of  
241 the *Ins1* promoter, although palmitate did not influence DNA methylation under NG  
242 conditions (NG,  $4\% \pm 0.4\%$ ; NG plus palmitate,  $4.6\% \pm 0.4\%$ ; HG,  $15.3\% \pm 0.8\%$ ; HG plus  
243 palmitate,  $16.3\% \pm 0.4\%$ ;  $p < 0.01$ ; Fig. 1B). Next, we evaluated DNA methylation of the  
244 *Irs2* gene, which has a CRE site in a CpG island of its promoter [20] (Figure S1), to confirm  
245 whether the effect of HG conditions on DNA methylation was specific to the *Ins1* promoter.  
246 None of the conditions affected either DNA methylation at the CRE site of the *Irs2* promoter  
247 or *Irs2* mRNA levels (Figure S2).

248 Following this, we investigated the effect of glucose concentrations and incubation periods  
249 on DNA methylation of the *Ins1* promoter in INS-1 cells. Insulin mRNA levels significantly  
250 decreased by 75%–85% under 16.7, 22.4, and 33.6 mmol/l glucose conditions (Fig. 1C), and  
251 DNA methylation of the *Ins1* promoter significantly increased compared with that under NG  
252 conditions ( $6.3\% \pm 0.4\%$ ,  $9.7\% \pm 1.1\%$ ,  $12.7\% \pm 0.4\%$ , and  $2.7\% \pm 0.4\%$ , respectively; Fig.  
253 1D). Insulin mRNA levels significantly decreased by 80%–90% at days 3, 7, and 14 ( $p <$   
254  $0.01$ ) (Fig. 1E), and DNA methylation of the *Ins1* promoter significantly increased at days 7  
255 and 14 under HG conditions compared with that under NG conditions (day 3,  $5.0\% \pm 0.7\%$ ;  
256 day 7,  $7.3\% \pm 0.4\%$ ; day 14,  $12.3\% \pm 0.4\%$ ; Fig. 1F). NG plus 0.8 mmol/l palmitate caused  
257 insulin mRNA levels to decrease by 55%, whereas DNA methylation of the *Ins1* promoter did  
258 not increase (Fig. 1G and 1H). After 14 days of culture under 22.4 mmol/l HG or NG plus 0.8  
259 mmol/l palmitate, GSIS of these cells was significantly decreased.

260 These data show that long-term incubation in the HG state (glucotoxicity) rather than  
261 palmitate toxicity is essential for DNA methylation of the *Ins1* promoter. In beta cells, DNA  
262 methylation caused by HG was not global because no DNA methylation occurred at the CRE  
263 site of the *Irs2* promoter under the HG state. DNA methylation by glucotoxicity was both  
264 time and concentration dependent.

265 **Gene transcription suppressed by DNA methylation of the *Ins1***  
266 **promoter**

267 In addition to the CpG site of CRE, the rat *Ins1* promoter contains four other CpG sites  
268 (-171, -113, -68, and +67) within a 500-bp region upstream of the ATG start codon. To  
269 confirm whether long-term HG incubation specifically induced DNA methylation at the CRE  
270 site of interest, we evaluated DNA methylation at the other sites. Bisulfite sequencing  
271 analysis revealed that long-term HG incubation induced DNA methylation at all CpG sites  
272 within the rat *Ins1* promoter (Fig. 2A).

273 Because our insulin primer cannot distinguish between *Ins1* and *Ins2*, we then examined  
274 *Ins1* promoter activity using a luciferase assay in the pGL4.10 vector with methylated or  
275 mock-methylated *Ins1* 469-bp promoter sequences to estimate the direct relationship between  
276 the DNA methylation of the *Ins1* promoter and gene transcription (Fig. 2B). As shown in Fig.  
277 2C, compared with the mock-methylated vector, the methylated rat *Ins1* 469-bp promoter  
278 suppressed luciferase activity by 95% ( $p < 0.01$ ). In the mock-methylated vector, luciferase  
279 activity was increased approximately threefold by cAMP stimulation for 3 h with 1  $\mu\text{mol/l}$   
280 forskolin/10  $\mu\text{mol/l}$  IBMX ( $p < 0.01$ ). Meanwhile, the response to cAMP stimulation in the  
281 methylated vector completely disappeared (Fig. 2C).

282 Following this, the DNA methylation inhibitor DAC was used to estimate the deleterious  
283 effect of glucotoxicity on insulin gene expression via DNA methylation. INS-1 cells under  
284 22.4 mmol/l HG conditions were treated with the indicated concentrations of DAC for the  
285 last 3 days of the 14-day incubation period (Fig. 2D). We found that 50 nmol/l DAC  
286 significantly decreased DNA methylation of the *Ins1* promoter ( $p < 0.01$ ) and improved  
287 insulin mRNA suppression under HG conditions ( $p < 0.05$ ) (Fig. 2D and 2E). These data  
288 suggest a direct relationship between DNA methylation of the *Ins1* promoter and insulin gene

289 transcription that is induced by glucotoxicity.

## 290 **Glucotoxicity increased DNMT activity and decreased TET** 291 **activity**

292 We evaluated the effect of glucotoxicity on DNA methylation through the DNA methylation  
293 modulators DNMT and TET in INS-1 cells. DNMT exists in three isoforms; DNMT1  
294 maintains the methylation pattern during cell replication and DNMT 3a and 3b lead to de  
295 novo DNA methylation. TET also exists in three isoforms, TET1, TET2, and TET3, and  
296 catalyzes demethylation depending on  $\alpha$ -ketoglutarate ( $\alpha$ KG) and iron (II) oxide. Compared  
297 with NG conditions, significant increases in both *Dnmt1* mRNA levels ( $p < 0.05$ ) and DNMT  
298 activity (twofold increase;  $p < 0.05$ ) were observed under 22.4 mmol/l HG conditions for 14  
299 days (Fig. 3A and 3B). Compared with NG conditions, *Tet1*, *Tet2*, and *Tet3* mRNA levels did  
300 not change, but TET activity decreased by 50% under the same HG conditions ( $p < 0.05$ ) (Fig.  
301 3C and 3D). These data suggest that glucotoxicity upregulates methylation mechanisms  
302 through increased DNMT activity and downregulates demethylation mechanisms through  
303 decreased TET activity.

## 304 **Oxidative stress and endoplasmic reticulum (ER) stress**

305 Next, we evaluated the effects of oxidative stress and ER stress, the putative mechanisms  
306 through which glucotoxicity affects DNA methylation of the *Ins1* promoter. Treatment of  
307 INS-1 cells with 50  $\mu$ mol/l  $H_2O_2$  (an oxidative stress inducer) for 14 days significantly  
308 decreased insulin mRNA levels by 30% without changing DNA methylation of the *Ins1*  
309 promoter ( $p < 0.05$ ) (Fig. 4A and 4B). Treatment of INS-1 cells with 1 mmol/l  
310 N-acetyl-cysteine (an antioxidant agent) for 14 days influenced neither the decreased insulin  
311 mRNA nor the elevated DNA methylation induced by 22.4 mmol/l HG conditions (Fig. 4C  
312 and 4D).

313 Treatment of INS-1 cells with 10 nmol/l thapsigargin (an ER stress inducer) for 14 days  
314 significantly decreased insulin mRNA levels by 45% without changing DNA methylation of  
315 the *Ins1* promoter ( $p < 0.05$ ) (Fig. 4E and 4F). INS-1 cell treatment with 0.1 mmol/l TUDCA  
316 (a chemical chaperone that improves protein-folding capacity) for 14 days influenced neither  
317 the decreased insulin mRNA nor the elevated DNA methylation of the *Ins1* promoter induced  
318 under 22.4 mmol/l HG conditions (Fig. 4G and 4H). Thus, neither oxidative stress nor ER  
319 stress induced DNA methylation of the *Ins1* promoter.

### 320 **DNA methylation of the *Ins1* promoter and intracellular** 321 **triacylglycerol (TAG) under HG conditions and metformin** 322 **treatment**

323 Because neither isolated oxidative stress nor ER stress affected DNA methylation, we  
324 focused on other mechanisms of glucotoxicity. Intracellular TAG accumulation was  
325 significantly increased under 22.4 mmol/l HG conditions, with and without 0.4 mmol/l  
326 palmitate, compared with that under NG conditions for 14 days in INS-1 cells ( $p < 0.05$ ; Fig.  
327 5A). Interestingly, intracellular TAG accumulation and DNA methylation of the *Ins1*  
328 promoter increased only under HG conditions. In addition, it is known that AMP-activated  
329 protein kinase (AMPK) activation ameliorates intracellular TAG accumulation. Therefore, we  
330 assessed the effect of metformin, which activates AMPK, on insulin mRNA levels and DNA  
331 methylation of the *Ins1* promoter. Compared with the 22.4 mmol/l HG conditions alone,  
332 metformin significantly increased insulin mRNA levels by 2.5-fold, ameliorated intracellular  
333 TAG accumulation, and decreased the DNA methylation of the *Ins1* promoter (HG:  $15.3\% \pm$   
334  $0.4\%$ ; HG plus metformin:  $10.0\% \pm 0.7\%$ ) (Fig. 5B, 5C, 5D). These data indicate that  
335 metformin directly affects beta cells and that it inhibits the glucotoxicity-induced insulin  
336 mRNA reduction and DNA methylation of the *Ins1* promoter.

## 337 **DNA methylation of the *Ins1* promoter of the pancreatic islets of** 338 **ZDF rats**

339 To confirm DNA methylation of the *Ins1* promoter under obese and diabetic in vivo  
340 conditions, we examined pancreatic islets from 12-week-old ZDF rats. Casual blood glucose  
341 levels increased from 8 weeks of age in ZDF homozygous (fa/fa) rats, their excessive insulin  
342 secretion gradually decreased over time, and insulin content was much lower in pancreatic  
343 islets from 12-week-old ZDF homozygous (fa/fa) rats (Figure S3). Furthermore, at 12 weeks,  
344 compared with nondiabetic, heterozygous (fa/+) rats, DNA methylation of the *Ins1* promoter  
345 increased (fa/+, 56%  $\pm$  6.0%; fa/fa, 79.5%  $\pm$  1.5%;  $p < 0.01$ ) (Fig. 6A).  
346 Immunohistochemistry revealed that the alpha/beta cell ratio in islets was not significantly  
347 different between fa/fa and fa/+ individuals (fa/+, 28.7%; fa/fa, 31.2%; Fig. 6B and 6C). This  
348 result supports our in vitro experiments in INS-1 cells.

## 349 **Discussion**

350 Our results showed that long-term exposure of pancreatic beta cells to the HG state but not  
351 to the high-fatty-acid state increased DNA methylation of the *Ins1* promoter in both  
352 time-dependent and concentration-dependent manners. To our knowledge, this is the first  
353 report to elucidate the effect of over-nutrition on DNA methylation of the *Ins1* promoter in  
354 beta cells.

355 Insulin gene expression and insulin secretion decrease as type 2 diabetes progresses [21,22].  
356 In this study, insulin mRNA levels were significantly suppressed by HG incubation, and the  
357 actual transcriptional activity of the insulin gene may have been suppressed to a lesser degree  
358 than insulin mRNA levels because the HG conditions prolong the half-life of insulin mRNA  
359 [23]. Philippe et al. have shown that a 2-bp mutation (CG > TT) in CRE of rat *Ins1* resulted

360 in a significant suppression of the gene promoter activity, indicating that the CRE site in the  
361 insulin promoter is important for insulin gene transcription [24]. Moreover, Kuroda et al.  
362 reported that DNA methylation of the CpG site in CRE of the mouse *Ins2* promoter  
363 significantly suppressed promoter activity by approximately 50% [25]. Our data revealed that  
364 HG conditions resulted in DNA methylation of the CpG site within the *Ins1* promoter and  
365 that methylation suppressed the transcriptional activity of *Ins1*. This suggests that  
366 glucotoxicity causes DNA methylation in pancreatic beta cells and that this epigenetic  
367 mechanism may be a cause of the irreversible decline in insulin mRNA levels induced by  
368 glucotoxicity.

369 Although this study showed that glucotoxicity increased DNA methylation by  
370 approximately 10% in INS-1 cells and that DNA methylation certainly suppressed the  
371 transcriptional activity in reporter assays, other glucotoxicity mechanisms should also be  
372 involved in the decline in insulin gene expression. In particular, the decrease in insulin gene  
373 expression at day 3 was probably caused by glucotoxicity but not DNA methylation. For  
374 example, glucotoxicity is thought to cause oxidative stress and ER stress. Oxidative stress  
375 suppresses insulin gene transcription by PDX-1 translocation from the nucleus to the cytosol  
376 by activating the cJun N-terminal kinase (JNK) pathway [26]. In addition, glucotoxicity  
377 reportedly damages the DNA binding affinity of PDX-1 [27], implying that DNA methylation  
378 is involved. The association between DNA methylation and oxidative stress has frequently  
379 been reported in cancer research [28,29]; for example, oxidative stress leads to DNA  
380 methylation of the glutathione S-transferase pi 1 gene promoter by the recruitment of  
381 transcriptional repressor complexes, including DNMTs, in prostate cancer [28]. However, a  
382 single oxidative stress load did not increase DNA methylation in our study, suggesting that  
383 oxidative stress is either irrelevant to DNA methylation or that additional factors are required  
384 in beta cells. Meanwhile, ER stress is reported to induce histone modification, such as histone

385 H3 lysine 4 monomethylation in the monocyte chemoattractant protein-1 gene promoter, by  
386 activation of histone methyltransferase SET7/9 [30]. However, direct induction of DNA  
387 methylation by ER stress has not been reported, and our data demonstrated that a single ER  
388 stress load did not increase DNA methylation in beta cells.

389 In this study, DAC increased the insulin gene expression; however, the amelioration was  
390 only partial, especially compared to the level at NG. Although it was difficult to use a higher  
391 concentration of DAC and for a longer period, the partial amelioration may be caused by the  
392 decrease in DNA methylation. In addition, we assume that the accumulation of the partial  
393 amelioration results in the mitigation of progressive pathophysiology of type 2 diabetes.

394 In this study, HG conditions for 14 days increased *Dnmt1* mRNA levels and DNMT activity  
395 in beta cells. Our data are consistent with a previous report that showed that exposure to 16.7  
396 mmol/l glucose for 3 days increased the *Dnmt1* mRNA level and DNA methylation in the  
397 *Pdx1* promoter in beta cells [31]. Metabolites from the methionine cycle, particularly the ratio  
398 of S-adenosylmethionine (SAM) to S-adenosyl homocysteine (SAH), and the expression of  
399 DNMT are important in the formation of methylated DNA because SAM is a donor of methyl  
400 groups for DNMTs [32]. It has been reported that in human hepatocellular carcinoma cell  
401 lines, HG conditions significantly increased DNMT activity, the ratio of SAM to SAH, and  
402 global DNA methylation [33]. Besides, the level of SAM and global DNA methylation have  
403 been significantly increased in the livers of ZDF rats [34,35]. Our data support these data,  
404 demonstrating elevated DNA methylation levels in the beta cells of ZDF rats, which suggests  
405 that altered methionine metabolism in HG conditions is involved in epigenetic changes  
406 through DNMT activity regulation in beta cells. This study also demonstrated that HG  
407 conditions suppressed TET activity without changing *Tet* mRNA levels. The activity of TET  
408 is dependent on the level of  $\alpha$ KG, which is a cofactor in the demethylation of TET [36]. The  
409 activity of isocitrate dehydrogenase, which converts isocitrate into  $\alpha$ KG, is reportedly

410 suppressed by interleukin-1 $\beta$  [37], which is endogenously produced in beta cells during  
411 glucotoxicity [37,38]. Therefore, glucotoxicity-induced interleukin-1 $\beta$  overproduction may be  
412 involved in the decline in  $\alpha$ KG accumulation and TET activity in beta cells. However, future  
413 investigation is required to elucidate the association between epigenetic modifications and the  
414 metabolic status of the methionine cycle and glucose in beta cells under long-term HG  
415 conditions.

416 Interestingly, the pattern of ectopic TAG accumulation in an over-nutrition state was very  
417 similar to that of DNA methylation in the beta cells. Continuous HG conditions resulted in  
418 ectopic TAG accumulation by altering the activity of lipogenic enzymes [39]. Metformin,  
419 which activates AMPK, ameliorates ectopic TAG accumulation by inhibiting acetyl-CoA  
420 carboxylase [40]. In this study, metformin decreased both ectopic TAG accumulation and  
421 DNA methylation of the *Ins1* promoter and increased insulin mRNA. Although the  
422 association between DNA methylation and ectopic TAG accumulation remains unclear, our  
423 data suggest that insulin gene upregulation by metformin is implicated in any interaction.

424 The present study has some limitations. First, because we could not mimic the long-term  
425 high glucose condition in Wistar rats using continuous glucose infusion or isolated islets, we  
426 used rat insulinoma INS-1 cells for the analysis of DNA methylation; these cells are known to  
427 have aberrant growth regulation and are different from primary cells. DNA methylation of the  
428 *Ins1* promoter was significantly increased in the islets of ZDF rats, and the rate of DNA  
429 methylation was much higher in the rat islets than in the INS-1 cells. This difference may  
430 have been due to the different period of high glucose load and the presence of nonbeta cells in  
431 pancreatic islets, in which the CpG sites within the insulin promoter could have been  
432 completely methylated [25]. However, considering that the alpha/beta cell ratio was  
433 comparable between heterozygous and homozygous ZDF rats in this study, the higher  
434 methylation rate in islets from homozygotes certainly indicated elevated DNA methylation of

435 the *Ins1* promoter in beta cells. Further investigation using diabetic animal models is required  
436 to clarify the mechanism of epigenetic modification in type 2 diabetes.

437 Second, we cannot deny the possibility that HG worked in favor of the survival of the  
438 group containing the hypermethylated *Ins1* promoter. Further investigations using more  
439 homogeneous cell lines are required.

440 Finally, we performed palmitate treatment in complete INS-1 medium containing 10% FBS  
441 in the present study. Nevertheless, unsaturated fatty acids present in the serum may mask the  
442 palmitate effect under such high FBS conditions. We confirmed the increase in the expression  
443 of ER stress markers such as binding immunoglobulin protein (*Bip*) and spliced X  
444 box-binding protein-1 (*Xbp-1*) by real-time PCR (Figure S4) and found that GSIS was  
445 significantly impaired (Fig. 1I) without changing cell viability (Figure S4), indicating that the  
446 palmitate treatment in this study showed a certain level of lipotoxicity. However, considering  
447 the possibility of attenuated lipotoxicity under 10% FBS culture, it is difficult to conclude  
448 that lipotoxicity was not at all involved in DNA methylation.

449 In conclusion, the present study provides a novel insight into the impact of glucotoxicity on  
450 beta cell epigenetics. Glucotoxicity but not lipotoxicity induced DNA methylation of the *Ins1*  
451 promoter, indicating that the accumulation of DNA methylation under prolonged HG  
452 conditions is at least implicated in the irreversible pathophysiology of diabetes. Furthermore,  
453 early treatment to normalize the glycemic profile is critical to prevent the progressive  
454 deterioration of beta cells and later diabetic complications. In the future, epigenetic  
455 modification of beta cells may represent a useful therapeutic target to prevent the progression  
456 of diabetes. Interestingly, we also identified a potential novel effect of metformin on insulin  
457 gene expression through epigenetic modification. Further investigation is required to  
458 elucidate the mechanisms underlying these epigenetic modifications in beta cells.

459

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573

## 574 **Figure Legends**

575

576 **Figure 1. Insulin mRNA levels and DNA methylation of the *Ins1* promoter in**  
577 **high-glucose conditions.** (A–D) INS-1 cells were cultured for 14 days. (E and F) under  
578 normal-culture-glucose (11.2 mmol/l; white bar) or experimental-high-glucose (22.4 mmol/l;  
579 black bar) conditions. (G and H) INS-1 cells cultured in 11.2 mmol/l glucose conditions with  
580 palmitate for 14 days. Insulin mRNA levels (A, C, E, and G) were examined by real-time  
581 PCR analysis. DNA methylation of the *Ins1* promoter (B, D, F, and H) was examined by  
582 pyrosequencing analysis. (I) INS-1 cells were cultured for 14 days under the indicated  
583 conditions. Following this, GSIS was performed with low glucose (2.8 mmol/l; white bar) or  
584 high glucose (16.7 mmol/l; black bar) for 30 min. All results are mean  $\pm$  SEM ( $n \geq 4$ ).  
585 Asterisks indicate statistically significant differences (\* $p < 0.05$ , \*\* $p < 0.01$ ).

586

587 **Figure 2. The contribution of DNA methylation of the *Ins1* promoter.** (A) INS-1 cells  
588 were cultured under normal-culture-glucose (11.2 mmol/l; white bar) or  
589 experimental-high-glucose (22.4 mmol/l; black bar) conditions for 14 days. DNA methylation  
590 of the *Ins1* promoter was examined by bisulfite sequencing analysis. (B) A diagram of the  
591 496-bp rat *Ins1* promoter (position –304 to +191 bp relative to the transcription start site) in  
592 luciferase reporter plasmids. The positions of CpG sites are represented by lollipop markers.  
593 (C) Methylated (black bar) or mock-methylated (white bar) rat *Ins1* promoter-transfected  
594 INS-1 cells were incubated at 5.6 mmol/l glucose with/without cAMP-increasing agents, 1  
595  $\mu$ mol/l forskolin and 10  $\mu$ mol/l IBMX (forskolin/IBMX), for 3 h. Luciferase activities are  
596 presented as relative expression compared with the mock-methylated vectors without  
597 forskolin/IBMX stimulation. The inset shows a magnified image of the methylated vector. (D

598 and E) INS-1 cells were treated with 5-Aza-2'-deoxycytidine (DAC) for the last 3 days of the  
599 14-day incubation under 22.4 mmol/l high glucose conditions, and the medium containing  
600 DAC was changed every 24 h. Insulin mRNA levels (D) were examined by real-time PCR.  
601 DNA methylation of the *Ins1* promoter (E) was examined by pyrosequencing analysis. All  
602 results are mean  $\pm$  SEM ( $n \geq 4$ ). Asterisks indicate statistically significant differences ( $*p <$   
603 0.05,  $**p < 0.01$ ).

604

605 **Figure 3. The effect of a high-glucose state on DNMT and TET in INS-1 cells.** (A-D)

606 INS-1 cells were cultured under normal-culture-glucose (11.2 mmol/l; white bar) or  
607 experimental-high-glucose (22.4 mmol/l; black bar) conditions for 14 days. The *Dnmt* (A)  
608 and *Tet* (C) mRNA levels were examined by real-time PCR. DNA methyltransferase (DNMT)  
609 (B) and ten-eleven-translocation methylcytosine dioxygenase (TET) (D) activities were  
610 examined by ELISA. All results are mean  $\pm$  SEM ( $n \geq 4$ ). Asterisks indicate statistically  
611 significant difference ( $*p < 0.05$ ,  $**p < 0.01$ ).

612

613 **Figure 4. Oxidative stress and endoplasmic reticulum (ER) stress did not induce DNA**  
614 **methylation of *Ins1* promoter.** INS-1 cells were cultured for 14 days under the following

615 conditions: (A and B) with  $H_2O_2$  in 11.2 mmol/l glucose; (C and D) with N-acetyl-cysteine  
616 (NAC) in 22.4 mmol/l glucose; (E and F) with thapsigargin in 11.2 mmol/l glucose; and (G  
617 and H) with tauroursodeoxycholic acid (TUDCA) in 22.4 mmol/l glucose. Insulin mRNA  
618 levels (A, C, E, and G) were examined by real-time PCR. DNA methylation of the *Ins1*  
619 promoter (B, D, F, and H) was examined by pyrosequencing analysis. All results are means  $\pm$   
620 SEM ( $n \geq 4$ ). Asterisks indicate statistically significant differences ( $*p < 0.05$ ,  $**p < 0.01$ ).

621

622 **Figure 5. Metformin improved insulin mRNA levels, intracellular triacylglycerol (TAG)**  
623 **content, and DNA methylation of *Ins1* promoter.** (A) INS-1 cells were cultured in glucose  
624 and palmitate for 14 days. (B-D) INS-1 cells were cultured with metformin for 14 days.  
625 Intracellular TAG levels (A and D) were examined by ELISA, insulin mRNA levels (B) were  
626 examined by real-time PCR, and DNA methylation of the *Ins1* promoter (C) was examined  
627 by pyrosequencing. All results are means  $\pm$  SEM ( $n \geq 4$ ). Asterisks indicate statistically  
628 significant differences (\* $p < 0.05$ , \*\* $p < 0.01$ ).

629

630 **Figure 6. DNA methylation of *Ins1* promoter in pancreatic islets from male Zucker**  
631 **diabetic fatty (ZDF) rats.** (A) DNA methylation of the *Ins1* promoter was examined by  
632 pyrosequencing analysis in the pancreatic islets isolated from 12-week-old ZDF rats. (B) The  
633 alpha/beta cell ratio was calculated in islets isolated from heterozygous and homozygous  
634 ZDF rats. (C) Isolated pancreases were immunostained for insulin (green), glucagon (red),  
635 and DAPI (blue) in heterozygous and homozygous ZDF rats. Scale bars indicate 100  $\mu\text{m}$ .  
636 Results are mean  $\pm$  SEM. A:  $n = 4$  rats. B:  $n = 90$  islets from 3 rats per group. Asterisks  
637 indicate statistically significant differences (\* $p < 0.05$ , \*\* $p < 0.01$ ).

638

## 639 Supporting Information Legends

640

641 **Figure S1. Rat *Ins1* promoter and *Irs2* promoter sequences.** (A) Rat *Ins1* promoter  
642 sequence. (B) Rat *Irs2* promoter sequence. Large letters indicate CpG site. Underline  
643 indicates CRE site.

644

645 **Figure S2. *Irs2* mRNA levels and DNA methylation of CRE site in *Irs2* promoter under**  
646 **high-glucose conditions.** INS-1 cells were cultured under the indicated conditions for 14  
647 days. *Irs2* mRNA levels (A) were examined by real-time PCR analysis. DNA methylation of  
648 the CRE in the *Irs2* promoter (B) was examined by pyrosequencing analysis. All results are  
649 means  $\pm$  SEM ( $n \geq 4$ ).

650

651 **Figure S3. Metabolic profile in Zucker diabetic fatty (ZDF) rats.** (A) Random blood  
652 glucose levels in heterozygous (fa/+) (white circle) and homozygous (fa/fa) (black circle)  
653 ZDF rats aged 6–14 weeks old. Blood glucose was measured from 10:00 to 14:00. (B)  
654 Plasma insulin levels were examined in fa/+ (white bar) and fa/fa (black bar) ZDF rats aged  
655 6–14 weeks by ELISA. (C) The insulin content of isolated pancreas from 12-week-old ZDF  
656 rats was measured. All results are means  $\pm$  SEM ( $n \geq 4$ ). Asterisks indicate statistically  
657 significant difference ( $*p < 0.05$ ,  $**p < 0.01$ ).

658

659 **Figure S4. Palmitate inducible toxicity under 10% FBS culture.** INS-1 cells were cultured  
660 in 11.2 mmol/l glucose conditions with palmitate for 14 days. (A) *Bip* and (B) *Xbp-1* mRNA  
661 levels were examined by real-time PCR analysis. (C) Cell viability was examined by MTT

662 assay. All results are means  $\pm$  SEM ( $n \geq 4$ ). Asterisks indicate statistically significant  
663 difference (\* $p < 0.05$ , \*\* $p < 0.01$ ).

664

665 **Table S1. Sequences of real-time PCR primer sets.**

666

667 **Table S2. Summary of bisulfite PCR and pyrosequencing primer sets.**

668

669 **Table S3. Sequences of bisulfite sequencing PCR primer set.**

Figure 1

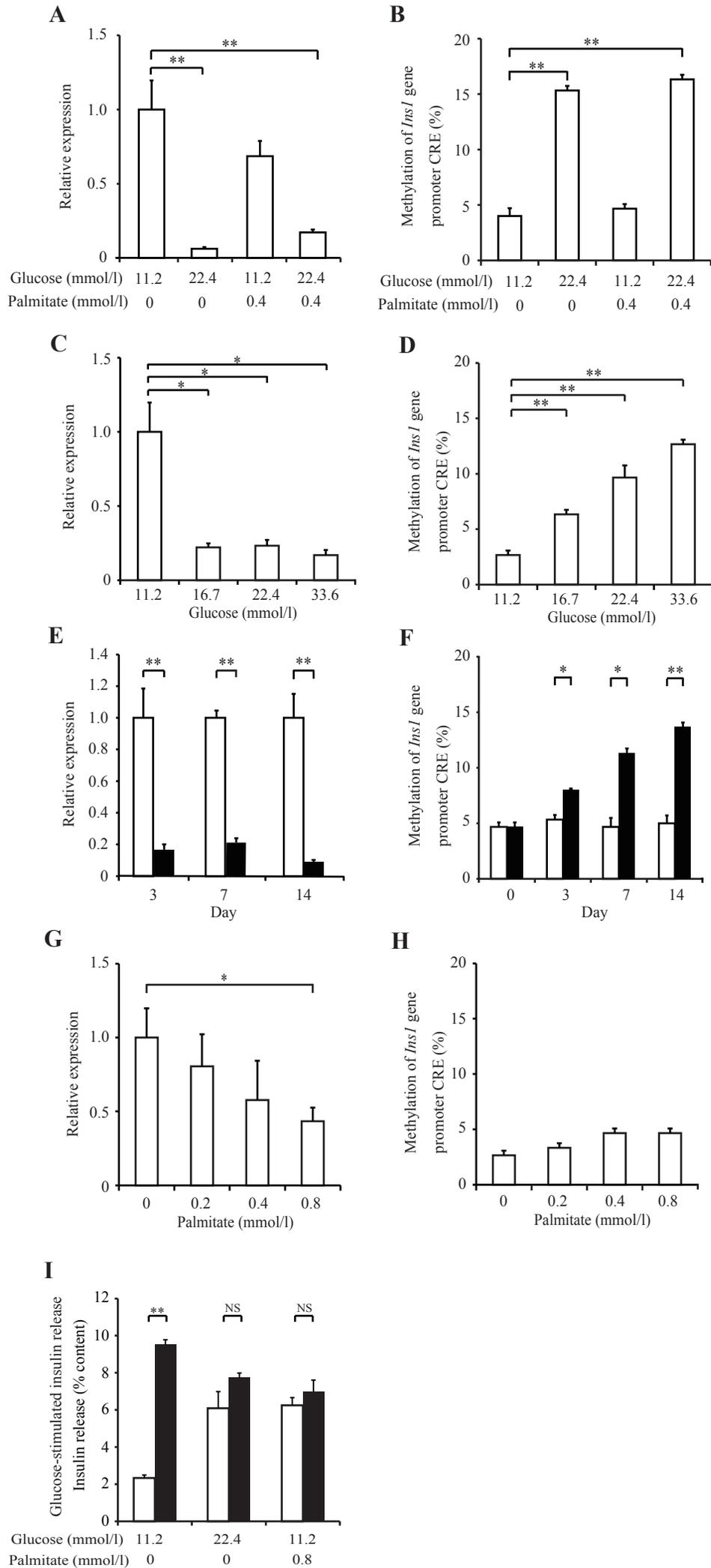


Figure 2

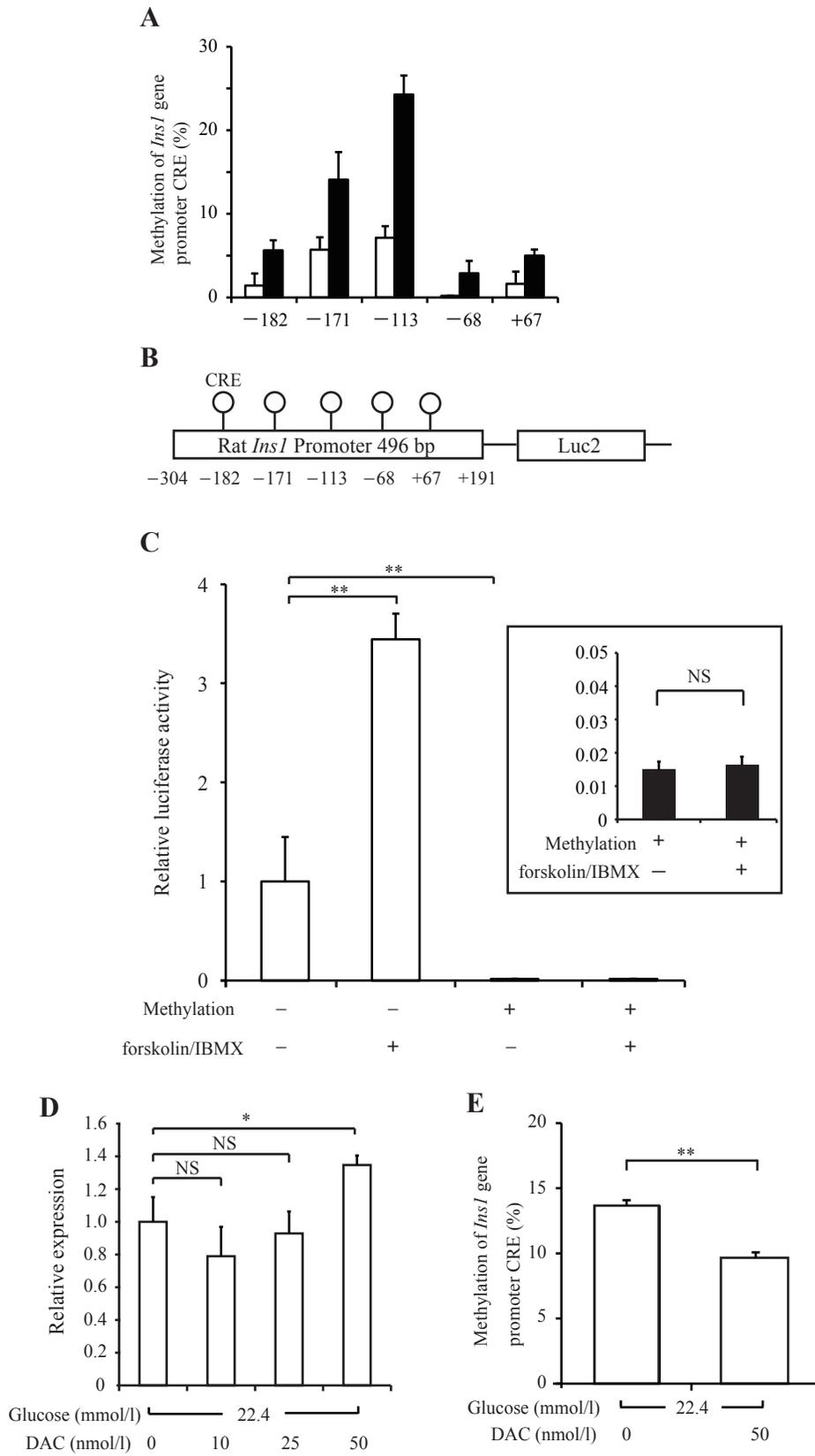


Figure 3

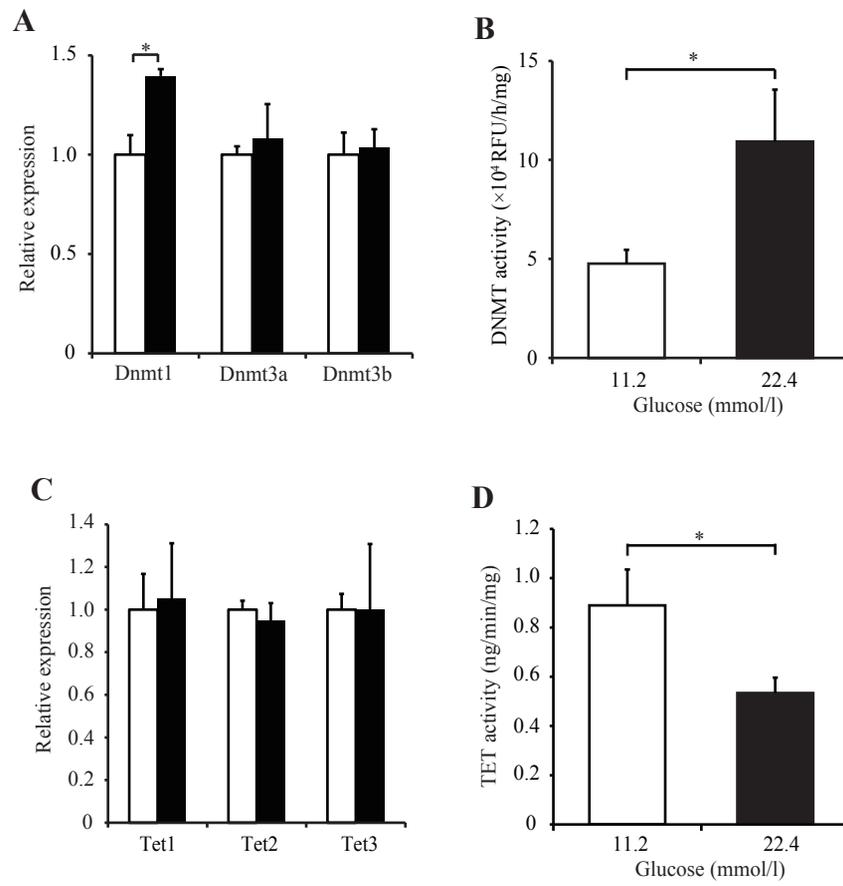


Figure 4

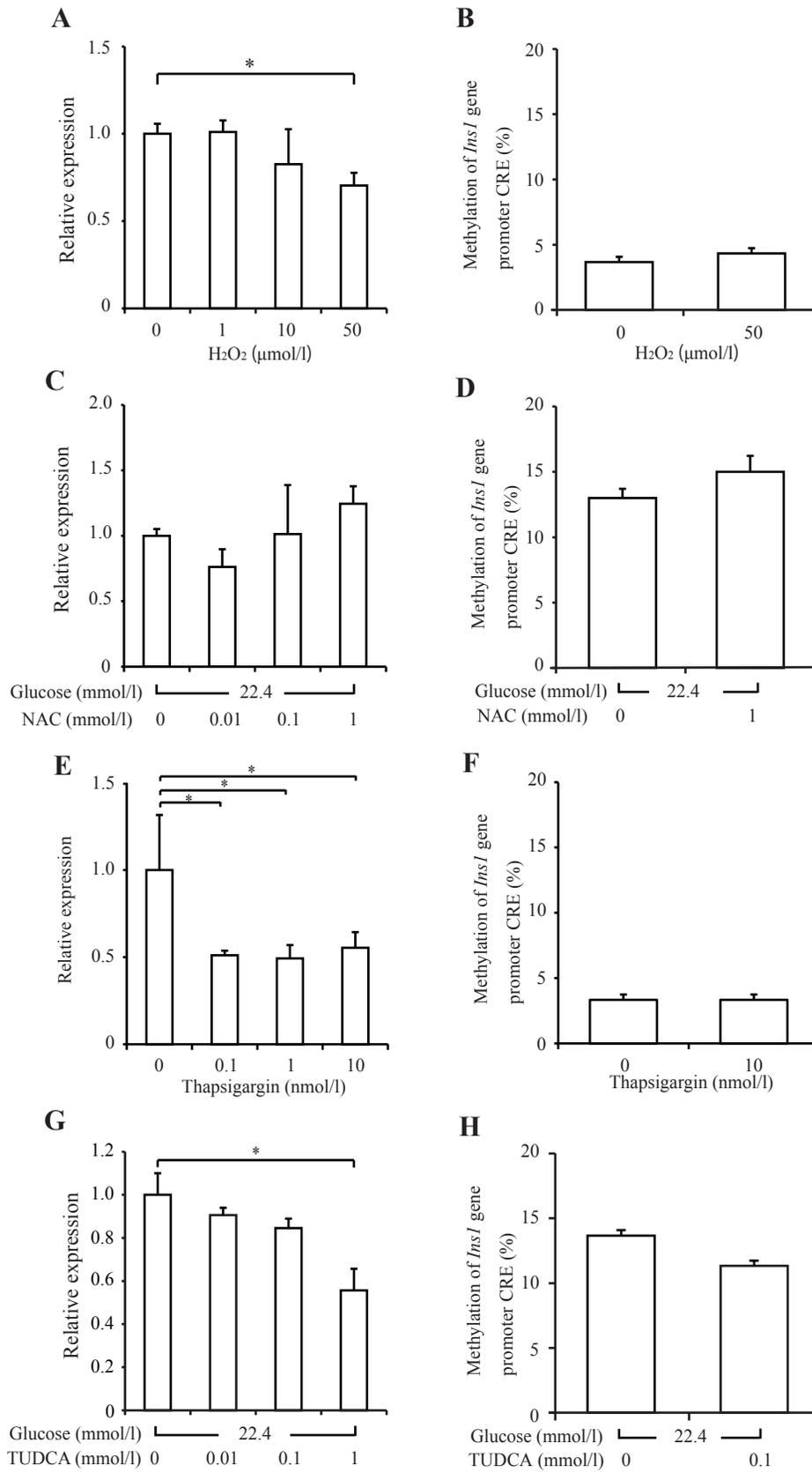


Figure 5

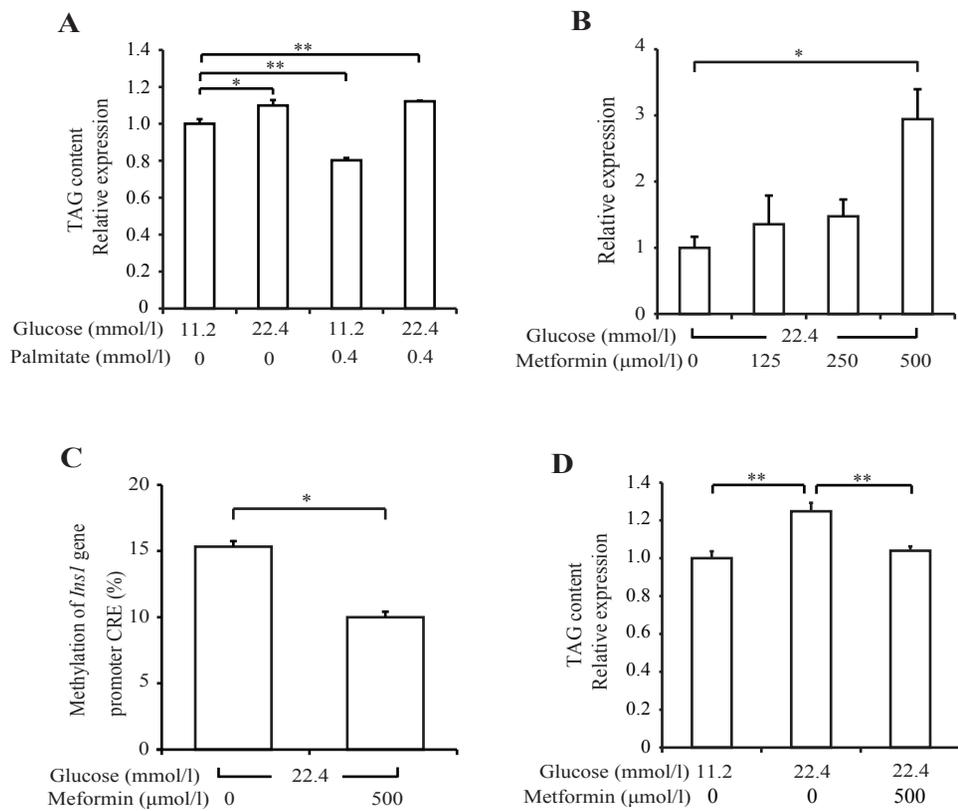
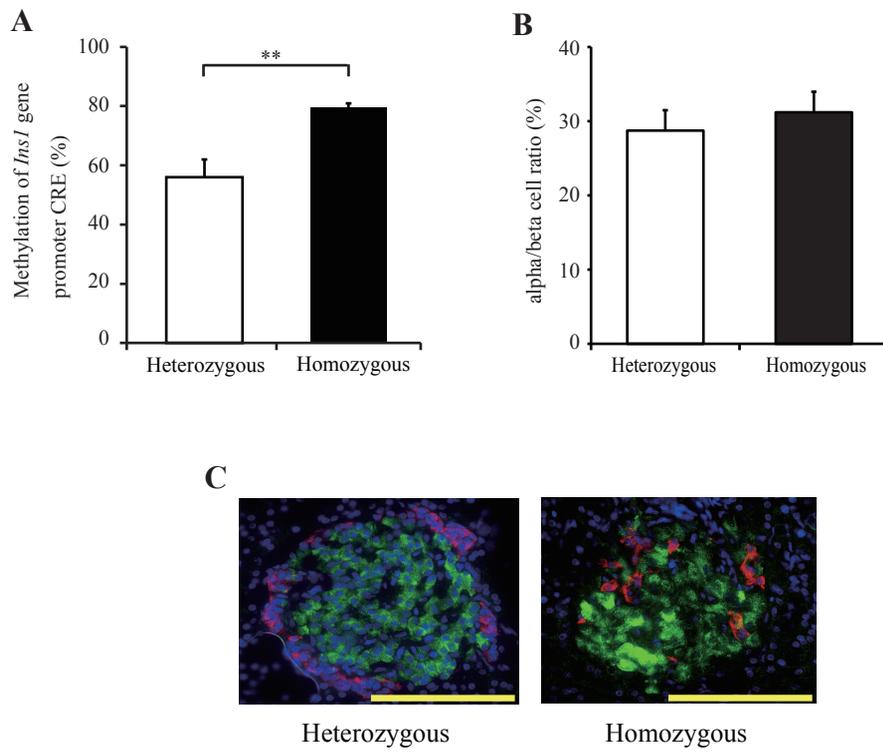


Figure 6



# Figure S1

## (A) Rat *Ins1* promoter

TGGCCCCTTGTTAATAATCTAATTACCCTAGGTCTAAGTAGAGTTGTTGACGTCCAATGAGCGCTTTCTGCAGACTTAGCACTAGGCAAGT  
GTTTGAAAATTACAGCTTCAGCCCCTCTCGCCATCTGCCTACCTACCCCTCTAGAGCCCTTAATGGGCCAAACGGCAAAGTCCAGGGGGC  
AGAGAGGAGGTGCTTTGGACTATAAAGCTAGTGGAGACCCAGTAACCTCCCAACCCTAAGTGACCAGCTACAATCATAGACCATCAGCAAGCA  
GGTATGTACTCTCCTGGGTGAGCCCGGTTCCCCCAGCCAAAACCTCTAGGGACTTTAGGAAGGATGTGGGGTCTCTCTTACATGGACCTTTTC  
CTAGCCTCAACCCTGCCTATCTTCCAGGTCATTGTTCCAACATG

## (B) Rat *Irs2* promoter

CTCCTATTACATCCAGAACAGGCGACTTCCAATTCCCGGGAACCTGACAAGTGAATGGCTCTGATGACGCCCCGGAAAGAGCCCACGG  
cCGGGGGCGGGGGCGGACGACTGCGGAGGGTGGGGCGGGTTCGGGGCGCCCCTCGCTCTGCTCGcCGcCGGGAAAGGGC  
ACTGAGCTGCCATCGAcCGGGAGCTCGCGGGCAACGATGCTCGTAAACAAACCGGGcCGCGCGCCTGCCACCCACAGCGGGC  
ACCGCCCTGCGcCGCGCGCCCACCCAGATGCTGGGGTcCGAcCGcCGCCCCGCACCAGCTCCAACCTCCCGCCCCCGTTCCC  
CCTcCGCGGcCGGAAGCCTGGGGCCAGTTAGTAGGGCGCGAGGCGGGAGCACAAACCCCGCACCCGTTTTCTCTGTGGCGGGCTT  
ccCGCCCTGGGTGGCATCGCCCCCGCTGCATCCACAACGAGCCCCTGATTAATGAGCCCGGCCCGGCCCCCGcCGAGCCCCGGc  
cCGGCCTCGGAGGGGGAGGGGGAGGGGACGGCGGGAAACGCAGCGCGGTGTCGtccCGCCCCCCCCGCGCCTCACGTCAT  
TGGcCGGGCTCGCTGTCCGtCGGGAACGCAGCGCCAATGCGGGGCGGCGGGGCGGAGCGTcCGCGCGAGTGTGCCTGCG  
TAACGCAGAGTCACGTGTTGTTTTGCTCTTAGTTCAGTCACTCGGTGCGCGATGTGTTACTCACTGTGCGGCGGGGACCGCGACAAA  
CCCAGGTCGtCGTTGGTGGCAGCAGCAGCAGCGGCAGCGGCGGCAGCGGCCAGTGGCGGCGTGGGGCCCGAGTGTcCGGACG  
CAGACCGGTGTCGCGcCGTGCAGAACGGTGGCAGCAGGCCGGcCGCGCGCGTTCTAAGCTCGGCCCGCGGCTCGGGGACC  
cCGACTCTCGGCCAGCCAGTCCCCGGGCGcCGccCGAGAGCCTGGAAGGCAGCGGcCGCGGACAGTCGAAGCGGGGGTGGCC  
ATCGccCGCGcCGAACATCCTTCCGAGCGGCGGAGGGCCCTGCGCCACCGAGTGGCGCGCGCCTTCTAGCCACCTCTGGGCC  
CGGGGGACCGCGCGCGCGTGGcCGGCGGcCGGCGACGGGTGGCGGGAGCCGCCCCCGccCGCGCCCCTCGGCCCT  
CGCCATCCCCTGTTGCCCAGCCGGGCGGAGAGAGCTGAACCGGTGGTGATG

Figure S2

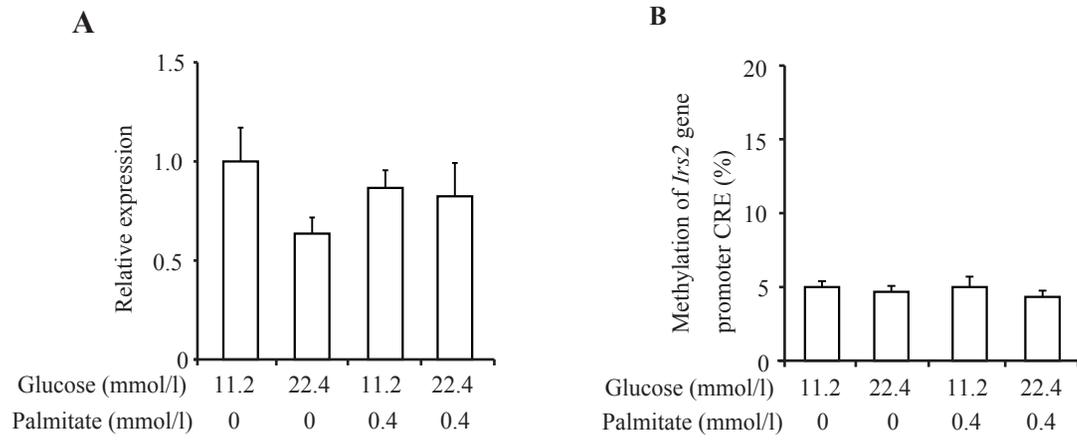


Figure S3

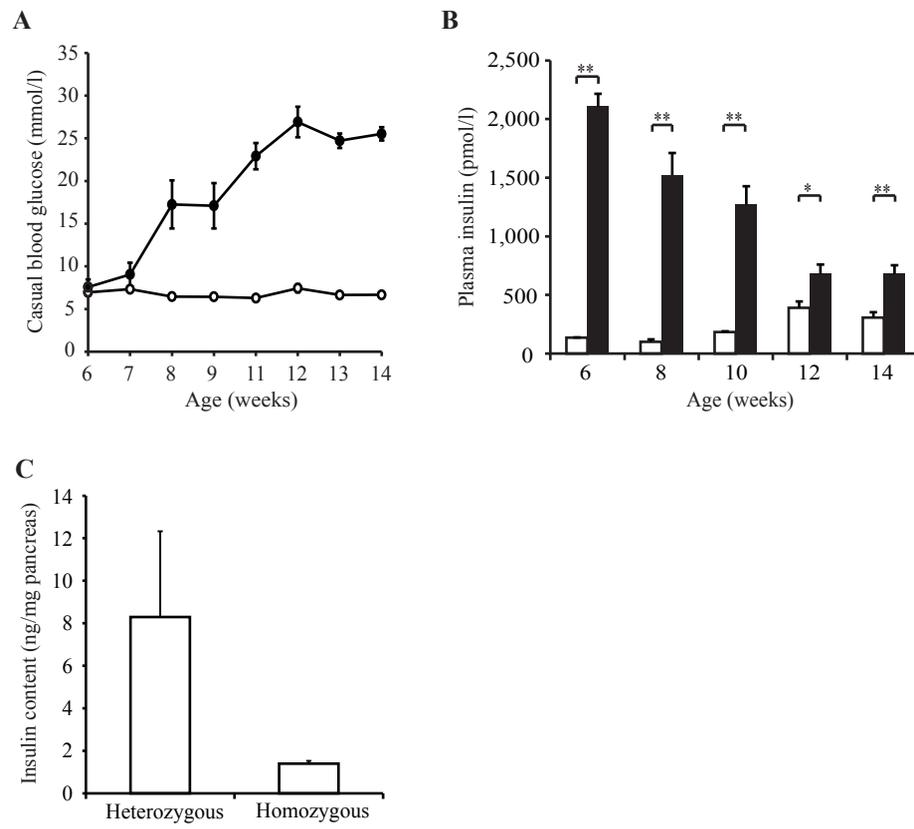
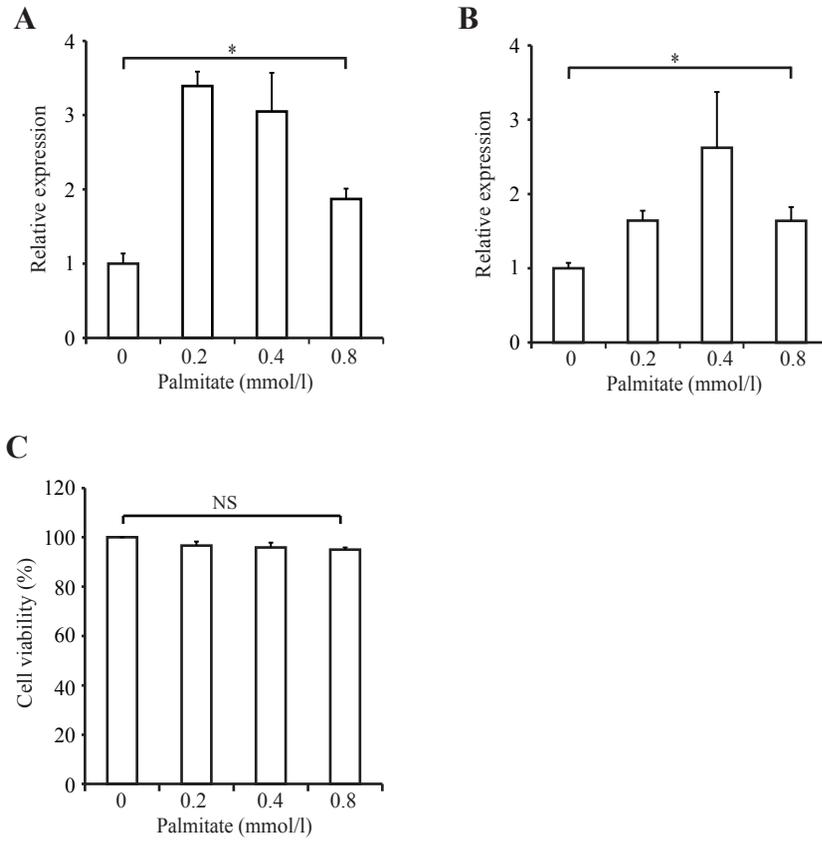


Figure S4



**Table S1 Sequences of real-time PCR primer sets.**

<b>Gene (Gene ID)</b>	<b>Forward Primer</b>	<b>Reverse Primer</b>
Rat <i>Ins1</i> (24505)	5' -GTGGGAACGTGGTTTCTT- 3'	5' -GCAGTAGTTCTCCAGTTGGTAGAGG - 3'
Rat <i>Irs2</i> (29376)	5' -CCCCAGTGTCCCCATCCT- 3'	5' -TTTCCTGAGAGAGACGTTTTCCA- 3'
Rat <i>Dnmt1</i> (84350)	5' -CGGCTCAAAGACTTGAAAAG- 3'	5' -TAGCCAGGTAGCCTTCCTCA- 3'
Rat <i>Dnmt3a</i> (444984)	5' -CCGGTGCTATCTCTTTTG - 3'	5' -TGACGATGGAGAGGTCATTG- 3'
Rat <i>Dnmt3b</i> (444985)	5' -TAGGGTCCTGTCCCTGTTTG- 3'	5' -GTGATTTCCGGACGTCATT- 3'
Rat <i>Tet1</i> (309902)	5' -GAAACCCTGAATTGGCAAAA- 3'	5' -GGGTGAGCTTTCTGATCGAC- 3'
Rat <i>Tet2</i> (310859)	5' -CCCTCACTAGAGAAGACAATCGAG- 3'	5' -GATCCACTAACCTCCTGACTCTTC- 3'
Rat <i>Tet3</i> (680576)	5' -GAGAAGCTAAGCACACCAGAGAAG- 3'	5' -CTGCTCATACTGTAGGGGTCAGAG- 3'
Rat <i>Bip</i> (25617)	5' -CCTGTTGCTGGACTCTGTGA- 3'	5' -GAATACACCGACGCAGGAAT- 3'
Rat <i>spliced Xbp-1</i> (289754)	5' -CTGAGTCCGAATCAGGTGCAG- 3'	5' -ATCCATGGGAAGATGTTCTGG- 3'
Rat <i>Pi3k p85</i> (25513)	5' -GAGAGGAAGACATCGACCTACACT- 3'	5' -CCTCTCCCCAGTAGTTTCATTG- 3'

**Table S2 Summary of bisulfite PCR and pyrosequencing primer sets.**

<u>Gene</u>	<u>Primer sequences</u>	<u>Pyrosequencing primers</u>	<u>Condition</u>
<i>Ins1</i> pro-CRE	Forward 5' -TGGGATAATGATTGTGTTGTGAA- 3' Reverse - Universal 5' -U- AAAAACTAAACTATAATTTCCAAACACTT- 3'	5' -TTAGGTTTAAGTAGAGTTGTTG - 3'	55°C (55)
<i>Irs2</i> pro-CRE	Forward - Universal 5' -U- GTYGAAGYGGGGGGTGGTTA- 3' Reverse 5' -RAACCCAAAAAATAAACTAAAA- 3'	5' -CCAAAAAATAAAAAAC - 3'	52.5°C (55)

U indicates the universal primer sequence: biotin-GGGACACCGCTGATCGTTTA. Number in parentheses indicates cycles at the indicated temperature.

**Table S3 Sequences of bisulfite sequencing PCR primer set.**

<b><u>Gene</u></b>	<b><u>Forward</u></b>	<b><u>Reverse</u></b>	<b><u>Condition</u></b>
<i>Ins1</i> promoter	5' -GAGTTGGGGTTTTAGTTGAGTT - 3'	5' -AAAAAAAAAACCCACATCCTT - 3'	55°C (40)

Number in parentheses indicates cycles at the indicated temperature.