

1 **Role of Girdin in intimal hyperplasia in vein grafts and efficacy of**
2 **atelocollagen-mediated application of siRNA for vein graft failure**

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7 The authors declare no conflict of interest.

8

1 **Abstract**

2 *Introduction:* Intimal hyperplasia is a major obstacle to patency in grafted veins. Although
3 migration and proliferation of vascular smooth muscle cells (SMCs) pivotally affect the
4 vascular remodeling process, no therapy has been established to prevent intimal hyperplasia
5 of vein grafts. We previously reported that the actin-binding protein Girdin crucially affects
6 arterial remodeling. In this study, we investigated the role of Girdin in venous SMCs, and
7 evaluated a therapeutic strategy for vein graft failure *in vivo* using small interfering RNA
8 (siRNA) that targets *Girdin*.

9 *Methods:* We investigated the relationship between Girdin expression and intimal hyperplasia
10 using a rabbit vein graft model. Vein grafts under low flow conditions were performed in
11 Japanese white rabbits. For *in vitro* analyses, we isolated primary venous SMCs from vein
12 graft neointima. siRNA that targets *Girdin* was mixed with atelocollagen (which stabilizes
13 and releases nucleic acid reagents slowly) and applied perivascularly to vein grafts at
14 operation. Intimal hyperplasia was evaluated 4 weeks later.

15 *Results:* In the rabbit model, increased Girdin expression was seen in the neointima after
16 grafting operation. Using primary venous SMCs, we showed that Girdin is required for
17 rearrangement of the actin cytoskeleton in venous SMCs, and that siRNA-mediated *Girdin*
18 knockdown significantly reduced venous SMC migration and proliferation. *Girdin*

1 knockdown via perivascular application of siRNA using atelocollagen markedly reduced
2 intimal thickening after grafting operation.

3 *Conclusions:* Depletion of Girdin attenuated venous SMCs migration and proliferation *in*
4 *vitro* and intimal hyperplasia in vein grafts *in vivo*. Our findings suggest that Girdin affects
5 migration and proliferation of vascular SMCs in vein grafts and that controlled release of
6 *Girdin* siRNA using atelocollagen could be a novel therapeutic strategy for vein graft failure.

7 *Clinical relevance:* Intimal hyperplasia is a major obstacle to patency after vein grafting.

8 Although migration and proliferation of vascular smooth muscle cells pivotally affect the
9 vascular remodeling process, no therapy has been established to prevent intimal hyperplasia
10 of vein grafts. Here, we report that depletion of the actin-binding protein Girdin attenuated
11 migration and proliferation of venous smooth muscle cells *in vitro* and intimal hyperplasia in
12 vein grafts *in vivo*. Our findings indicate that perivascular application of *Girdin* siRNA using
13 atelocollagen could be a novel therapeutic strategy for vein graft failure.

14

1 **Introduction**

2 Cardiovascular disease (CVD) is a major cause of death and disability in developed
3 countries. More than 2200 Americans die of CVD each day, an average of 1 death every 39
4 seconds.¹ An autologous vein is the most commonly used conduit for coronary and peripheral
5 artery bypass grafting in treating ischemia resulting from occlusive vascular disease.
6 However, long-term success of this operation is limited by vein graft occlusion caused by
7 intimal hyperplasia and superimposed atherosclerosis, with worse patency for poor run-off
8 vessels in which hemodynamic factors, such as low flow velocity and low shear stress, cause
9 intimal thickening.^{2,3} Increased proliferation of terminally differentiated vascular smooth
10 muscle cells (SMCs) contributes significantly to lesional neointima formation.⁴ Neointimal
11 SMCs are controversially reported to originate from local vessel walls, circulating progenitor
12 cells, or from bone marrow.⁵⁻⁹ Despite many clinical trials, few models reflect the
13 contribution of various cell types to neointimal development; nor has a satisfactory
14 therapeutic strategy been established.

15 The phosphatidylinositol 3-kinase (PI3K)/Akt system regulates multiple cellular
16 processes through phosphorylation of downstream substrates. The PI3K/Akt pathway and its
17 downstream components are also pivotal in vascular remodeling.¹⁰ Girdin (girders of actin
18 filaments), also known as G α -interacting vesicle-associated protein (GIV), is a novel
19 actin-binding Akt substrate.¹¹⁻¹⁴ Girdin is expressed at high levels in cell types that require

1 remodeling of actin filaments, cell migration and proliferation, such as smooth muscle cells,
2 neuroblasts, and cancer cells.^{11,15-19}

3 We reported that Girdin affects migration and proliferation of arterial SMCs, and
4 regulates neointima formation after arterial injury via Akt-mediated phosphorylation .¹⁸
5 However, little information is available about its functions in venous SMCs, especially in
6 vein grafts. Here, we studied Girdin's roles in migration and proliferation of venous SMCs *in*
7 *vitro*; and found a combination of siRNA that targets *Girdin* and atelocollagen (which allows
8 its controlled release), to suppress significantly intimal hyperplasia in vein grafts *in vivo*.
9 These findings provide a novel strategy to prevent intimal hyperplasia.

10 **Material and methods**

11 *Antibodies*

12 Rabbit anti-Girdin polyclonal antibody was developed in-house against the 19
13 carboxyl-terminal amino acids of Girdin, and affinity-purified with the immunizing peptide.¹¹
14 Other primary antibodies used in this study include commercial sheep polyclonal anti-Girdin
15 (R&D Biosystems, Minneapolis, MN), mouse monoclonal anti- α -smooth muscle actin
16 (α -SMA) and anti-Ki-67 antibodies (Dako, Glostrup, Denmark), mouse monoclonal
17 anti- β -actin antibody (Sigma, St Louis, MO) and rat monoclonal anti-CD31 antibody
18 (Dianova, Hamburg, Germany).

1 ***Vein graft model***

2 Japanese white rabbits (2.5–3.0 kg) were anesthetized by intramuscular administration
3 of ketamine (35 mg/kg) and Xylazine (10 mg/kg). The no-touch technique was used to
4 dissect a segment of right external jugular vein (20 mm length, 3 mm width) through a
5 midline vertical neck incision; all branches were carefully ligated with 8-0 polypropylene
6 sutures and divided. Animals were systemically heparinized (200 U/kg). The ipsilateral
7 common carotid artery was clamped distally and proximally, and a graft was anastomosed in
8 end-to-end fashion into the divided artery with interrupted 8-0 polypropylene sutures. Before
9 wound closure, grafts were subjected to low flow conditions as described previously (poor
10 run-off model).^{20,21} The poor run-off model mimics clinical conditions of vein grafts
11 performed for ischemic extremities with poor run-off. For poor run-off models, three of four
12 distal vessel branches were ligated after external jugular vein–carotid artery interposition
13 (Figure 1A).^{2,3} On the other hand, the distal vessels remained patent in the normal run-off
14 model. These animal experiments were performed in compliance with the guidelines of
15 Nagoya University Graduate School of Medicine and approved by the Animal Care and Use
16 Committee (Permit Number: 24084).

17 ***Primary culture of venous SMCs***

18 The experiments were performed with primary cultures of venous SMCs from rabbit
19 vein grafts 4 weeks after bypass grafting. The entire length of the vein grafts were

1 immediately excised under sterile conditions. The vein grafts were rinsed with Hanks'
2 solution and opened lengthways. The neointima was dissected from underlying media. The
3 separated sheets of neointima were cut into small pieces of about 1 mm², washed in Hanks'
4 solution, and incubated in Hanks' solution containing collagenase I (1 g/L, Funakoshi, Tokyo,
5 Japan) and elastase III (0.5 g/L, Sigma) for 90 min at 37°C. Thereafter the cells were
6 dispersed; the cell suspension was centrifuged at 120 × g for 4 min, resuspended and grown
7 in Dulbecco's modified Eagle's medium (DMEM) with 10% FBS, 1%
8 streptomycin/penicillin, and 2 mM L-Glutamine. The identity of SMCs was confirmed by
9 immunostaining with anti- α -SMA antibody. Venous SMCs at passages 1–3 were used in the
10 experiments.

11 ***RNA interference***

12 Small interfering RNA-mediated knockdown of *Girdin* was performed using “siRNA
13 [B]” *in vitro* as described previously.^{11,18} Additionally, we made two more siRNAs for rabbit
14 *Girdin*, as follows (sense sequence only: 5'-GGACCAACCUUGGAUGAAUATT-3'
15 (nucleotides 98–116, si-rb1) and 5'-GGCAGAACAUCACUAGCATT-3' (nucleotides
16 4768–4786, si-rb2). The 21-nucleotide synthetic duplexes with two 3'-end overhang dT were
17 prepared by Qiagen (Valencia, CA). Venous SMCs were transfected with one of the siRNAs
18 (50 nM) or a 21-nucleotide irrelevant RNA (Qiagen) as a control, using Lipofectamine

1 RNAiMAX (Invitrogen, Carlsbad, CA) according to manufacturer's protocol. siRNAs were
2 successfully introduced into almost 100% of SMCs using Lipofectamine RNAiMAX.

3 For the *in vivo* study, we used stabilized siRNAs, Dharmacon siSTABLE (Thermo
4 Scientific, Lafayette, CO). We used atelocollagen-based *in vivo* siRNA/miRNA transfection
5 reagent AteloGene Local Use (Koken Co, Ltd, Tokyo, Japan). AteloGene is a highly purified
6 type I collagen derived from calf dermis by pepsin treatment. Before the operation,
7 siRNA–AteloGene complexes were prepared as follows: 150 μ L of AteloGene and 150 μ L of
8 a stabilized siRNA solution (20 μ M) were mixed, maintained at 4°C, and then used to coat
9 the external surface of the vein graft. This complex formed a gel after appropriate heat
10 treatment with a hair dryer for < 10 s, which did not dry or injure the vein grafts.²⁰ This
11 siRNA-containing gel remained around the graft for at least 1 week.

12 ***Western blot analysis***

13 Frozen rabbit vein grafts were homogenized in RIPA buffer containing 50 mM Tris-HCl
14 (pH 7.6), 150 mM NaCl, 1% NP-40, 0.1% sodium dodecyl sulfate (SDS), and 0.1% sodium
15 deoxycholate and rotated at 4 rpm for 2 h at 4°C. After measuring protein concentrations,
16 lysates were boiled at 100°C for 2 min in the presence of 2% β -mercaptoethanol. The lysates,
17 containing 30 μ g of proteins, were subjected to SDS-polyacrylamide gel electrophoresis.
18 Western blotting was performed using standard protocols detailed in Supplemental Methods.

1 ***Histopathology***

2 Intact veins and vein grafts were fixed at 100 mmHg infusion pressure for 20 min with
3 10% neutral-buffered formalin and immersed for 40 h in 10% neutral-buffered formalin; 3
4 evenly spaced segments (4–5 mm apart) of the middle portion of each graft were then
5 embedded in paraffin. Serial sections were stained with hematoxylin and eosin or elastica van
6 Gieson stain. Intimal and medial cross-sectional areas were measured, and the neointimal
7 thickness was measured at eight randomly selected points for each section using MetaMorph
8 software (Universal Imaging, Ypsilanti, MI).

9 ***Immunohistochemistry***

10 Sections were heated in Target Retrieval Solution (pH 9.0; Dako) for antigen retrieval,
11 blocked with Protein Block Serum-Free Ready-to-Use (Dako), incubated with primary
12 antibodies, washed in PBS and incubated with the secondary antibody. Reaction products
13 were visualized with diaminobenzidine (Dako); nuclear counterstaining used hematoxylin.

14 ***Immunofluorescence staining***

15 Immunofluorescence staining was performed as previously described¹¹; protocols are
16 detailed in Supplemental Methods.

1 ***Quantification of lamellipodia***

2 We investigated the increased number of cells with extended lamellipodia, that is the
3 difference in number of cells with extended lamellipodia between before and after PDGF
4 stimulation. Note that cells with lamellipodia at more than one third ($> 120^\circ$) of the cell
5 periphery were counted as cells with extended lamellipodia.

6 ***Cell migration assay and WST-1 assay***

7 Directional cell migration of venous SMCs was stimulated in a monolayer using an *in*
8 *vitro* scratch wound assay as previously described¹⁵; protocols are detailed in Supplemental
9 Methods.

10 Mitogenic activity was measured using the WST-1 assay (Cell Proliferation Reagent
11 WST-1; Roche Applied Science, Penzberg, Germany); protocols are detailed in Supplemental
12 Methods.

13 ***Detection of cell proliferation and apoptosis in vivo***

14 Ki-67+ or TUNEL+ nuclei were evaluated as previously described.^{18,20} To detect
15 proliferation, sections of rabbit vein grafts were blocked and subsequently incubated with a
16 mouse monoclonal anti-Ki-67 antibody overnight at 4°C. Thereafter, sections were incubated
17 with EnVision+ System- HRP Labelled Polymer Anti-mouse (Dako). To detect apoptosis, we
18 used Apoptosis *in situ* Detection Kit (Wako, Osaka, Japan) according to the manufacturer's

1 protocol. In each experiment, hematoxylin was used for nuclear counterstaining. Numbers of
2 Ki-67+ and TUNEL+ cells were calculated as Ki-67 or TUNEL indices (Ki-67+ or TUNEL+
3 cells/total cells \times 100), respectively.

4 ***Statistical analysis***

5 Values are expressed as means \pm SEM. Significance ($P < .05$) was determined using
6 Student's *t*-test or Bonferroni post hoc analysis.

7 **Results**

8 ***Increased expression of Girdin in neointima of vein grafts***

9 To examine the effects of Girdin in vein grafts, Girdin expression in cross sections
10 prepared from rabbit vein grafts with poor run-off was assessed immunohistochemically.
11 Girdin expression was detected in the media of the intact vein which was α -SMA+ (Figure
12 1B, Supplemental Figure 1). As the neointima thickened, enhanced Girdin expression was
13 observed in the neointima rather than the media (Figure 1B). Girdin expression in neointima
14 peaked 14 days after bypass grafting, and gradually decreased thereafter.

15 Girdin expression in whole intact veins and vein grafts with poor run-off was studied
16 using Western blot analyses (Figure 1C). Only weak Girdin expression was detected in intact
17 veins. Expression levels increased after vein grafting and peaked at day 14 after bypass
18 grafting, which was consistent with immunohistochemical analysis. To confirm Girdin

1 localization, 14-day-old vein grafts were subjected to immunofluorescence staining using
2 anti-Girdin antibody and anti- α -SMA antibody (Figure 1D). Girdin localizes to α -SMA+ cells
3 in media and neointima. Cells that were both Girdin+ and α -SMA+ existed mainly in the vein
4 graft neointima at 14 days after bypass grafting. This finding suggests that Girdin is
5 upregulated in developing neointima.

6 ***Girdin is upregulated in the vein grafts with poor run-off***

7 To determine whether Girdin affects intimal hyperplasia in vein grafts, we compared
8 Girdin expression in vein grafts with poor and normal run-off. The neointima clearly
9 thickened in vein grafts with poor run-off compared with normal run-off models
10 (Figure 2A)—consistent with previously reported data.³ All vein grafts of both models were
11 patent when they were excised. Western blot analyses showed Girdin expression to markedly
12 increase during neointima formation at 7 and 14 days after bypass grafting in poor run-off
13 models compared with normal run-off models (Figure 2B).

14 ***Rearrangement of actin cytoskeleton of venous SMCs requires Girdin***

15 We examined Girdin localization using primary venous SMCs isolated from neointima
16 of vein grafts. Immunocytochemistry using anti-Girdin and anti- β -actin antibodies showed
17 Girdin localized on actin stress fibers in venous SMCs (Figure 3A), as previously observed in
18 other cell types.^{15,18} To investigate Girdin function in venous SMCs, we observed the effect of
19 RNA-mediated interference on actin cytoskeletons in these cells. We introduced three

1 siRNAs targeting *Girdin* (siRNA [B], si-rb1, si-rb2) and an irrelevant siRNA (control siRNA)
2 into venous SMCs. Although serum-starved controls and *Girdin*-depleted venous SMCs
3 showed no apparent morphological differences, formation of thick stress fibers significantly
4 decreased in *Girdin*-depleted cells stimulated with serum compared with control cells
5 (Figure 3B). Moreover, after stimulation with PDGF-BB, the leading-edge extension of
6 lamellipodia was significantly attenuated, and only small membrane protrusions could be
7 seen in the *Girdin*-depleted cells (Figure 3C). The increased number of *Girdin*-depleted cells
8 with extended ($> 120^\circ$) lamellipodia after PDGF stimulation was significantly lower than that
9 of control cells (14.49 ± 3.19 and 1.95 ± 1.57 per 100 cells, respectively; $n = 3$; $P < .05$;
10 Figure 3D). These findings suggest that *Girdin* pivotally affects actin remodeling of
11 lamellipodia in migrating venous SMCs.

12 ***Girdin depletion inhibits venous SMCs migration and proliferation in vitro***

13 Reportedly, vascular SMCs migration and proliferation are key events in intimal
14 hyperplasia of vein grafts.⁴ We investigated whether *Girdin* depletion inhibits venous SMCs
15 migration *in vitro* using wound healing assays (Figure 4A); siRNA-mediated *Girdin*
16 knockdown resulted in significantly reduced migration distance by venous SMCs and fewer
17 cells migrating into the wounded area, compared with those of venous SMCs transfected with
18 control siRNA ($n = 3$; $P < .01$; Figure 4B and 4C). Next, we examined the effect of *Girdin* on
19 venous SMC proliferation, using WST-1 assays. On day 4, proliferation of *Girdin*-depleted

1 cells was significantly suppressed compared with control cells ($n = 5$; $P < .01$; Figure 4D).

2 These findings show that Girdin depletion inhibits both migration and proliferation of venous
3 SMCs *in vitro*, suggesting that use of siRNA targeting *Girdin* could be a novel treatment for
4 intimal hyperplasia of vein grafts

5 ***Girdin depletion inhibits intimal hyperplasia in vein grafts in vivo***

6 Because the siRNAs targeting *Girdin* (siRNA [B], si-rb1, si-rb2) had similar biological
7 effects *in vitro* (Figures 3 and 4, data not shown) and transfection with si-rb2 tended to more
8 strongly suppress Girdin expression (Supplemental Fig. 2A), we adopted the sequence of
9 si-rb2 for *in vivo* study. After initially confirming that stabilized siRNA (siSTABLE) retained
10 inhibitory effects equal to those of unmodified siRNA (Supplemental Fig. 2B), we used
11 siSTABLE for all animal experiments. Vein grafts were treated with *Girdin* siRNA as
12 described in Material and methods. We applied *Girdin* siRNA mixed with atelocollagen
13 perivascularly to vein grafts at operation (Supplemental Fig.3A). Western blot analysis
14 confirmed that *Girdin* siRNA effectively suppressed Girdin expression in vein grafts *in vivo*
15 at least for 14 days post-operation (Figure 5A); we therefore evaluated its potential to inhibit
16 intimal hyperplasia. Four weeks post-operation, intimal thickness and the intima/media ratio
17 of vein grafts treated with atelocollagen-mediated local application of *Girdin* siRNA were
18 0.09 ± 0.01 mm and 0.67 ± 0.08 , respectively ($n = 5$), whereas those of grafts treated with
19 atelocollagen containing irrelevant siRNA were 0.22 ± 0.05 mm and 1.76 ± 0.24 , respectively

1 (n = 5; Figure 5B–D). Additionally, intimal thickness and the intima/media ratio did not
2 significantly differ between vein grafts treated with atelocollagen containing irrelevant
3 siRNA and non-treated grafts, indicating that controlled release of *Girdin* siRNA using
4 atelocollagen reduced intimal hyperplasia of rabbit vein grafts significantly ($P < .05$),
5 whereas atelocollagen alone had no effect. However, medial thickness did not differ among
6 the three groups at 4 weeks post-operation (Supplemental Fig. 3B).

7 Increased endothelial coverage reportedly correlates with diminished intimal
8 hyperplasia.²² To further investigate the effects of *Girdin* knockdown in vein grafts, we
9 evaluated re-endothelialization in vein grafts 7 days after bypass grafting. Endothelial
10 coverage in vein grafts was assessed immunohistochemically using anti-CD31 antibody
11 (Supplemental Fig. 4A). Quantification with image analysis showed no significant difference
12 in endothelial coverage between *Girdin* siRNA-treated vein grafts and control siRNA-treated
13 grafts (Supplemental Fig.4B). This suggests that the inhibitory effect of *Girdin* knockdown
14 on intimal hyperplasia was unrelated to re-endothelialization.

15 ***Girdin is involved in cell proliferation, but not cell survival, in vein grafts***

16 Cell migration, cell proliferation and apoptosis of vascular SMCs are major steps in
17 intimal hyperplasia.^{23,24} To examine cell proliferation and apoptosis in vein grafts, we
18 performed Ki-67 immunostaining and TUNEL staining, respectively (Figure 6A and 6D).
19 Vein grafts treated with *Girdin* siRNA showed significantly fewer Ki-67+ proliferating cells

1 from media to neointima at 7 days post-operation compared with vein grafts treated with
2 control siRNA (Figure 6B). Media and neointima were difficult to distinguish at 7 days
3 post-operation. Twenty-eight days post-operation, Ki-67+ cells significantly increased in
4 neointima but not in media (Figure 6C). Conversely, cell survival in neither neointima nor
5 media was affected significantly in vein grafts treated with *Girdin* siRNA at any point (Figure
6 6E, F). These results suggest that in vein grafts, *Girdin* affects cell proliferation, but not cell
7 survival.

8 ***Discussion***

9 As we previously reported that *Girdin* depletion reduces migration and proliferation of
10 arterial SMCs,¹⁸ we hypothesized that *Girdin* knockdown would retard intimal hyperplasia in
11 vein grafts. Immunohistochemical analyses confirmed that *Girdin* localized to vascular SMCs
12 in media and neointima of rabbit vein grafts. *Girdin* expression in neointima peaked at ~14
13 days after implantation. These changes in *Girdin* expression in vein grafts resembled those of
14 vascular SMC proliferation in vein grafts.²⁵ In poor run-off models with abnormal blood flow
15 conditions, as characterized by low flow and low shear stress variation mimicking clinical
16 conditions of vein grafts performed for ischemic extremities, intimal graft thickening is more
17 progressive than that in control models with normal run-off.^{2,3} We showed that *Girdin*
18 expression in vein grafts with poor run-off was greater than that in vein grafts with normal

1 run-off. These results suggest that Girdin contributes to vascular SMC proliferation in vein
2 grafts and intimal hyperplasia after bypass grafting.

3 We isolated primary venous SMCs from enzyme-dispersed neointima of rabbit vein
4 grafts 4 weeks post-operation. These primary cells, apparently originating from various cell
5 types, exhibited increased migration and proliferation shortly after being isolated. In contrast,
6 cells isolated from vein grafts 8 weeks post-operation in the same way did not migrate readily
7 and rarely underwent mitosis in the first few days (data not shown). In this study, we isolated
8 primary venous SMCs from neointima of vein grafts by the enzyme dispersion method, while
9 isolation of venous SMCs by the explant method has recently been reported.²⁶ We suppose
10 that cells prepared in this way reflect the form of vascular SMCs in vein graft more exactly
11 than those isolated from explants of vena cava or saphenous veins, because cell types from
12 neointimal SMCs are different from those of medial SMCs,²⁷ and the enzyme dispersion
13 method is known to retain characteristic features of *in vivo* cells.²⁸ Our data showed that
14 Girdin localized to venous SMCs especially in neointima of vein grafts 14 days after
15 implantation, rather than those in media.

16 Plausibly, Girdin might be expressed in dedifferentiated vascular SMCs and affect
17 phenotypic modulation in vascular SMCs because vein graft neointima have abundant
18 dedifferentiated vascular SMCs.²¹ To examine this hypothesis, we stimulated venous SMCs
19 with PDGF-BB (a known inducer of phenotypic switch in vascular SMCs) containing 10%

1 FBS, which markedly enhanced Girdin expression (Supplemental Fig. 5A) and led to
2 morphological change (Supplemental Fig. 5B). Although our data suggest that Girdin is
3 up-regulated in dedifferentiated vascular SMCs, further studies are needed to understand the
4 role of Girdin in vascular SMC phenotypic modulation.

5 Despite intense research, the optimal vector for gene delivery to vasculature remains
6 somewhat elusive. Such a vector should efficiently transduce target vascular cells with
7 minimal transduction of non-target cells, have low toxicity and immunogenicity, and be
8 sufficiently stable to allow longevity of transgene expression, leading to an adequate clinical
9 response.²⁹ Although the most commonly used vector is an adenovirus, viral vectors pose
10 three main limitations in human vascular gene therapy: common preexisting immunity to
11 adenovirus; profound immune response generated to adenoviral-transduced cells; and direct
12 tissue toxicity.³⁰ Many trials, including genetic interventions to prevent vein graft failure, take
13 advantage of the fact that veins to be grafted can be manipulated *ex vivo*. Antisense or decoy
14 oligodeoxynucleotides (ODNs) have been transfected into graft vein walls via liposomes or
15 high pressure.^{31–35} Newer methods, such as ultrasound or gene guns, deliver desired genes via
16 non-viral vectors; for example, plasmids through cellular walls³⁶; however, this strategy
17 allows a drug to be administered only once, and most of the applied drug remains at the
18 application site relatively briefly. As neointimal SMCs have three potential sources—vein

1 grafts, arterial walls, and circulating blood—such single treatments for vein grafts are
2 probably insufficient.⁷

3 Here, we used atelocollagen to deliver siRNA. Atelocollagen is a liquid at 4°C and
4 becomes solid at 37°C. It has been used as a delivery system for expression plasmids,
5 antisense ODNs and siRNAs, as it stabilizes and slowly releases nucleic acid reagents.^{37–39}
6 Thus siRNA is retained at the application site, allowing long-lasting target gene suppression
7 in vascular SMCs without regard to cell origin. Also, siRNA was retained at the application
8 site 7 days post-operation, as found in a study using fluorescence-labelled siRNA.²⁰

9 We confirmed that Girdin expression was suppressed for at least 14 days using
10 atelocollagen-mediated siRNA targeting *Girdin*. We also showed that Girdin expression
11 peaked around 14 days after bypass grafting and treatment with atelocollagen-mediated
12 siRNA targeting *Girdin* significantly inhibited intimal hyperplasia in vein grafts 28 days
13 post-operation. Conversely, Girdin depletion did not affect medial thickness 28 days
14 post-operation (Supplemental Fig. 3B), although neointimal SMCs may be derived from
15 media without enhanced proliferation of medial SMCs (Figure 6C). The mechanism by which
16 *Girdin* siRNA inhibits intimal hyperplasia remains unclear. Notably, Girdin depletion did not
17 affect re-endothelialization in vein grafts, which is an important response consideration in
18 bypass grafting.^{22,40} Our study indicates that suppressing Girdin in vein grafts could be a
19 useful strategy for preventing vascular stenosis.

1 In conclusion, Girdin is pivotal to migration and proliferation of venous SMCs isolated
2 from neointima of rabbit vein grafts. We confirmed that the combination of atelocollagen and
3 siRNA to allow controlled siRNA release could be a novel therapeutic strategy for vein graft
4 failure, and that Girdin is a potential molecular target for prevention of intimal hyperplasia in
5 vein grafts *in vivo*.

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1 **Figure legends**

2 **Figure 1.** Girdin localizes to vascular SMCs in tunica media and neointima of vein grafts.

3 **A,** Poor run-off vein graft model with distal branches ligation is depicted. The inferior-most
4 branch of the external carotid artery is the only outflow for the low flow graft. CCA, common
5 carotid artery; ECA, external carotid artery; ICA, internal carotid artery; VG, vein graft.

6 **B,** Rabbit vein grafts at the indicated days post-operation were subjected to
7 immunohistochemical analysis using anti-Girdin antibody. Note that these veins and vein
8 grafts are dilated with infusion pressure during fixation and vascular walls look thinner than
9 under normal conditions. Bar: 100 μ m. **C,** Western blot analyses show Girdin expression in

10 rabbit whole-vein grafts. The open bar graph shows protein levels of Girdin (relative to
11 β -actin) determined by densitometry in whole-vein grafts harvested at indicated days
12 post-operation. Girdin level in the intact vein was defined as 1 (error bars: SEM; n = 3 for
13 each group; * $P < .05$). **D,** Vein grafts at 14 days post-operation were subjected to

14 immunofluorescence staining using sheep IgG as a negative control or anti-Girdin antibody
15 (red), and anti- α -SMA antibody (green). Cell nuclei were labeled with DAPI. Representative
16 photos at low magnifications (**upper and middle panel**) are presented. The boxed area is
17 magnified (**lower panel**). Bars: 200 μ m (**upper and middle**); 50 μ m (**lower**).

18 **Figure 2.** Girdin is upregulated in vein grafts with poor run-off. **A,** Representative elastica
19 van Gieson-stained sections of vein grafts harvested at indicated days post-operation. Lower

1 arrowheads indicate the internal elastic lamina. Bar: 100 μm . **B**, Western blot analyses
2 showed Girdin expression in rabbit whole-vein grafts with poor run-off or normal run-off.
3 Bar graph shows Girdin protein levels (relative to β -actin) determined by densitometry in
4 whole vein grafts harvested at the indicated days post-operation. Girdin level in intact veins
5 was defined as 1 (error bars: SEM; $n = 3$ for each group; $*P < .05$).

6 **Figure 3.** Girdin is required to rearrange actin cytoskeletons in venous SMCs. **A**, Venous
7 SMCs were stained using anti-Girdin antibody and anti- β -actin antibody. Girdin localizes to
8 actin stress fibers. Bar: 20 μm . **B**, Venous SMCs transfected with either control or *Girdin*
9 siRNA (si-rb2) were stimulated with serum to induce stress fiber formation, which was
10 immunostained using anti- β -actin antibody. Bar: 20 μm . **C**, Venous SMCs were stimulated
11 with PDGF-BB (20 ng/ml) for 10 minutes and stained with anti- β -actin antibody. Red dotted
12 lines denote lamellipodia at the leading edge. Bar: 20 μm . **D**, In experiments described in **C**,
13 the increased number of cells with extended lamellipodia formation after PDGF stimulation
14 was quantified (error bars: SEM; $n = 3$ for each group; $*P < .05$). Inset shows a schematic
15 illustration of extended lamellipodia formation. Cells with lamellipodia at more than one
16 third ($> 120^\circ$) of the cell periphery were counted as cells with extended lamellipodia.

17 **Figure 4.** Depletion of Girdin inhibits venous SMCs migration and proliferation *in vitro*.
18 **A**, Venous SMCs transfected with either control or *Girdin* siRNA (si-rb2) were cultured in
19 growth medium containing 10% FBS. Cells were allowed to migrate toward the wound for 12

1 hours. Bar: 300 μm . **B**, Ratio of the migration distance in each group at each time. **C**, Number
2 of cells that had migrated into the wounded area. (**B**, **C**; n = 6 for each group. Three
3 independent experiments were performed. Error bars: SEM; * $P < .05$. **D**, WST-1 assay was
4 performed to assess cell proliferation. Absorbance of each cell at day 0 was defined as 1. OD,
5 optical density (n = 5; Error bars: SEM; * $P < .05$).

6 **Figure 5.** Depletion of Girdin inhibits intimal hyperplasia in vein grafts *in vivo*. **A**, Western
7 blot analyses show efficacy of the treatment with atelocollagen containing *Girdin* siRNA in
8 whole vein grafts 7 and 14 days post-operation. Bar graph shows relative protein levels of
9 Girdin determined by densitometry. (Error bars: SEM; n = 3; * $P < .05$). **B**, Representative
10 elastica Van Gieson-stained sections from animals at 4 weeks post-operation with or without
11 *Girdin* siRNA treatment. Representative photos at low (**upper panel**) and high (**lower panel**)
12 magnifications are presented. Bar: 1.0 mm (**upper**), 100 μm (**lower**). **C/D**, Intimal thickness
13 (**C**) and intima/media ratio (**D**) in vein grafts treated with *Girdin* siRNA were significantly
14 reduced at 4 weeks post-operation. (Error bars: SEM; n = 5 for each group; * $P < .05$).

15 **Figure 6.** Cell proliferation and survival in vein grafts post-operation. **A**, Ki-67-
16 immunostained sections of vein grafts treated with either *Girdin* siRNA or control siRNA.
17 Bar: 100 μm . **B**, Percentage of Ki-67+ cells in area inside of vein graft internal elastic lamina
18 7 days post-operation. **C**, Percentage of Ki-67+ cells in media or intima of vein grafts 28 days
19 post-operation. (Error bars: SEM; Day 7, n = 3; Day 28, n = 5; * $P < .05$. N.S., not significant).

- 1 **D**, Vein grafts were subjected to TUNEL staining at 7 or 28 days post-operation. Bar: 100 μ m.
- 2 **E**, Percentage of TUNEL+ cells in area inside of vein graft internal elastic lamina 7 days
- 3 post-operation. **F**, Percentage of TUNEL+ cells in media and intima of vein grafts 28 days
- 4 post-operation. (Error bars: SEM; Day 7, n = 3; Day 28, n = 5; N.S., not significant).
- 5

1 **Supplemental Methods**

2 ***Western blot analysis***

3 After SDS-electrophoresis, proteins were transferred to polyvinylidene fluoride
4 membranes (Millipore Corporation, Bedford, MA). Membranes were blocked in 5% skim
5 milk in TBS-T buffer (20 mM Tris-HCl [pH 7.6], 137 mM NaCl, 0.1% Tween 20) with gentle
6 agitation and incubated with the primary antibody. After washing the membranes with TBS-T
7 buffer, they were incubated with secondary antibody conjugated to HRP. After washing the
8 membranes, the reaction was visualised by ECL Detection Kit (GE Healthcare,
9 Buckinghamshire, UK) according to manufacturer's instructions.

10 ***Immunofluorescence staining***

11 Venous SMCs were plated on culture slides. Cells were fixed with methanol and 4%
12 paraformaldehyde, blocked with 3% BSA in PBS, and stained with anti- β -actin antibody and
13 the rabbit polyclonal anti-Girdin antibody overnight at 4°C. They were then incubated with
14 Alexa Fluor 488-conjugated goat anti-mouse IgG antibody and Alexa Fluor 594-conjugated
15 goat anti-rabbit IgG antibody (Invitrogen) for 1 h. Fluorescence was examined using confocal
16 laser-scanning microscopy (Fluoview FV500, Olympus, Tokyo, Japan).

17 In rabbit vein grafts, transverse sections (4 μ m) were blocked with Protein Block
18 Serum-Free Ready-to-Use and subsequently incubated with a mouse monoclonal anti- α -SMA
19 antibody and sheep polyclonal anti-Girdin antibody overnight at 4°C. Thereafter, the sections

1 were incubated with donkey anti-mouse IgG antibody conjugated with Alexa Fluor 488 and
2 anti-sheep IgG antibody conjugated with Alexa Fluor 594 (Invitrogen). DAPI was used as
3 counter stain.

4 ***Cell migration assay***

5 Venous SMCs were seeded on 35-mm glass bottom dishes and transfected with either
6 control or *Girdin* siRNA. Confluent cells were scratched with a 200- μ L disposable plastic
7 pipette tip and allowed to migrate toward the wound. Wounded cells were incubated with
8 10% FBS in DMEM at 37°C; digital images were taken with a microscope (IX70, Olympus).
9 Wound closure rates were calculated as percentages of migratory distances of control cells
10 (100%).

11 ***WST-1 assay***

12 Venous SMCs (2.0×10^4 cells/well) transfected with either control or *Girdin* siRNA
13 were plated in 96-well plates 48 h after transfection and allowed to proliferate for 2 or 4 days
14 with DMEM containing 10% FBS. WST-1 reagent (10 μ L) was added to 100 μ L of cell
15 suspension and incubated for 4 h. Absorbance of each well was measured at 450 nm using a
16 microplate reader.

17

1 **Supplemental figure legends**

2 **Supplemental Figure 1.** Girdin localizes to venous SMCs in vessel walls of intact veins.

3 Rabbit intact veins were subjected to immunohistochemical analysis using anti-Girdin and

4 anti- α -SMA antibodies (**upper panels**). Note that these veins are dilated with infusion

5 pressure during fixation and vascular walls look thinner than under normal conditions. The

6 boxed areas are magnified (**lower panels**). Bar: 100 μ m.

7 **Supplemental Figure 2.** Effects of siRNA on Girdin expression in cultured cells. **A,** Venous

8 SMCs were transfected with three types of *Girdin* siRNAs or control siRNA, or not treated

9 (normal). A representative Western blot for Girdin is shown. Relative densitometric

10 intensities of Western blot bands for Girdin are presented as means \pm SEM in graph (n = 3). **B,**

11 Stabilized siRNA (siSTABLE) retained inhibitory effects equal to those of unmodified siRNA.

12 (n = 3)

13 **Supplemental Figure 3.** Local application of atelocollagen-mediated siRNA. **A,** siRNA

14 mixed with atelocollagen was used to coat external surfaces of vein grafts. CCA, common

15 carotid artery; ECA, external carotid artery; ICA, internal carotid artery; VG, vein graft. **B,**

16 There were no significant differences in medial thickness among vein grafts non-treated and

17 treated with *Girdin* siRNA or control siRNA at 4 weeks post-operation. (Error bars: SEM;

18 n = 5 for each group).

1 **Supplemental Figure 4.** Immunohistochemical analysis of vein grafts using anti-CD31

2 antibody. **A**, Representative immunostaining with anti-CD31 antibody. Bar: 100 μm .

3 **B**, Percentage of luminal coverage by endothelial cells (error bars: SEM; n = 3 per each

4 group; N.S., not significant).

5 **Supplemental Figure 5.** Girdin expression level in phenotypic modulation in venous SMCs.

6 **A**, Western blot analyses show Girdin protein levels in venous SMCs treated with TGF- β

7 (2.5 $\mu\text{g/L}$), PDGF-BB (25 $\mu\text{g/L}$), 10% FBS or both FBS and PDGF-BB for 48 h. Relative

8 densitometric intensities of Western blot bands of Girdin are presented as means \pm SEM in

9 the graph. Girdin protein level in serum-starved venous SMCs (serum(-)) was defined as 1

10 (n = 3). **B**, Morphological changes in venous SMCs with indicated stimulation for 48 h.

11 Bar: 60 μm .