

マウス下肢虚血モデルにおけるeNOS活性経路を介した
メトフォルミンの血管新生促進作用に関する研究

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Metformin stimulates ischemia-induced revascularization through an eNOS dependent pathway in the ischemic hindlimb mice model

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1 **Abstract**

2 **Objective:** As first-line treatment for type2 diabetes, Metformin has gained a strong position. In
3 addition, type2 diabetics benefit from the fact that Metformin is associated with a reduction in
4 cardiovascular events. Nevertheless, there is a dearth of information concerning the functional
5 role of metformin in regulating angiogenesis. Our present study explores whether metformin is
6 involved in the modulation of the revascularization processes in vivo by employing a hindlimb
7 mice model of ischemia-induced angiogenesis.

8 **Methods:** For comparative purposes, randomly selected Wild-type (WT) mice or eNOS deficient
9 (eNOS-KO) were assigned to one of two groups. One group was orally administered a daily dose
10 of metformin through a gastric tube while the other group served as a control with no metformin
11 administered. Both groups were subjected to unilateral hind limb ischemia. Laser Doppler
12 analysis coupled with capillary density staining with CD31 was the method employed to
13 determine Revascularization. AMPK and eNOS phosphorylation levels were assessed using
14 Western blot analysis.

15 **Results:** Subsequent to hindlimb ischemic surgery, in comparison to the non-treated mice,
16 metformin-treated WT mice showed accelerated limb perfusion, which was substantiated by
17 laser Doppler blood-flow measurements and the presence of increased capillary density in the
18 ischemic adductor muscle. Treatment with metformin significantly enhanced the increase in
19 AMPK and eNOS phosphorylation levels of muscle tissues in WT mice induced by ischemia. In
20 eNOS-KO mice, there was a significant increase in ischemic-tissue AMPK phosphorylation
21 induced by metformin; however, blood flow recovery in ischemic limb after surgery was
22 unaffected.

23 **Conclusions:** Metformin promoted revascularization in the presence of tissue ischemia through
24 an AMPK/eNOS-related mechanism. Our study indicates that, in addition to its
25 glucose-lowering effect, metformin fosters improved revascularization, which is responsible for
26 its positive effect on patients with critical limb ischemia.

27

28 **Abbreviations:** AMPK: AMP-activated protein kinase; eNOS: endothelial nitric oxide
29 synthase.

30

31

32 **Introduction**

33 As first-line treatment for type2 diabetes, Metformin (N',N'- dimethylbiguanide) has
34 gained a strong position. Clinical trials in the UKPDS (United Kingdom Prospective Diabetes
35 Study) demonstrated that treatment with metformin lessened the risk of macrovascular-related
36 complications and all-cause mortality to a greater extent than is obtained through conventional

1 therapies associated with similar levels of lowered blood glucose¹. Metformin has also
2 displayed a correlation with decreased all-cause and cardiovascular risk of mortality²⁻⁴.
3 Recently, it has been reported that monotherapy involving the most common insulin
4 secretagogues appears to be linked with increased mortality as well as greater cardiovascular
5 risk in comparison to treatment with metformin^{5,6}. Furthermore, several authors have indicated
6 the existence of a symptomatic benefit from metformin treatment in peripheral artery disease
7 patients^{7,8}. Thus, clinical studies have led to the concept that metformin produces
8 cardiovascular protective effects that are partly independent from its glycemic control function.

9 These clinical observations are in agreement with several experimental studies that
10 have suggested that, besides its glucose-lowering effect, metformin positively affects vascular
11 endothelial function and atherosclerosis. Metformin inhibits proinflammatory response and
12 apoptosis in human vascular wall cells^{9,10}. Metformin treatment is also associated with a
13 decrease in the activity of plasminogen activator inhibitor-1 (PAI-1) and tissue plasminogen
14 antigen (tPA)^{11,12} and improvement of capillary flow¹³. Furthermore, metformin treatment
15 attenuated vascular remodeling in monosodium glutamate-induced obese rats¹⁴.

16 Numerous experimental studies indicate that activation of AMPK partly mediates the
17 pleiotropic effects of metformin¹⁵⁻¹⁷. As a stress-activated protein kinase, AMPK plays a role in
18 the regulation of energy and metabolic homeostasis¹⁸⁻²⁰. Metformin activates AMPK in multiple
19 cell types such as hepatocytes and endothelial cells¹⁵⁻¹⁷. It has also been reported that AMPK
20 directly phosphorylates eNOS²¹. In addition, it has been shown that various AMPK activators,
21 as a result of their ability to activate AMPK, stimulate phosphorylation of eNOS in endothelial
22 cells and promote endothelial function^{16,22-24}. However, there is a dearth of information about
23 the functional role of metformin, an AMPK activator, in regulating angiogenesis. In this study,
24 we explored whether or not metformin modulates the revascularization processes in vivo by
25 employing a hindlimb model of ischemia-induced angiogenesis.

26

27 **Materials and Methods**

28 Cell Signaling Technology (MA, USA) was the supplier for the following primary
29 antibodies: phospho-eNOS antibody, eNOS antibody, phospho-AMPK (Thr 172) antibody,
30 AMPK antibody and α -tubulin antibody. Dainippon Sumitomo Pharmaceutical Co. (Tokyo,
31 Japan) provided Metformin as a generous gift.

32

33 **Animals and Experimental Protocol**

34 Male wild-type mice (WT) and e-NOS deficient (eNOS-KO) mice in a C57BL/6J
35 background between the ages of 8 to 10 weeks old served as the experimental subjects in this
36 study^{25,26}. Western blot analysis was previously used to confirm that eNOS-KO mice are

1 deficient in eNOS protein²⁵. The Institutional Animal Care and Use Committee of Nagoya
2 University School of Medicine approved the study protocol. We employed a mouse model of
3 neovascularization by surgically removing the entire left femoral artery and under anesthesia
4 with sodium pentobarbital (50 mg/kg intraperitoneally) as previously described^{23, 27, 28}. Mice
5 were randomly assigned to one of three groups. Starting at 1 day prior to surgery and continued
6 for 4 weeks, one group received oral administration of metformin (150 or 300mg/kg/day, with
7 0.9% saline) by gastric tube and the control group received oral administration of saline
8 (0.2ml/day) by gastric tube. We fixed the dosages at 150 or 300 mg/kg/day, since some groups of
9 researchers had confirmed that these dosages were sufficient to investigate the effects of
10 metformin in experimental mouse models^{29, 30}.

11

12 **Laser Doppler Blood Flow Analysis and Clinical Score**

13 Hindlimb blood flow was measured with a laser Doppler blood flowmetry (LDBF;
14 MoorLDI, Moor Instrument, Devon, UK), as previously described^{23, 27, 28}. Before and on
15 postoperative days 0, 3, 7, 14, 21 and 28, LDBF analysis on the legs and feet was performed.
16 Depilatory cream was used to remove excess hairs from the limb before imaging. In order to
17 minimize temperature variation, we placed the mice on a heating plate at 37°C. We analyzed
18 the stored scanned images in order to quantify blood flow and calculate the mean LDBF values
19 of the ischemic and non-ischemic limbs. In order to circumvent the possible occurrence of
20 variations in data as a result from interference from ambient light and temperature, we
21 expressed hindlimb blood flow as a ratio of the left (ischemic) to right (non-ischemic) hindlimb
22 LDBF.

23 We designed a scoring system to more precisely evaluate the mobility of mice after
24 limb ischemia: 0 = normal, 1 = pale foot or gait abnormalities, 2 = less than half of the foot is
25 necrotic, 3 = more than half of the foot is necrotic without lower leg necrosis, 4 = more than
26 half of the foot is necrotic with some lower leg necrosis, 5 = necrosis or auto amputation of
27 entire lower limb. In order to obtain blood flow measurements, we carried out observation and
28 recoding of the clinical scores for the mice at the same points in time²³.

29

30 **Capillary and Arteriole Density Analysis**

31 Analysis of the capillary density within thigh adductor muscle yielded specific
32 evidence concerning microcirculation vascularity. On postoperative day 28, we gathered tissue
33 samples from the ischemic thigh adductor skeletal muscles. From each sample, we removed
34 5um-thick tissue sections and froze them.

35 Tissue capillary and arteriole density were measured by histochemical staining with anti-mouse
36 CD31 (BD Biosciences) and anti-mouse α -SMA (Sigma). In order to analyze capillary and

1 arteriole density we randomly chose fifteen microscopic fields from three different sections in
2 each tissue block. Capillary and arteriole density were expressed as the quantity of
3 CD31-positive cells and α -SMA positive cells per high power field (x 400)^{23, 27}. A researcher
4 blinded with respect to the samples preformed these quantifications.

6 **Plasma Parameter Measurement**

7 Enzymatic kits (Wako Chemicals, VA, USA) were used to measure plasma glucose
8 and insulin levels. Blood was drawn from the mice by heart puncture on postoperative day 28.

10 **Western Blot Analysis**

11 Postoperative-day 7 tissue samples were homogenized in a lysis buffer prepared from
12 20 mM Tris-HCl (pH 8.0), 1% Nonidet P-40, 150 mM NaCl, 0.5% deoxycholic acid, 1 mM
13 sodium orthovanadate, and protease inhibitor mixture (Roche). SDS-PAGE was employed to
14 resolve cell lysates or culture media. Immunoblotting of the membranes with the indicated
15 antibodies was carried out at a 1:1000 dilution in conjunction with subsequent secondary
16 antibody conjugated with horseradish peroxidase at a 1:1000 dilution. Detection was carried out
17 using ECL and ECL plus Western Blotting Detection kit (GE Healthcare, NJ, USA).
18 Quantification of relative phosphorylation or protein levels was done using the Image J program.
19 Immunoblots were normalized to α -tubulin.

21 **Statistical Analysis**

22 Data are presented as mean \pm S.E. as denoted in the figure legends. Statistical analysis
23 was performed by ANOVA followed by Turkey's HSD test or Student's paired *t* test. A value of
24 $P < 0.05$ was accepted as statistically significant.

26 **Results**

27 **Effect of Metformin on Ischemia-induced Revascularization**

28 We subjected WT mice, treated with or without metformin, to unilateral hindlimb
29 ischemia for the assessment of metformin's effect on the process of revascularization in
30 response to ischemia. All mice survived surgery and remained healthy throughout the follow-up
31 period. Metformin treatment (300mg/kg/day) had no effect on glucose in WT mice as
32 previously described (metformin-treated WT mice: 100.2 ± 9.8 mg/dl and untreated mice: 101.6
33 ± 9.6 mg/dl)³¹. Representative LDBF images of hindlimb blood flow before surgery and at
34 various postoperative points in time are presented in Figure 1A. There appeared to be
35 accelerated blood flow recovery in the ischemic hindlimbs of the metformin
36 (300mg/kg/day)-treated group of WT mice when compared to that of the group of untreated

1 mice. There was a significant increase in the ischemic muscle limb flow in WT mice treated
2 with metformin (300mg/kg/day) on postoperative day 28 as demonstrated by quantitative
3 analysis of hindlimb perfusion (Figure 1B).

4 Measuring capillary density and arteriole density in a histological section harvested
5 from the ischemic muscle assessed the extent of revascularization at the microcirculatory level.
6 Representative photomicrographs of endothelial cell marker CD31-stained muscle tissue are
7 shown in Figure 2A. On postoperative day 28, metformin-treated WT mice had significantly
8 greater capillary density in the ischemic hindlimb than non-treated WT mice, as demonstrated
9 by quantitative analysis of CD31-positive cells (Figure 2B). Metformin-treated WT mice also
10 demonstrated significantly greater arteriole density in the ischemic hindlimb than non-treated
11 WT mice (Figure 2C and D). Thus, treatment with metformin promoted revascularization in
12 ischemic tissue in WT mice.

14 **Effect of Metformin on AMPK and eNOS Activation in Ischemic Muscle**

15 eNOS plays an important role in regulating revascularization in response to tissue
16 ischemia²⁶. Western blot analysis was employed to assess the expression and phosphorylation
17 of eNOS in ischemic adductor muscle at day 7 after surgery in order to explore the role of
18 eNOS in metformin-mediated improvement of ischemia-induced revascularization. Although
19 there was no difference between the two experimental groups of WT mice in relation to the
20 total eNOS protein expression in ischemic muscles, there was significantly greater
21 phosphorylation of eNOS in the ischemic muscle in the metformin-treated WT mice (Figure 3A
22 and B).

23 The direct affect of AMPK on phosphorylate eNOS has been previously reported²¹.
24 Thus, we assessed the expression and phosphorylation of AMPK in ischemic adductor muscle
25 using Western blot analysis in order to clarify the role of AMPK in revascularization induced
26 by metformin treatment. The results indicate that there was significant stimulation of
27 phosphorylation of AMPK in WT mice ischemic muscle by metformin (Figure 3A and B).

29 **eNOS Activation is Essential for Metformin-induced Revascularization**

30 For additional analysis of the involvement of eNOS signaling in revascularization by
31 metformin, we explored metformin's impact on blood flow in ischemic muscles of eNOS-KO
32 mice. Upon LDBF analysis, no significant differences in limb perfusion were seen between
33 metformin-treated and non-treated eNOS-KO mice on postoperative day 0, 3, 7 and 14 (Figure
34 4A). Because eNOS-KO mice exhibit severe ischemia-induced vascular insufficiency, which is
35 accompanied by amputation, we assessed lower limb function and tissue salvage post-surgery
36 using a clinical scoring system³². Similarly, there was no significant difference between the

1 index of severity of tissue ischemia after hindlimb surgery between metformin-treated and
2 non-treated eNOS-KO mice (Figure 4B). In addition, according to immunohistochemical
3 analysis, there was no significant difference in capillary and arteriole density between
4 metformin-treated and non-treated eNOS-KO mice on postoperative day 28 (Figure 4C and D).
5 Finally, we confirmed that there was an increase in the phosphorylation of AMPK in ischemic
6 muscle of metformin-treated eNOS-KO mice in comparison to non-treated eNOS-KO mice
7 (Figure 4E).

8

9 **Discussion**

10 We demonstrated that treatment with metformin promoted revascularization in
11 response to ischemia, as seen in a state of vascular insufficiency created using a mouse model
12 in the present study. Metformin treatment in WT mice stimulated recovery of limb perfusion
13 and enhanced capillary density that was greater than seen in untreated mice, which was
14 accompanied by eNOS activation. The beneficial actions of metformin on revascularization
15 were nullified in eNOS-KO mice. Therefore, metformin has a beneficial effect on
16 revascularization under ischemic conditions through eNOS signaling.

17 Type 2 diabetes increases the morbidity of coronary and peripheral artery diseases
18 due to the occurrence of microvascular rarefaction and impaired collateral vessel growth, which
19 are typical of ischemic conditions^{33,34}. There is greater vulnerability to ischemic injury as well
20 impairment of wound healing in the presence of these circulatory changes, ultimately yielding a
21 more frequent occurrence of lower-limb amputation. In the present study, daily oral
22 administration of metformin fostered revascularization in the presence of tissue ischemia. Thus,
23 in addition to its glucose lowering effect, metformin could be beneficial for diabetes-related
24 vascular complications.

25 A number of paper reported metformin improves tube formation via AMPK
26 activation and increases eNOS activity in endothelial cells *in vitro*^{16,29,35}. Previously, we have
27 reported that AMPK activation in ischemic muscle enhances angiogenic repairs of ischemic
28 muscle *in vivo*^{23,27,36}. Metformin also improved cardiac function, an effect that was facilitated
29 by the activation of AMPK and eNOS in a mouse model of myocardia infarction *in vivo*¹⁷. In
30 the present study, despite the increased AMPK phosphorylation levels in ischemic muscle in
31 eNOS-KO mice following metformin treatment, metformin did not affect perfusion recovery of
32 ischemic limbs in eNOS-KO mice. Collectively, the ability of metformin to foster angiogenesis
33 is likely a result of the its stimulation of the AMPK/eNOS signaling pathway within muscle.

34 The *in vivo* research carried out to illuminate the role of metformin in regulating
35 angiogenesis has produced conflicting results. In agreement with our data, metformin treatment
36 produces an increase in angiogenesis in endothelial cells^{16,35}. In contrast, others report that

1 metformin inhibits the growth of tumors in vivo by inhibition of neovascularization^{37,38}. This
2 discrepancy is possibly due to differences in the assay systems utilized for angiogenesis. There
3 is also the possibility that metformin regulates pathological and physiological angiogenesis
4 differentially as has been put forth to explain the effects of statins on vascularization³⁹. Notably,
5 it is recognized that activation of AMPK/eNOS signaling confers a pro-angiogenic phenotype
6 in ischemic hindlimb^{23, 26, 27}. Taking all these observations together suggests that the induction
7 of AMPK/eNOS signaling by metformin treatment is able to facilitate revascularization in the
8 presence of muscle ischemia.

9 The present study has several limitations. First, we employed a dosage of 300 mg/kg/
10 in order to activate AMPK/eNOS in mice. This dosage is higher than the usual dosage used in
11 the case of humans. Nevertheless, therapeutic methods targeting the activation AMPK/eNOS
12 could prove to be beneficial in the treatment of cardiovascular disease in humans. Second, the
13 entire left femoral artery and vein were surgically removed in our mouse model of
14 revascularization. This model may not replicate the human situation of arterial atherosclerotic
15 occlusion. Therefore, it is necessary to carry out supplementary experimental research in order
16 to obtain assessments using various models (chronic limb ischemia model, diabetic model and
17 large animal model).

18 In patients suffering from peripheral arterial disease, the incidence of the diabetes
19 mellitus is high⁴⁰. Diabetes is one of the co-morbidities affecting wound healing. In Japan, in
20 particular, the complication rates of diabetes mellitus and end-stage renal disease (ESRD) are
21 high in patients with critical ischemic limbs. In addition to the glucose-lowering effect of
22 metformin, the beneficial effects of metformin on cardiovascular disease have been
23 demonstrated in various clinical studies^{1-3, 5}. In the present study, metformin activated the
24 AMPK-eNOS signaling pathway and thus promoted angiogenic repair in ischemic limbs. These
25 results offer important fundamental data clarifying the efficacy of the clinical trials.

26

27 **Acknowledgement**

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Disclosures

None

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1 **Figure legends**

2 **Figure 1:** Metformin improves perfusion of ischemic limbs in WT mice. (A) Representative
3 images of LDBF for WT mice treated with or without metformin before surgery and at different
4 time points after surgery. Low perfusion signals (dark blue) were observed in the ischemic
5 hindlimb of WT mice, whereas high perfusion signals (white to red) were detected in WT mice
6 treated with metformin on post-operative day 3, 7, 14, 21 and 28. (B) Quantitative analysis of
7 ischemic/normal LDBF ratio in WT mice (n=10 in each group) treated with or without
8 metformin (*p<0.05 vs. control).

9
10 **Figure 2:** Increased capillary and arteriole density in ischemic metformin-treated WT mice. (A)
11 Immunostaining of ischemic tissues with anti-CD31 monoclonal antibody (green) on
12 post-operative day 28 (x400). (B) Quantitative analysis of capillary density in WT (n=10 in each
13 group) treated with or without metformin (300mg/kg/day). (C) Immunostaining of ischemic
14 tissues with anti- α -SMA antibody (red) on post-operative day 28 (x400). (D) Quantitative
15 analysis of arteriole density in WT (n=10 in each group) treated with or without metformin
16 (300mg/kg/day).

17
18 **Figure 3:** Effect of metformin on phosphorylation of AMPK and eNOS in ischemic muscle in
19 WT mice. Western immunoblots with the indicated antibodies were performed on the ischemic
20 adductor muscle of WT mice treated with or without metformin (300mg/kg/day) at 7 days after
21 surgery. (A) The representative immunoblots and (B) quantitative analysis of relative changes
22 in total and phosphorylated AMPK and eNOS. AMPK and eNOS were normalized to α -tubulin
23 signal and expressed as percentage of the signal intensity of untreated WT mice (n=10).

24
25 **Figure 4:** AMPK/eNOS pathway is required for metformin-induced revascularization. (A)
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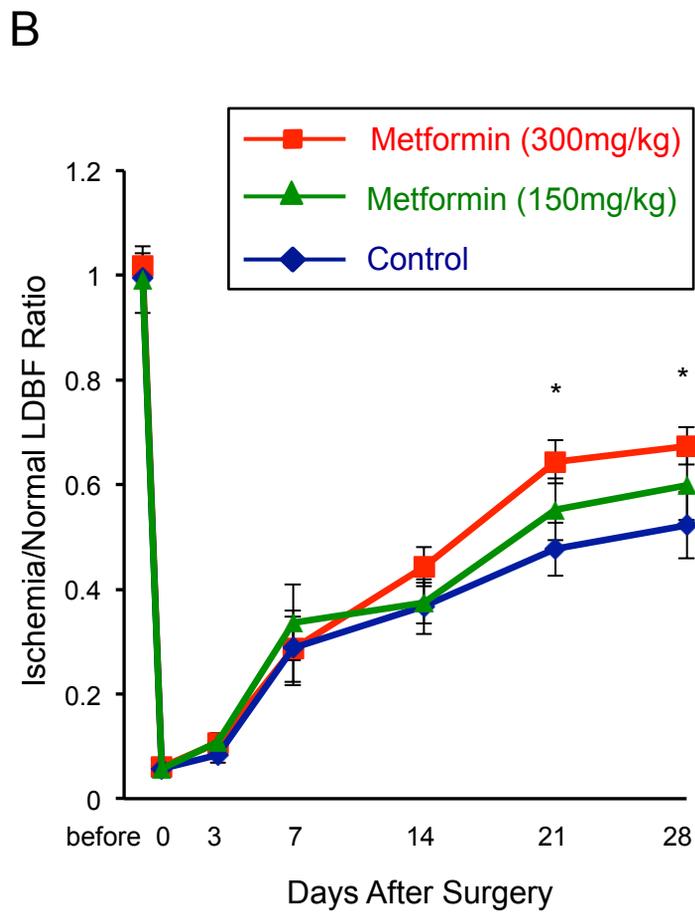
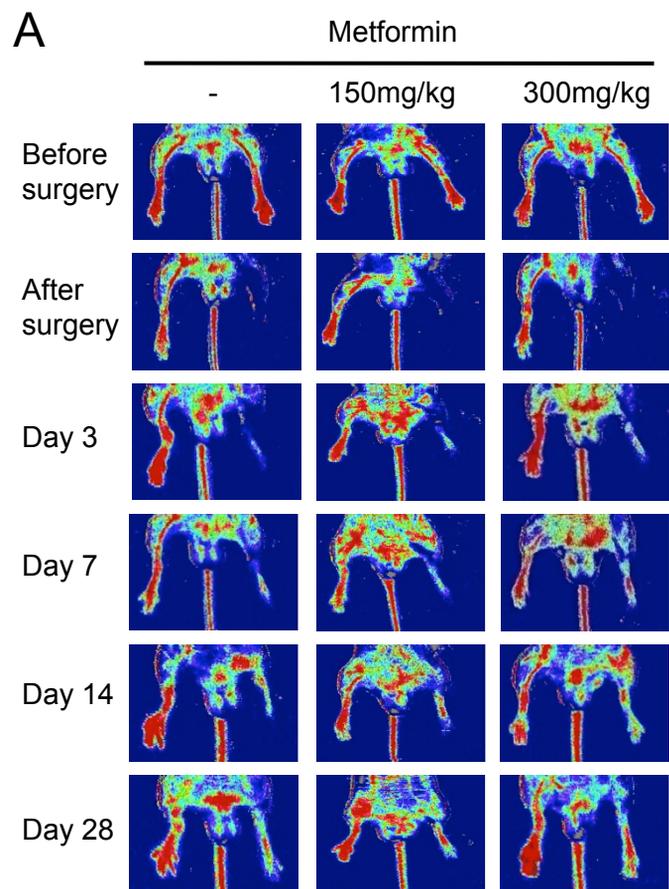
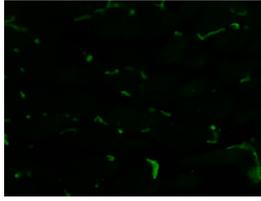


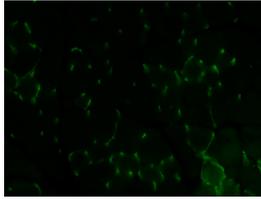
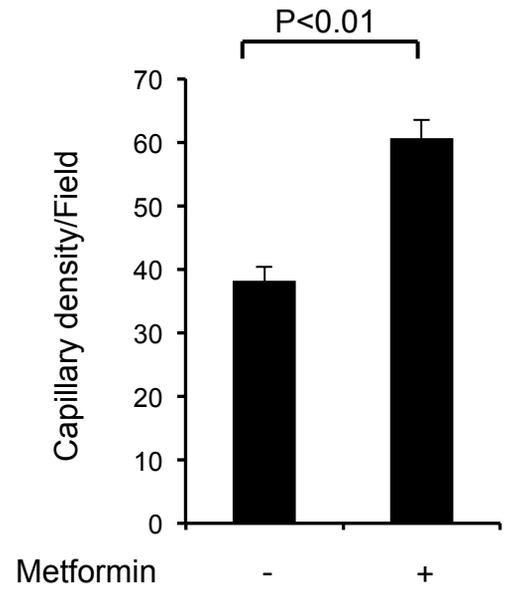
Figure 1

A

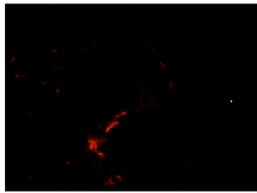
Control



Metformin

**B****C**

Control



Metformin

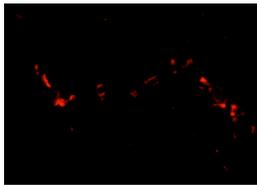
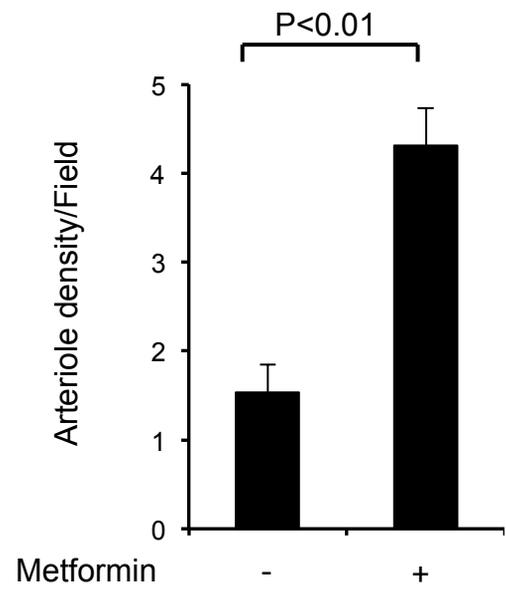
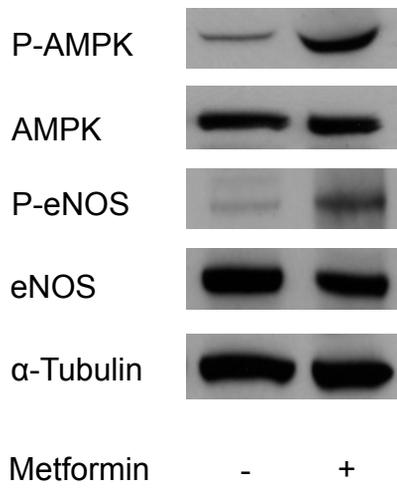
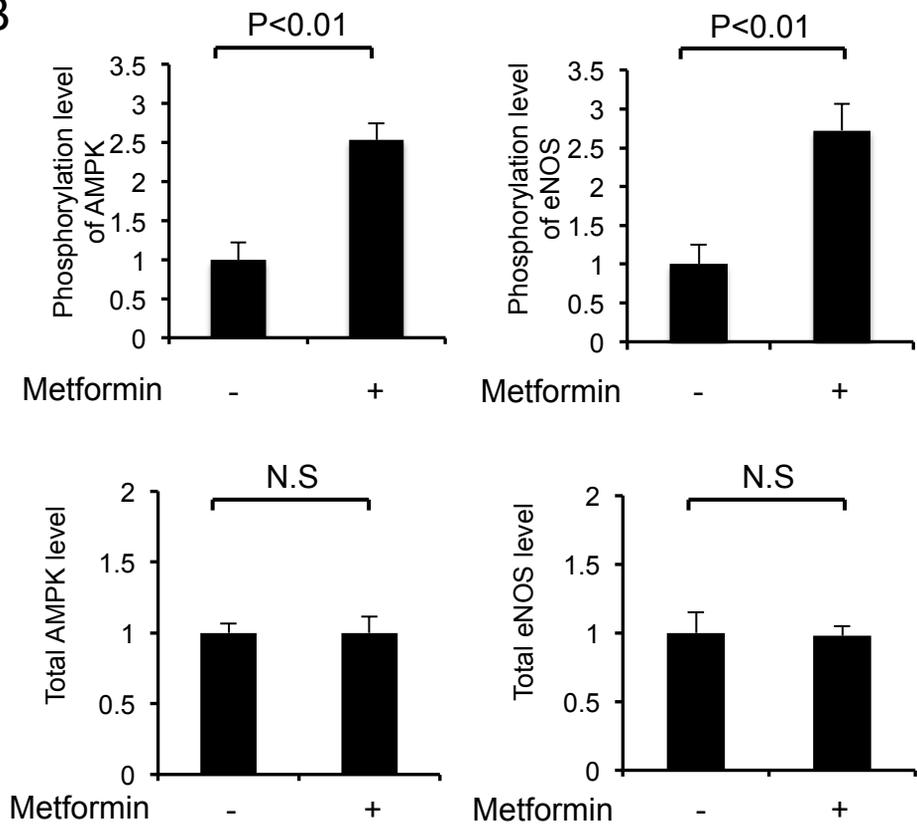
**D**

Figure 2

A**B****Figure 3**

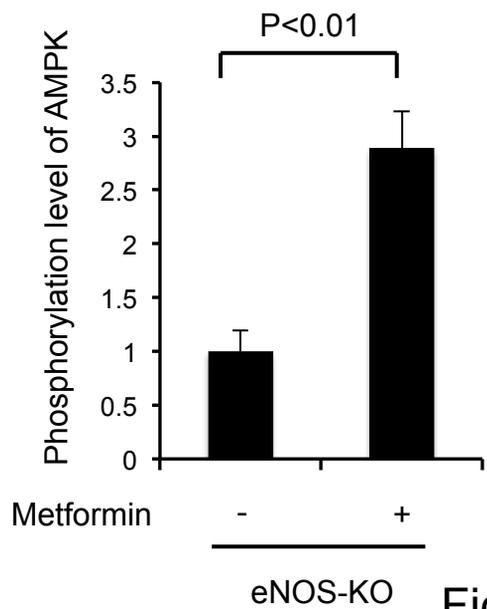
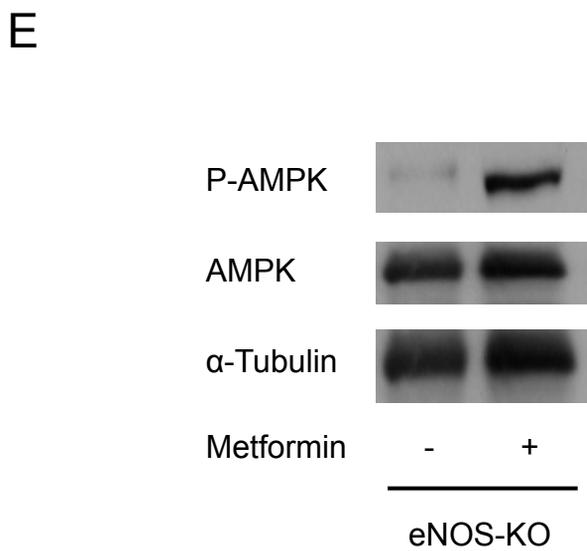
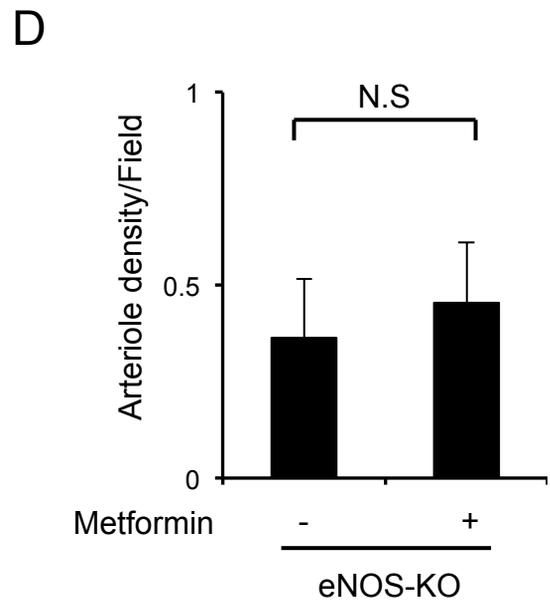
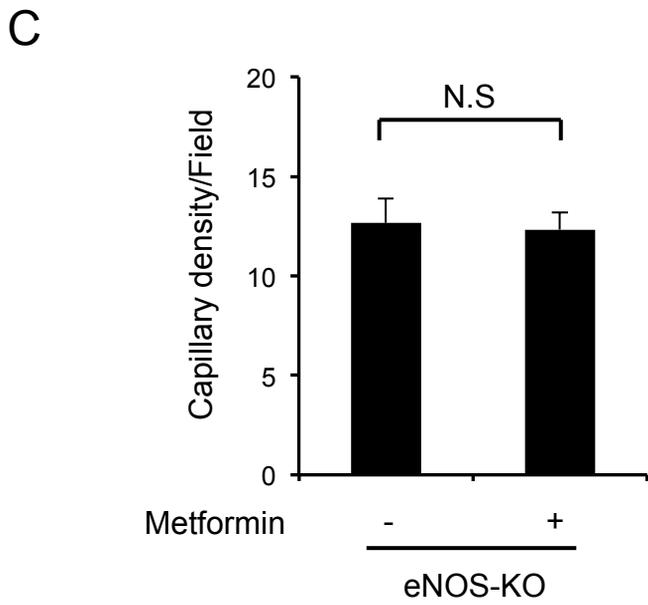
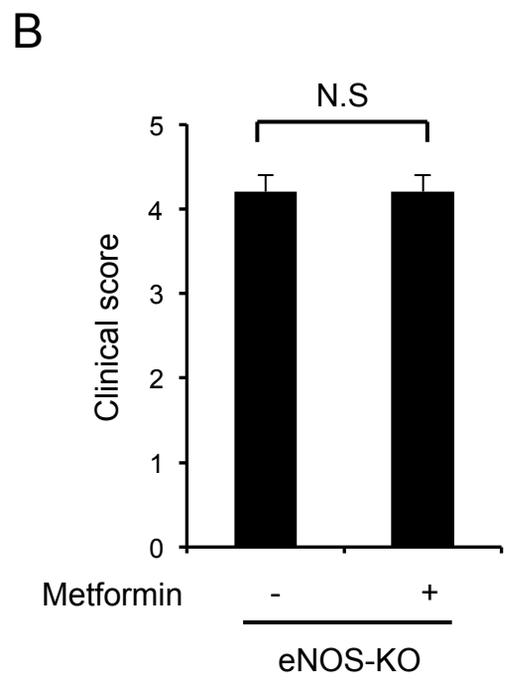
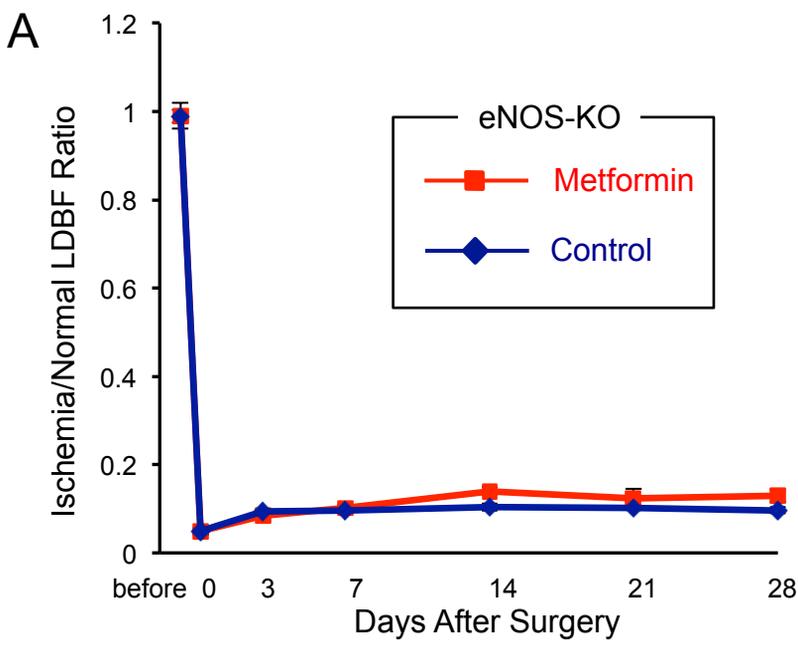


Figure 4

1 **Figure legends**

2 **Figure 1:** Metformin improves perfusion of ischemic limbs in WT mice. (A) Representative
3 images of LDBF for WT mice treated with or without metformin before surgery and at different
4 time points after surgery. Low perfusion signals (dark blue) were observed in the ischemic
5 hindlimb of WT mice, whereas high perfusion signals (white to red) were detected in WT mice
6 treated with metformin on post-operative day 3, 7, 14, 21 and 28. (B) Quantitative analysis of
7 ischemic/normal LDBF ratio in WT mice (n=10 in each group) treated with or without
8 metformin (*p<0.05 vs. control).

9

10 **Figure 2:** Increased capillary and arteriole density in ischemic metformin-treated WT mice. (A)
11 Immunostaining of ischemic tissues with anti-CD31 monoclonal antibody (green) on
12 post-operative day 28 (x400). (B) Quantitative analysis of capillary density in WT (n=10 in each
13 group) treated with or without metformin (300mg/kg/day). (C) Immunostaining of ischemic
14 tissues with anti- α -SMA antibody (red) on post-operative day 28 (x400). (D) Quantitative
15 analysis of arteriole density in WT (n=10 in each group) treated with or without metformin
16 (300mg/kg/day).

17

18 **Figure 3:** Effect of metformin on phosphorylation of AMPK and eNOS in ischemic muscle in
19 WT mice. Western immunoblots with the indicated antibodies were performed on the ischemic
20 adductor muscle of WT mice treated with or without metformin (300mg/kg/day) at 7 days after
21 surgery. (A) The representative immunoblots and (B) quantitative analysis of relative changes
22 in total and phosphorylated AMPK and eNOS. AMPK and eNOS were normalized to α -tubulin
23 signal and expressed as percentage of the signal intensity of untreated WT mice (n=10).

24

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