

## Estrogen Enhances Vitamin D<sub>3</sub>-mediated Expression of Osteocalcin mRNA by Increasing Vitamin D<sub>3</sub> Receptor Expression in Osteoblasts

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**Abstract:** Regulation of osteocalcin (OC) gene expression in osteoblasts by estrogen has been controversial. We thus investigated the effect of 17 $\beta$ -estradiol (E<sub>2</sub>) on 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> (VD<sub>3</sub>)-mediated increase in the transcription of OC gene in rat osteoblastic ROS 17/2.8 cells. Treatment of the cells with E<sub>2</sub> or VD<sub>3</sub> alone did not increase OC mRNA. However, combined treatment with E<sub>2</sub> and VD<sub>3</sub> significantly increased the OC mRNA levels, suggesting that VD<sub>3</sub>-dependent up-regulation of OC expression requires E<sub>2</sub> action. Since it was demonstrated that treatment with E<sub>2</sub> alone increased the expression of VD<sub>3</sub> receptor mRNA, it was suggested that E<sub>2</sub>-mediated increase in the receptor number is contributing to VD<sub>3</sub>-mediated increase in OC gene transcription.

**Key words:** estrogen, 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub>, osteocalcin, 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> receptor

OC is the most abundant noncollagenous protein of bone matrix produced by osteoblasts.<sup>1)</sup> It is well established that VD<sub>3</sub> increases the transcription of OC gene in osteoblasts.<sup>2,3)</sup> In the promoter region of OC gene, VD<sub>3</sub>-responsive element has been defined.<sup>4)</sup>

On the other hand, regulation of OC gene expression by estrogen has been controversial. E<sub>2</sub> has been reported to stimulate, inhibit, and have no effect on OC gene expression.<sup>5)</sup> Since it has been shown that estrogen increases the number of VD<sub>3</sub> receptor in ROS17/2.8 cells,<sup>6)</sup> we investigated the effect of 17 $\beta$ -estradiol (E<sub>2</sub>) on 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> (VD<sub>3</sub>)-mediated increase in the transcription of OC gene in rat osteoblastic ROS 17/2.8 cells.

### Materials and Methods

#### Cell culture

Rat osteoblast-like cells (ROS 17/2.8)<sup>7)</sup> were cultured to 80% confluence in Dulbecco's modified Eagle medium (DMEM) supplemented with 10% fetal bovine serum, penicillin (100 units/ml), and streptomycin (100  $\mu$ g/ml) at 37°C in a humidified atmosphere of 5% CO<sub>2</sub>- 95% air. The cells were then cultured for 2 days in the phenol red-free DMEM supplemented with 10% serum of male rat and epidermal growth factor (Sigma Co., USA, final concentration 100 ng/ml). Then the cells were treated with 1 nM 17 $\beta$ -estradiol (E<sub>2</sub>) and/or 1 nM 1 $\alpha$ ,25-dihydroxyvitamin D<sub>3</sub> (VD<sub>3</sub>) for 24 hours.

#### Northern blot analysis

The total RNA was extracted from the cells by the acid guanidine phenol/chloroform method.<sup>8)</sup> After 10  $\mu$ g of total RNA was electrophoresed on 0.8% agarose gel, the RNA was blotted onto a nitrocellulose membrane (Gene Screen Plus, New England Nuclear, USA). The membrane was hybridized with rat OC, VD<sub>3</sub> receptor (VDR) and glyceraldehyde-3-phosphate-dehydrogenase (GAPDH) cDNAs which were labeled with <sup>32</sup>P-dCTP (New England Nuclear, Boston, MA, USA) using Random Primed Labeling kit (Boehringer Mannheim, Germany). After washing the membrane, radioactivities of bands were estimated by an image analyzer (BAS 2000, Fuji Film Co, Tokyo, Japan). The amounts of OC and VDR mRNA were normalized by that of GAPDH mRNA, and expressed by mean  $\pm$  standard error.

### Results

Before treatment with E<sub>2</sub> and/or VD<sub>3</sub>, ROS 17/2.8 cells were cultured for 2 days in a phenol red-free medium supplemented with 10% serum of male rat. This preincubation aimed to deplete estrogen in the medium because phenol red and fetal bovine serum include substantial estrogenic activity. As shown in Fig. 1, treatment of the cells with VD<sub>3</sub> or E<sub>2</sub> alone did not increase OC mRNA levels. However, combined treatment with VD<sub>3</sub> and E<sub>2</sub> significantly increased the OC mRNA levels. Furthermore, E<sub>2</sub> alone resulted in a significant increase

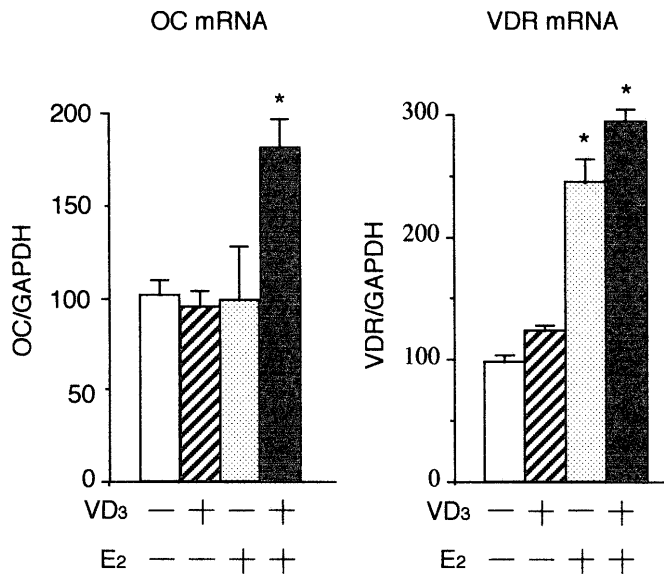


Fig. 1 Effects of E<sub>2</sub> and VD<sub>3</sub> on OC and VDR mRNA levels in ROS17/2.8 cells.

ROS 17/2.8 cells cultured in the phenol red-free DMEM supplemented with 10% serum of male rat were treated with 1 nM 17 $\beta$ -estradiol (E<sub>2</sub>) and/or 1 nM 1,25-dihydroxyvitamin D<sub>3</sub> (VD<sub>3</sub>) for 24 hours. Then total RNA was extracted, and Northern blot analysis was performed using rat OC, VD<sub>3</sub> receptor (VDR) and glyceraldehyde-3-phosphate-dehydrogenase (GAPDH) cDNAs as probes. The radioactivities of bands were measured by BAS 2000. The amounts of OC and VDR mRNA were normalized by that of GAPDH mRNA, and expressed by mean  $\pm$  standard error (n=3, \*p<0.05)

in the expression of VDR mRNA in agreement with a previous report.<sup>6)</sup> VD<sub>3</sub> alone did not increase the mRNA levels and had no influence on E<sub>2</sub>-induced increase in VDR mRNA levels.

### Discussion

It has been shown that VD<sub>3</sub> increases the transcription of OC gene.<sup>2-4)</sup> To our surprise, VD<sub>3</sub> did not increase OC mRNA expression in ROS 17/2.8 cell. However, the combined treatment with VD<sub>3</sub> and E<sub>2</sub> resulted in the increase in OC mRNA, suggesting the requirement of E<sub>2</sub> action for transcriptional activation of its gene by VD<sub>3</sub>.

It is not clear why VD<sub>3</sub> alone did not increase OC mRNA since VD<sub>3</sub> receptor mRNA could be detected in the cells not treated E<sub>2</sub>. The finding that E<sub>2</sub>-mediated increase in the expression of VD<sub>3</sub> receptor mRNA is associated with VD<sub>3</sub>-dependent increase in OC expression may indicate that there could be a threshold of VD<sub>3</sub> receptor number to evoke VD<sub>3</sub> action. Further study is required whether translation of VD<sub>3</sub> receptor mRNA or stability of the receptor is affected by E<sub>2</sub>.

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