

1   **Title: Paraventricular dynorphin A neurons mediate LH pulse suppression induced by**  
2   **hindbrain glucoprivation in female rats**

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21

22    **Abstract**

23    Malnutrition suppresses reproductive function in mammals, which is considered to be  
24    mostly due to the inhibition of pulsatile gonadotropin-releasing hormone  
25    (GnRH)/gonadotropin secretion. Accumulating evidence suggests that kisspeptin neurons in  
26    the arcuate nucleus (ARC) play a critical role in the regulation of pulsatile GnRH/gonadotropin  
27    release. The present study aimed to examine if the hypothalamic dynorphin A (Dyn) neurons  
28    mediate the suppression of GnRH/luteinizing hormone (LH) pulses during malnutrition.  
29    Ovariectomized rats treated with a negative feedback level of estradiol-17 $\beta$ -treated (OVX+E2)  
30    were administered with peripheral (iv) or fourth cerebroventricle (4V) 2-deoxy-D-glucose  
31    (2DG), an inhibitor of glucose utilization, to serve as a malnutrition model. Central  
32    administration of a Dyn receptor antagonist blocked the iv- or 4V-2DG-induced suppression of  
33    LH pulses in OVX+E2 rats. The 4V 2DG administration significantly increased the number of  
34    *Pdyn* (Dyn gene)-positive cells co-expressing *fos* in the paraventricular nucleus (PVN), but not  
35    in the ARC and supraoptic nucleus (SON), and the iv 2DG treatment significantly increased  
36    the number of *fos*- and *Pdyn*-co-expressing cells in the PVN and SON, but decreased it in the  
37    ARC. The E2 treatment significantly increased *Pdyn* expression in the PVN, but not in the  
38    ARC and SON. Double *in situ* hybridization for *Kiss1* (kisspeptin gene) and *Oprk1* (Dyn  
39    receptor gene) revealed that around 60% of ARC *Kiss1*-expressing cells co-expressed *Oprk1*.  
40    These results suggest that the PVN Dyn neurons, at least in part, mediate LH pulse suppression  
41    induced by the hindbrain or peripheral glucoprivation, and Dyn neurons may directly suppress  
42    the ARC kisspeptin neurons in female rats.

43

44     **Introduction**

45     Reproductive function has been shown to be suppressed during malnutrition in various  
46     mammalian species, such as cows (1), sheep (2), goats (3), rats (4), mice (5), and monkeys (6).  
47     This suppression is thought to be a strategic adaptation to save energy by avoiding pregnancy,  
48     parturition and consequent lactation during malnutrition. In fact, delayed puberty onset,  
49     decreased pregnancy, and lowered fertility rates have been reported in malnourished and fasted  
50     rats (7), and pulsatile luteinizing hormone (LH) secretion is inhibited in female rats by 48-h  
51     fasting (8).

52     As an experimental model of malnutrition, 2-deoxy-D-glucose (2DG), an inhibitor of  
53     glucose utilization, has been used to investigate the effect of glucoprivation on reproductive  
54     function in mammals. Peripheral administration of 2DG combined with fasting disturbed estrus  
55     cycles and behavior in Syrian hamsters (9). LH pulse frequency was transiently decreased by  
56     a single intravenous (iv) or intracerebroventricle (icv) injection of 2DG in sheep (10). Further,  
57     female rats peripherally administered with iv 2DG showed suppression of pulsatile LH release,  
58     resulting in a decrease in the mean plasma LH concentrations and frequency and amplitude of  
59     LH pulses (11). Importantly, sex steroids negative feedback is suggested to be involved in  
60     fasting- or 2DG-induced suppression of LH pulses. Food deprivation for 48 h suppressed LH  
61     pulses in intact cycling or estrogen-replaced ovariectomized female rats or androgen-replaced  
62     castrated male rats, but not in gonadectomized (GDX) male and female rats (4,12). Further,  
63     peripheral 2DG administration strongly suppressed LH pulses in GDX male or female rats  
64     when they were treated with estrogen (for females) or androgen (for males), but moderately  
65     suppressed in the GDX rats without steroid replacement (11). These results suggest that sex  
66     steroids enhance the suppressive effect of fasting or glucoprivation on pulsatile LH secretion  
67     in both male and female rats (4,11).

68     An administration of 2DG into the fourth ventricle (4V) suppressed LH pulses in male rats

69 (13), and an *in vitro* study by Moriyama et al. (14) showed that lowered glucose availability  
70 increased intracellular Ca<sup>2+</sup> levels in the ependymocytes taken from the hindbrain of rats. An  
71 infusion of 5-thio-D-glucose (5TG), another glucose utilization inhibitor, into the 4V increased  
72 food intake and blood glucose level in rats, whereas 5TG infusion into the lateral ventricle (LV)  
73 failed to induce changes in food intake and blood glucose when the cerebral aqueduct was  
74 obstructed with silicon grease, indicating that a glucose sensor in the hindbrain mainly senses  
75 lowered glucose availability to control blood glucose levels and feeding behaviors (15). Taken  
76 together, these studies suggest that the malnutrition signal, at least in part, sensed by the  
77 ependymocytes surrounding the 4V, is transmitted to the hypothalamus to induce  
78 counterregulatory responses in feeding, gluconeogenesis and reproduction. The malnutrition  
79 signal would be conveyed to the hypothalamic center for gonadotropin-releasing hormone  
80 (GnRH) release to inhibit pulsatile LH release via an inhibitory neuronal pathway. Indeed, a  
81 recent tracing study showed that wheat germ agglutinin (WGA), a neuronal tracer, was found  
82 in the several hypothalamic nuclei, such as the paraventricular nucleus (PVN), supraoptic  
83 nucleus (SON), as well as the arcuate (ARC) kisspeptin neurons, a putative center for tonic  
84 GnRH/gonadotropin release, when the WGA was injected into the 4V in female rats (16).  
85 Further, a subcutaneous administration of 2DG increased expression of Fos, a marker for neural  
86 activation, in the PVN (17), suggesting that PVN originating neurons may mediate the  
87 glucoprivie suppression of LH secretion. Indeed, previous studies have suggested that the PVN  
88 corticotropin-releasing hormone (CRH) neurons mediate fasting-induced or glucoprivie  
89 inhibition of LH pulses in female rats (18,19).

90 Dynorphin A (Dyn), an endogenous opioid peptide, and its receptor, namely kappa-opioid  
91 receptor (KOR), may mediate LH pulse suppression during malnutrition. Dyn neurons are  
92 reportedly located in the hypothalamic nuclei, including the PVN, ARC and SON (20,21), and  
93 a central KOR antagonism increased LH release in female rats in an estrogen-dependent

94 manner (22). The KOR is reportedly located in the whole brain including in the hypothalamic  
95 nuclei such as the PVN, ARC and SON (23). An intraperitoneal injection of a KOR antagonist,  
96 nor-binaltorphimine (nor-BNI), increased plasma LH levels in 72-h fasted male rats (24),  
97 suggesting that Dyn may be involved in suppression of LH secretion during malnutrition. A  
98 part of the ARC Dyn neurons are known to co-express kisspeptin and neurokinin B (NKB) in  
99 rats, goats and ewes, therefore, they are referred to as KNDy neurons (25–27). These KNDy  
100 neurons have been suggested to be involved in GnRH/LH pulse generation and estrogen  
101 negative feedback on GnRH/LH pulses (28–32) and a study reported that KOR-  
102 immunoreactivities were found in the KNDy neurons in ewes (33). For further understanding  
103 of the central mechanism responsible for the suppression of reproductive function during  
104 malnutrition, it is worthwhile to clarify if central Dyn-KOR signaling mediates malnutrition-  
105 induced suppression of pulsatile LH release via affecting the ARC KNDy neurons.

106 The present study, therefore, aims to determine whether Dyn-KOR signaling mediates the  
107 glucoprivic suppression of pulsatile LH secretion in ovariectomized rats treated with a negative  
108 feedback level of estradiol-17 $\beta$  (OVX + low E2). To address this issue, we examined if third  
109 ventricle (3V) administration of nor-BNI, a KOR antagonist, blocks the suppression of pulsatile  
110 LH secretion induced by iv treatment of 2DG in OVX + low E2 rats to determine the  
111 involvement of central Dyn-KOR signaling in the peripheral glucoprivic suppression of LH  
112 pulse. We also investigated whether the 3V nor-BNI administration reverses the LH pulse  
113 suppression induced by 2DG infusion into the 4V in OVX + low E2 rats to clarify the role of  
114 KOR signaling in mediating LH pulse suppression specifically induced by hindbrain  
115 glucoprivation. Then, we investigated the effect of iv or 4V 2DG administration on Fos gene  
116 (*fos*) expression in the Dyn gene (*Pdyn*)-expressing cells in the hypothalamic nuclei, such as  
117 the PVN, ARC, and SON to determine if these Dyn neurons are activated by the peripheral or  
118 hindbrain glucoprivation in OVX + low E2 rats. We also investigated whether 4V 2DG

119 administration affects kisspeptin gene (*Kiss1*) and kisspeptin protein expression in the ARC  
120 and whether low E2 treatment affects *Pdyn* expression in the PVN, ARC, and SON of OVX  
121 rats. Further, we performed double *in situ* hybridization (ISH) for the *Kiss1* and KOR gene  
122 (*Oprk1*) in the hypothalamus to investigate if the ARC kisspeptin neuron is a possible site of  
123 Dyn action in rats.

124

## 125 **Materials and methods**

### 126 **Animals**

127 Adult Wistar-Imamichi strain female rats (8-12 weeks old, 190-230 g; Institute for Animal  
128 Reproduction, Kasumigaura, Japan) were housed in a controlled environment (14-h light, 10-  
129 h darkness with lights on at 0500 h,  $22 \pm 3^\circ\text{C}$ ) and had free access to food (CE-2; CLEA Japan,  
130 Tokyo, Japan) and water until the day of brain or blood sampling. Female rats having shown  
131 at least two consecutive estrous cycles were bilaterally ovariectomized. Some of these rats were  
132 implanted with subcutaneous Silastic tubing (1.57 mm inner diameter; 3.18 mm outer diameter;  
133 25 mm in length; Dow Corning, Midland, MI, USA) containing E2 (Sigma-Aldrich, St. Louis,  
134 MO, USA) dissolved in peanut oil (Sigma-Aldrich) at 20 µg/ml to serve as OVX + low E2 rats.  
135 The E2 treatment was confirmed to show negative feedback to LH pulses but not to induce LH  
136 surge (34). These surgical procedures, if not otherwise specified, were performed under  
137 ketamine (27 mg/kg)/xylazine (5.3 mg/kg) mixture and inhalant 1-2% isoflurane (Pfizer Japan,  
138 Tokyo, Japan) anesthesia. The present study was approved by the Committee on Animal  
139 Experiments of the Graduate School of Bioagricultural Sciences, Nagoya University.

140

### 141 **Blood sampling to determine the effect of central KOR antagonism on** 142 **peripheral/hindbrain glucoprivie suppression of LH pulses**

143 OVX + low E2 rats were stereotactically implanted with stainless-steel guide cannulae (22G;

144 Plastics ONE, Roanoke, VA) into the 3V (n=19) or both the 3V and 4V (n=24) according to  
145 the rat brain atlas (35) as follows: at 0.8 mm posterior and 7.5 mm ventral to the bregma at  
146 midline for the 3V and 12.5 mm posterior and 7.9 mm ventral to the bregma at midline for the  
147 4V seven days before the day of blood sampling to determine the effect of 3V administration  
148 of the KOR antagonist on the suppression of LH pulses induced by iv or 4V 2DG  
149 administration. The OVX + low E2 rats subjected to blood sampling were inserted with a  
150 silicon cannula (inner diameter, 0.5 mm; outer diameter, 1.0 mm; Shin-Etsu Polymer, Tokyo,  
151 Japan) into the right atrium through the jugular vein on the day before blood sampling. The  
152 animals were deprived of food for 3-h during the blood sampling period to ensure that plasma  
153 LH and glucose concentrations would not be affected by food intake. The free-moving  
154 conscious rats were administrated with nor-BNI (Sigma-Aldrich, a selective KOR antagonist),  
155 dissolved in ultrapure water at 10 µg/µl, into the 3V at the flow rate of 1 µl/min for 2 min by a  
156 microsyringe pump (EICOM, Kyoto, Japan) through an internal cannula (28G; Plastics ONE)  
157 immediately after the first blood sampling collected via the jugular vein cannula. Nor-BNI was  
158 dissolved immediately before used, and ultrapure water only was used in vehicle-treated  
159 control rats. Immediately after the nor-BNI administration, 2DG (400 mg/kg BW, Sigma-  
160 Aldrich) dissolved at 200 mg/ml in saline, or equimolar hypertonic concentration of xylose  
161 (366 mg/kg BW, Katayama Chemical Industries, Osaka, Japan), an indigestible sugar for rats,  
162 dissolved at 183 mg/ml in saline were intravenously injected and 100 µl of blood samples were  
163 collected for 3 h at 6 min intervals (n=4 for 2DG (iv)-nor-BNI (3V)-injected group; n=5 for  
164 the other groups). The doses of 2DG and xylose were chosen according to a previous study  
165 (11), showing that LH pulses were significantly suppressed by iv 2DG (400 mg/kg BW)  
166 treatment in OVX + E2 rats. As for the hindbrain glucoprivation, the rats were infused with  
167 2DG (30 mg/kg BW, ~6 mg/animal dissolved in saline) or equimolar hypertonic concentration  
168 of xylose as a control (27.45 mg/kg BW, ~5.49 mg/animal dissolved in saline) into the 4V (n=6

169 for each group) at the flow rate of 0.2  $\mu$ l/min for 1 h (12  $\mu$ l in total volume for individuals)  
170 with a microsyringe pump according to a previous study (13), indicating that the 4V 2DG  
171 infusion significantly suppressed pulsatile LH release in testosterone-implanted castrated male  
172 rats and that the flow rate did not allow the drug solution flow to the forebrain cerebral  
173 ventricles. The 2DG dose was chosen based on our preliminary study, in which 2DG at 30  
174 mg/kg BW was confirmed to suppress LH pulses in OVX + low E2 rats. Blood samples (100  
175  $\mu$ l) were collected just before the 3V nor-BNI and 4V 2DG administration and then collected  
176 every 6 min for 3 h. Red blood cells taken from donor rats and washed with saline were replaced  
177 at each blood collection to keep the hematocrit level constant. Plasma samples (50  $\mu$ l) were  
178 obtained by immediate centrifugation and stored at -20°C until assayed for LH. Plasma glucose  
179 concentrations were measured in an additional volume (50  $\mu$ l) of blood samples obtained every  
180 12 min during the first 1 h and every 30 min during the last 2 h of the blood sampling period,  
181 as previously described (36). Immediately after the end of the blood sampling, animals were  
182 allowed to access food for 0.5 h and then the amount of food intake was measured to determine  
183 the effect of 2DG administration on feeding.

184

#### 185 **Assays for plasma LH and glucose concentrations**

186 Plasma LH concentrations were measured by a double-antibody radioimmunoassay (RIA)  
187 as previously described (37) using a rat LH RIA kit provided by the National Hormone and  
188 Peptide Program (Harbor-UCLA Medical Center, Torrance, CA, USA) and were expressed in  
189 terms of NIDDK rat LH-RP-3. The least detectable level in 50- $\mu$ l plasma samples was 0.078  
190 ng/ml, and the intra- and inter-assay coefficients of variation were 7.3% and 10.4% at 0.89  
191 ng/ml, respectively. Plasma glucose concentrations were measured by the glucose oxidase  
192 method using a commercial kit (Glucose C-Test; Wako Pure Chemical Corporation, Osaka,  
193 Japan), as previously described (36). The least detectable level in 1.5- $\mu$ l plasma samples was

194 0.25 mg/ml, and the intra- and inter-assay coefficients of variation were 2.6% and 6.4% at  
195 1.244 mg/ml, respectively.

196

197 **Brain sampling for histological analysis**

198 To determine the effects of 4V or iv administration of 2DG on *fos* expression in  
199 hypothalamic Dyn neurons, some OVX + low E2 rats (n=8) were implanted with a stainless-  
200 steel guide cannula into the 4V and then inserted with iv cannula into the right atrium as  
201 described above. Seven days after the brain surgery free-moving conscious OVX + low E2 rats  
202 were infused with 2DG (~6 mg/12 µl saline, 0.2 µl/min for 1 h) or xylose (~5.49 mg/12 µl  
203 saline, 0.2 µl/min for 1 h) into the 4V (4V 2DG, n=4; 4V xylose, n=4). Some OVX + low E2  
204 rats without brain surgery were acutely injected with iv 2DG (400 mg/kg BW) or xylose (366  
205 mg/kg BW) (iv 2DG, n=3; iv xylose, n=3) through iv cannula attached on the previous day.  
206 Animals were deprived of their food after the 4V or iv 2DG/xylose administration until the  
207 brain sampling to avoid the effect of feeding on expression of the genes mentioned above. The  
208 animals were then deeply anesthetized 1 h after the 4V or iv 2DG/xylose administration with  
209 sodium pentobarbital (40 mg/kg; Kyoritsu Seiyaku, Tokyo, Japan) and perfused with 4%  
210 paraformaldehyde (Sigma-Aldrich) in 0.05 M phosphate buffer (PB). The brain was  
211 immediately removed from the skulls and postfixed with the same fixative at 4°C overnight  
212 then immersed in 30% sucrose in 0.05 M PB at 4°C. Frozen sections (50-µm thickness) of the  
213 hypothalamus including the PVN, ARC and SON were obtained with a cryostat. The brain  
214 sections taken from OVX + low E2 rats treated with iv or 4V 2DG/xylose were subjected to a  
215 double ISH for *Pdyn/fos*. Hypothalamic sections taken from OVX + low E2 rats infused with  
216 4V 2DG or xylose were subjected to a double ISH for *Kiss1/Oprk1* (2DG, n=3; xylose, n=3).  
217 The hypothalamic sections of OVX + low E2 rats treated with 4V 2DG or xylose were also  
218 subjected to a single ISH for *Kiss1* (2DG, n=4; xylose, n=4) or immunohistochemistry for

219 kisspeptin (2DG, n=4; xylose, n=4). Further, brain sections of OVX rats with or without low  
220 E2 treatment (OVX, n=3; OVX + low E2, n=3) were also collected as the same manner and  
221 subjected to a single ISH for *Pdyn* in order to investigate whether *Pdyn* expression in the  
222 hypothalamus is affected by the E2 treatment.

223

224 **Double ISH for *Pdyn/fos* or *Kiss1/Oprk1*, and single ISH for *Kiss1* or *Pdyn* in the rat  
225 hypothalamus**

226 Free-floating double ISH for *Pdyn* and *fos* was performed using every fourth section (=every  
227 200 µm) of the hypothalamus including the PVN, ARC and SON as previously described (38).  
228 The *fos*-specific digoxigenin (DIG)-labeled complementary RNA (cRNA) probe (position 573-  
229 1193; GenBank accession number NM\_022197) was designed and synthesized from the rat  
230 whole hypothalamic cDNA by using a DIG-labeling kit (Roche Diagnostics, Basel,  
231 Switzerland). The *Pdyn*-specific fluorescein isothiocyanate (FITC)-labeled cRNA probe  
232 (position 315-731; GenBank accession number NM\_019374) were designed and synthesized  
233 from the rat whole hypothalamic cDNA using a FITC-labeling kit (Roche Diagnostics). The  
234 brain sections were hybridized with 1 µg/ml anti-sense cRNA probes at 60°C overnight.  
235 Hybridized sections were incubated with a peroxidase (POD)-conjugated anti-FITC antibody  
236 (Roche Diagnostics) (39) and tyramide signal amplification (TSA) Plus FITC Kit (1:100;  
237 Perkin Elmer, Waltham, MA) to detect the *Pdyn* probe. After inactivation of the peroxidase by  
238 incubating the sections in 0.1 N hydrochloric acid for 30 min, the *fos* probe was detected using  
239 the POD-conjugated anti-DIG antibody (40), TSA Plus Biotin Kit (1:100) and Dylight 594-  
240 conjugated streptavidin.

241 Double ISH for *Kiss1* and *Oprk1* was performed using every fourth section of the ARC in  
242 the same manner. The *Oprk1*-specific DIG-labeled cRNA probes (position 66-768, 805-1956;  
243 GenBank accession number NM\_017167) and *Kiss1*-specific FITC-labeled cRNA probe

244 (position 33-348; GenBank accession number NM\_181692) were designed and synthesized as  
245 described above. After the hybridized FITC-labeled *Kiss1* probe was visualized with the POD-  
246 conjugated anti-FITC antibody, TSA Plus FITC Kit, the hybridized DIG-labeled *Oprk1* probe  
247 was visualized with the POD-conjugated anti-DIG antibody and TSA Plus Biotin Kit and  
248 Dylight 594-conjugated streptavidin. No positive signals for *fos*, *Oprk1* and *Pdyn* mRNA were  
249 detected in the brain sections hybridized with the corresponding sense probe as a negative  
250 control (data not shown) and we previously confirmed that no *Kiss1* positive signal was  
251 detected in the brain sections hybridized with the corresponding sense probe (41). Fluorescence  
252 images were obtained on an ApoTome fluorescence microscope (Carl Zeiss, Oberkochen,  
253 Germany), and the number of each gene-expressing cells were counted unilaterally in the PVN  
254 (every 200 µm from 0.96 to 1.92 mm posterior to the bregma, totally 4 sections), ARC (every  
255 200 µm from 1.72 to 4.36 mm posterior to the bregma, totally 13 sections) and SON (every  
256 200 µm from 1.20 to 1.80 mm posterior to the bregma, totally 3 sections) on the photographs  
257 according to the rat brain atlas (35). The cell number was counted twice in each section by 2  
258 investigators and then the total number of each gene-expressing cells in each nucleus was  
259 averaged in the groups.

260 A free-floating single ISH for *Kiss1* or *Pdyn* was performed by using every fourth  
261 hypothalamic section including the ARC and PVN as previously described (37). The *Kiss1*- or  
262 *Pdyn*-specific DIG-labeled cRNA probe was designed and synthesized as described above. The  
263 hybridized DIG-labeled probe was detected with an alkaline phosphatase-conjugated anti-DIG  
264 antibody (42) (1:1000; Roche Diagnostics) for 2 h for *Kiss1* or *Pdyn* at 37°C. The sections were  
265 treated with a chromogen solution (338 µg/ml 4-nitroblue tetrazolium chloride, 175 µg/ml 5-  
266 bromo-4-chloro-3-indoyl-phosphate) until a visible signal was detected. The brain sections  
267 were then mounted and the signals were examined by an optical microscope (BX53; Olympus,  
268 Tokyo, Japan). The number of *Kiss1*-expressing cells in the ARC and *Pdyn*-expressing cells in

269 the PVN, ARC and SON were counted unilaterally by 2 investigators in duplicate as described  
270 above and averaged. The intensity of *Kiss1* or *Pdyn* mRNA signals in a digital photomicrograph  
271 of the brain sections of each rat were quantitatively analyzed using ImageJ software (version  
272 1.50i; <http://imagej.nih.gov/ij/>). Each of the nuclei was outlined in the gray-scale image and  
273 processed for intensity measurement. Nonspecific background intensity was eliminated using  
274 the same threshold for each rat. The intensity was calculated as integrated density, i.e., the sum  
275 of the 8-bit gray-scale values of all the pixels in the threshold area.

276

### 277 **Immunohistochemistry for kisspeptin**

278 Every fourth section through the ARC (from 1.72 to 4.36 mm posterior to the bregma) taken  
279 from the OVX + low E2 rats administered with 4V 2DG or xylose, were subjected to  
280 immunohistochemistry for kisspeptin. Brain sections were incubated with the anti-kisspeptin  
281 rabbit polyclonal antibody (C2, 1:2000, kindly donated by Dr. H. Okamura) (43–45) for 48 h  
282 at 4°C, followed by an incubation with Alexa Fluor 488-conjugated goat anti-rabbit IgG (46)  
283 (1:200; Thermo Fisher Scientific). The specificity of the anti-kisspeptin antibody was  
284 previously described (43). The sections were mounted and fluorescence images were obtained  
285 with the ApoTome fluorescence microscope. Quantitative analysis for intensity of kisspeptin-  
286 immunoreactive signals in a digital photomicrograph of the ARC of each rat was performed  
287 using ImageJ software as described above.

288

### 289 **Statistical analysis**

290 LH pulses were identified by the PULSAR computer program (47) as previously described  
291 (48), the mean LH concentrations and the frequency and amplitude of LH pulses for the 3-h  
292 blood sampling period were calculated for each individual and then for the group. Statistical  
293 differences in the mean LH concentrations, the frequency and amplitude of LH pulses, the area

under the curve (AUC) of plasma glucose level and amount of food intake between the 2DG (iv or 4V)- and xylose (iv or 4V)-treated groups administered with nor-BNI (3V) or vehicle (3V) were determined by two-way (2DG and nor-BNI treatments as main effects) ANOVA followed by analysis of simple main effects using SAS University Edition (<https://www.sas.com/>). Mean LH concentrations and the frequency and amplitude of LH pulses were log transformed prior to analysis to normalize their distribution. Statistical differences in plasma glucose level between the groups were determined by three-way repeated measures (2DG, nor-BNI treatments and time as main effects) ANOVA followed by analysis of simple main effects. Statistical differences in the number of the *Pdyn*-expressing cells with or without *fos* expression, total *fos*-expressing cells and *fos*-expressing *Pdyn*-negative cells, and the percentage of the *Pdyn*- and *fos*-co-expressing cells out of the total *Pdyn*-expressing cells in the PVN, ARC and SON between 2DG- and xylose-treated rats were determined by the Welch *t*-test. Statistical differences in the number of *Kiss1*-expressing cells and the *Kiss1*- and *Oprk1*-co-expressing cells, the intensity of *Kiss1* mRNA signals and kisspeptin immunoreactivity in the ARC between 2DG- and xylose-treated rats were determined by the Welch *t*-test. Statistical differences in the number of *Pdyn*-expressing cells and/or intensity of *Pdyn* mRNA signals in the PVN, ARC and SON between OVX and OVX + low E2 rats were determined by the Welch *t*-test.

312

### 313 **Results**

#### 314 **Central KOR antagonism blocked the suppression of pulsatile LH secretion induced by 315 peripheral 2DG administration**

316 Figure 1A shows LH profiles in representative OVX + low E2 rats receiving an iv injection  
317 of 2DG or xylose and 3V injection of nor-BNI, a KOR antagonist, or vehicle. Pulsatile LH  
318 release were apparent in xylose (iv)-vehicle (3V)-injected control rats, while LH pulses in the

319 2DG (iv)-vehicle (3V)-injected group were profoundly suppressed in comparison with the  
320 control group. The 3V nor-BNI injection blocked the 2DG (iv)-induced suppression of pulsatile  
321 LH release and restored apparent LH pulses. The nor-BNI (3V) treatment also increased LH  
322 release in iv xylose-treated rats. Two-way ANOVA revealed that 2DG (iv) treatment (a main  
323 effect) significantly decreased the mean plasma LH concentration ( $F (1,15) = 15.16$ , †,  $P =$   
324 0.0014,  $n=4-5$ ) and nor-BNI (3V) treatment (a main effect) significantly increased the mean  
325 plasma LH concentration ( $F (1,15) = 24.08$ , \*,  $P < 0.001$ , Fig. 1B). No significant interaction  
326 was found between the main effects on the mean plasma LH concentration. Two-way ANOVA  
327 revealed that there was a significant interaction between the main effects on the frequency of  
328 LH pulses ( $F (1,15) = 13.87$ ,  $P = 0.0020$ ). Specifically, the frequency in 2DG (iv)-vehicle (3V)  
329 group was significantly lower than that in the xylose (iv)-vehicle (3V)-treated group (‡,  $P =$   
330 0.0085, Fig. 1C), whereas the frequency in 2DG (iv)-nor-BNI (3V) group was significantly  
331 higher than that in the 2DG (iv)-vehicle (3V)-treated group (§,  $P = 0.0348$ , Fig. 1C) and the  
332 levels were comparable to xylose (iv)-vehicle (3V)-treated control rats. The frequency in  
333 xylose (iv)-nor-BNI (3V) group was significantly lower than that in xylose (iv)-vehicle (3V)-  
334 treated controls (§,  $P = 0.0096$ , Fig. 1C). There were no significant main effects and interaction  
335 on the amplitude of LH pulses (Fig. 1D).

336

### 337 **Central KOR antagonism blocked the 4V 2DG-induced LH pulse suppression**

338 Figure 2A shows LH profiles in representative OVX + low E2 rats receiving 4V injection of  
339 2DG or xylose and 3V injection of nor-BNI or vehicle. Pulsatile LH release was profoundly  
340 suppressed by the 4V 2DG treatment, but the 3V nor-BNI injection blocked the 2DG (4V)-  
341 induced suppression of LH pulse. The nor-BNI (3V) treatment also increased plasma LH levels  
342 in 4V xylose-treated rats. Two-way ANOVA revealed that nor-BNI (3V) treatment (a main  
343 effect) significantly increased the mean plasma LH concentration ( $F (1,20) = 21.32$ , \*,  $P <$

344 0.001, n=6, Fig. 2B) and the frequency of LH pulses ( $F(1,20) = 6.45$ , \*,  $P = 0.0195$ , Fig. 2C)  
345 compared with vehicle (3V)-treated group. No significant interactions were found between the  
346 main effect on both the mean plasma LH concentration and the frequency of LH pulses. There  
347 were no significant main effects and interaction on the amplitude of LH pulses (Fig. 2D).

348

349 **Central KOR antagonism failed to affect the glucoprivic increase in plasma glucose**  
350 **concentrations and food intake**

351 Figures 3A and 3B show changes in plasma glucose concentrations for the 3-h blood  
352 sampling period in OVX + low E2 rats receiving an iv (n=4-5, Fig. 3A) or 4V (n=6, Fig. 3B)  
353 injection of 2DG or xylose and 3V injection of nor-BNI or vehicle. The iv as well as 4V 2DG  
354 administration acutely increased plasma glucose concentrations in both 3V nor-BNI- and  
355 vehicle-treated animals. Three-way ANOVA analyses revealed that 2DG (iv or 4V) treatment  
356 (a main effect) significantly increased the plasma glucose concentrations (iv,  $F(1,15) = 42.09$ ,  
357 \*,  $P < 0.001$ , Fig. 3A; 4V,  $F(1,20) = 101.08$ , \*,  $P < 0.001$ , Fig. 3B) and that there are significant  
358 interactions between the main effects (iv or 4V 2DG treatment and time) on the plasma glucose  
359 concentration (iv,  $F(9,135) = 13.07$ ,  $P < 0.001$ ; 4V,  $F(9,180) = 29.99$ ,  $P < 0.001$ ). Specifically,  
360 plasma glucose concentrations in iv 2DG-treated rats were significantly higher compared with  
361 iv xylose-treated controls during 12 to 180 min after iv 2DG injection (\*,  $P < 0.001$ , Fig. 3A).  
362 Similarly, plasma glucose concentrations in 4V 2DG-treated rats were significantly higher  
363 compared with 4V xylose-treated controls during 24 to 180 min after 4V 2DG infusion (\*,  $P <$   
364 0.001, Fig. 3B). Two-way ANOVA analysis revealed that the AUC of the plasma glucose  
365 concentrations was significantly higher in 2DG (iv or 4V)-treated groups (a main effect)  
366 compared with xylose (iv or 4V)-treated groups (iv,  $F(1,15) = 36.68$ , †,  $P < 0.001$ ; 4V,  $F(1,20)$   
367 = 121.98, †,  $P < 0.001$ , Figs. 3C and 3D). No significant main effect for the nor-BNI treatment  
368 and interaction between the nor-BNI treatment and time were found on the plasma glucose

369 concentration.

370 The amount of food intake for 0.5 h after the 3-h blood sampling period was significantly  
371 higher (iv,  $F(1,15) = 31.31$ ,  $\dagger$ ,  $P < 0.001$ ; 4V,  $F(1,20) = 21.21$ ,  $\dagger$ ,  $P < 0.001$ ; two-way ANOVA)  
372 in 2DG (iv or 4V)-treated groups (a main effect) compared with xylose (iv or 4V)-treated  
373 controls (Figs. 3E and 3F). No significant main effect for the nor-BNI treatment and interaction  
374 between the main effects were found on the food intake.

375

376 **Peripheral and 4V 2DG administration increased Fos gene expression in the PVN Dyn  
377 neurons**

378 Figure 4 shows the expression of *Pdyn* and *fos* mRNA in the hypothalamic nuclei, such as  
379 the PVN (A), ARC (B) and SON (C), in representative OVX + low E2 rats treated with iv 2DG  
380 or xylose. The number of *Pdyn*-expressing cells with *fos* co-expression in the PVN of iv 2DG-  
381 treated rats was significantly higher compared with that in iv xylose-treated controls (\*,  $P =$   
382 0.0128; Welch *t*-test, Fig. 4D). The percentage of the *Pdyn*- and *fos*-co-expressing cells out of  
383 the total *Pdyn*-expressing cells in the PVN of iv 2DG-treated rats ( $44 \pm 0.3\%$ ,  $n=3$ ) was also  
384 significantly higher compared with that of iv xylose-treated controls ( $12 \pm 2.6\%$ ,  $n=3$ ) ( $P =$   
385 0.0084; Welch *t*-test). The number of total *fos*-expressing cells ( $\dagger$ ,  $P = 0.0181$ ) and *fos*-  
386 expressing *Pdyn*-negative cells ( $\S$ ,  $P = 0.0058$ ) in the PVN of iv 2DG-treated rats ( $n=3$ ) was  
387 significantly higher compared with that in iv xylose-treated controls ( $n=3$ ) (Welch *t*-test, Fig.  
388 4D). In the ARC, the number of *Pdyn*-expressing cells with *fos* co-expression in iv 2DG-treated  
389 rats ( $n=3$ ) was significantly lower compared with that in iv xylose-treated controls ( $n=3$ ) (\*,  $P$   
390 = 0.0217; Welch *t*-test, Fig. 4E), while there was no significant difference in the percentage of  
391 *Pdyn*-expressing cells with *fos* co-expression (xylose,  $9.9 \pm 0.4\%$ ; 2DG,  $4.6 \pm 1.5\%$ ) and the  
392 number of total ARC *fos*-expressing and *fos*-expressing *Pdyn*-negative cells between iv 2DG-  
393 treated ( $n=3$ ) and iv xylose-treated control groups ( $n=3$ , Fig. 4E). The number of *Pdyn*-

394 expressing cells with *fos* co-expression in the SON of iv 2DG-treated rats was significantly  
395 higher compared with that of iv xylose-treated controls (\*, P = 0.0283; Welch *t*-test, Fig. 4F).  
396 The percentage of the SON *Pdyn*- and *fos*-co-expressing cells out of the total *Pdyn*-expressing  
397 cells in iv 2DG-treated rats ( $26 \pm 3.1\%$ , n=3) was also significantly higher compared with that  
398 in iv xylose-treated controls ( $5.7 \pm 3.2\%$ , n=3) (P = 0.0159; Welch *t*-test). The number of total  
399 *fos*-expressing cells (†, P = 0.0251) and *fos*-expressing *Pdyn*-negative cells (§, P = 0.0141) in  
400 the SON of iv 2DG-treated rats (n=3) was also significantly higher compared with that in iv  
401 xylose-treated controls (n=3) (Welch *t*-test, Fig. 4F). No significant difference was found in the  
402 number of *Pdyn*-expressing cells between iv 2DG and xylose-injected rats in any nuclei.

403 Figure 5 shows the expression of *Pdyn* and *fos* mRNA in the PVN (A), ARC (B) and SON  
404 (C) in representative OVX + low E2 rats treated with 2DG or xylose into the 4V. The number  
405 of *Pdyn*-expressing cells with *fos* co-expression in the PVN of 4V 2DG-treated rats was  
406 significantly higher compared with that in 4V xylose-treated controls (\*, P = 0.0470; Welch *t*-  
407 test, Fig. 5D). The percentage of the *Pdyn*- and *fos*-co-expressing cells out of the total *Pdyn*-  
408 expressing cells in the PVN in 4V 2DG-treated rats ( $36 \pm 7.3\%$ , n=4) was also significantly  
409 higher compared with that in 4V xylose-treated controls ( $14 \pm 3.1\%$ , n=4) (P = 0.0458; Welch  
410 *t*-test). On the other hand, in the ARC and SON, there was no significant difference in the  
411 number and the percentage of *Pdyn*- and *fos*-co-expressing cells between 4V 2DG-treated  
412 (ARC,  $2.3 \pm 0.5\%$ ; SON,  $11 \pm 4.0\%$ ) and 4V xylose-treated control groups (ARC,  $1.4 \pm 0.3\%$ ;  
413 SON,  $7.6 \pm 2.3\%$ ) (Figs. 5E, 5F). The total number of *fos*-expressing cells in the PVN of 4V  
414 2DG-treated rats (n=4) was significantly higher compared with that in 4V xylose-treated  
415 controls (n=4) (†, P = 0.0171; Welch *t*-test, Fig. 5D). The number of total *fos*-expressing cells  
416 (†, P = 0.0225) and *fos*-expressing *Pdyn*-negative cells (§, P = 0.0208) in the ARC of 4V 2DG-  
417 treated rats (n=4) were also significantly higher compared with that in 4V xylose-treated  
418 controls (n=4) (Welch *t*-test, Fig. 5E). On the other hand, in the SON, there was no significant

419 difference in the number of total *fos*-expressing cells and *fos*-expressing *Pdyn*-negative cells  
420 between 4V 2DG-treated (n=4) and 4V xylose-treated control groups (n=4, Fig. 5F). No  
421 significant difference was found in the number of *Pdyn*-expressing cells between 4V 2DG and  
422 xylose-infused rats in any nuclei.

423

424 **Comparison of the number of ARC *Kiss1*-expressing cells and kisspeptin  
425 immunoreactivity between the 4V 2DG- and xylose-treated female rats**

426 Figure 6A shows *Kiss1* expression in the ARC of representative OVX + low E2 rats treated  
427 with 2DG or xylose into the 4V. A number of *Kiss1*-expressing cells were detected in the ARC  
428 of OVX + low E2 rats treated with 4V 2DG or xylose (Fig. 6A). Kisspeptin-immunoreactive  
429 cell bodies and fibers were also found in the ARC of OVX + low E2 rats treated with 4V 2DG  
430 or xylose (Fig. 6B). No significant differences were found in the number of *Kiss1*-expressing  
431 cells and the intensity of *Kiss1* mRNA signals and kisspeptin immunoreactivity in the ARC  
432 between 4V 2DG- and xylose-treated groups (n=4 for each group, Figs. 6C and 6D).

433

434 **Expression of KOR gene in the ARC *Kiss1* neurons**

435 *Oprk1* mRNA expression was found in the majority of the *Kiss1*-expressing cells and some  
436 *Kiss1*-negative cells in the ARC of OVX + low E2 rats regardless of 4V 2DG or xylose  
437 treatments (Fig. 7A). Quantitative analysis revealed that 62% (4V xylose) and 64% (4V 2DG)  
438 of ARC *Kiss1*-expressing cells showed *Oprk1* expression in the ARC of 4V xylose-treated  
439 (n=3) and 4V 2DG-treated OVX + low E2 rats (n=3), respectively, and the percentage was  
440 comparable between groups. There was no significant difference in the number of *Kiss1* and  
441 *Oprk1*-co-expressing cells between 4V xylose- and 2DG-treated groups (Fig. 7B).

442

443 **Effects of low E2 treatment on the *Pdyn* expression in the PVN, ARC and SON in OVX**

444   **rats**

445   The effect of negative feedback levels of E2 on *Pdyn* mRNA expression was examined in  
446   the PVN, ARC and SON in OVX rats, as shown in the photomicrographs of representative  
447   OVX or OVX + low E2 rats (Figs. 8A-8C). A number of *Pdyn*-expressing cells were found in  
448   the PVN of OVX + low E2 rats, while the cell number was fewer in OVX rats (Fig. 8A). The  
449   intensity (\*, P = 0.0016; Welch *t*-test) and the number (\*, P = 0.0434; Welch *t*-test) of *Pdyn*-  
450   expressing cells in the PVN were higher in OVX + low E2 rats compared with OVX group  
451   (n=3, Fig. 8D). There was no significant difference in the intensity and the number of the *Pdyn*-  
452   expressing cells in the ARC between OVX and OVX + low E2 groups (n=3, Fig. 8E). The  
453   intensity of *Pdyn* mRNA signals were comparable in the SON between OVX and OVX + low  
454   E2 groups (Fig. 8F). Note that the cell numbers in the SON could not be counted due to the  
455   overlap of the cells.

456

457   **Discussion**

458   The present study demonstrated that the Dyn neurons mediate, at least in part, the glucoprivic  
459   suppression of pulsatile LH secretion in female rats, because the current central administration  
460   of nor-BNI, a KOR antagonist, blocked the suppression of pulsatile LH secretion induced by  
461   both peripheral and 4V 2DG treatments. The number of Dyn neurons co-expressing *fos* in the  
462   PVN was significantly increased by the 4V or iv 2DG administration, but the 4V 2DG  
463   administration failed to affect the number of Dyn neurons co-expressing *fos* in the ARC and  
464   SON, suggesting that the PVN Dyn neurons were specifically activated by the hindbrain  
465   glucoprivation. Thus, it is likely that the PVN Dyn neurons mainly mediate the hindbrain  
466   glucoprivic suppression of LH pulses. Importantly, the current study showed that the negative  
467   feedback level of E2 specifically enhanced *Pdyn* expression in the PVN but not in the ARC  
468   and SON and that the majority of the ARC *Kiss1*-positive neurons expressed KOR mRNA

469 (*Oprk1*) in female rats. Further, the ARC kisspeptin neurons (KNDy neurons) are suggested to  
470 be involved in GnRH/LH pulse generation in mammals including rodents and goats (26,32).  
471 Taken together, these results suggest that the malnutrition signal sensed in the hindbrain  
472 activates the PVN Dyn neurons, resulting in the suppression of ARC KNDy neuronal activity  
473 and consequent suppression of pulsatile GnRH/LH secretion in female rats. The ARC  
474 kisspeptin neurons are suggested to be also involved in the GnRH/LH surge generation in sheep  
475 (49), suggesting that glucoprivic activation of Dyn neurons would be also involved in  
476 GnRH/LH surge suppression during malnutrition in this species (2). It should be noted that  
477 KOR was expressed in GnRH neurons in female rats (33), suggesting that Dyn neurons  
478 activated by glucoprivation may also directly suppress GnRH neurons during malnutrition.

479 Peripheral or 4V administration of 2DG has been shown to suppress LH pulses in female  
480 and male rats (11,13) and that the ependymocytes surrounding the 4V have a role to sense a  
481 low glucose availability (14). Additionally, the 4V administration of 3-hydroxybutyrate (3HB),  
482 a ketone body, whose plasma concentration increases during malnutrition, suppressed pulsatile  
483 LH release in female rats (50). Noradrenergic neurons originated from the nucleus tractus  
484 solitarius (NTS), located in the vicinity of ependymocytes of the 4V, are reported to project to  
485 the PVN (51), and noradrenaline release increased in the PVN by iv 2DG or 4V 3HB treatment  
486 in female rats (50,52). Furthermore, previous studies showed that an administration of a  
487 catecholamine synthesis inhibitor into the PVN canceled the fasting- or iv 2DG-induced  
488 suppression of LH pulse in female rats (18,52). Deletion of brainstem catecholamine neurons  
489 by an injection of dopamine-β-hydroxylase-saporin into the PVN blocks the inhibiting effect  
490 of subcutaneous 2DG injection on estrous cycles in rats (53). Our iv and 4V 2DG  
491 administrations similarly induced *fos* expression in the PVN Dyn neurons. Taken together with  
492 the current study, these results suggest that nutritional signals sensed by the 4V  
493 ependymocytes are transmitted to the PVN via hindbrain noradrenergic neurons, resulting in

494 an activation of PVN Dyn neurons to mediate the glucoprivic or malnutritional suppression of  
495 LH pulse in rats.

496 Regarding of *fos* expression in the present study, iv 2DG injection significantly decreased  
497 the number of *fos*-expressing Dyn-positive cells in the ARC. It is speculated that a part of these  
498 cells might be KNDy neurons and the decrease in the number of ARC *fos*- and Dyn-co-  
499 expressing cells would be associated with the suppression of KNDy neuron activity induced  
500 by peripheral glucoprivation. In the SON, unlike with 4V 2DG administration, iv 2DG  
501 treatment increased the number of *fos*-expressing Dyn-positive cells as well as the total number  
502 *fos*-expressing cells. This suggests that these SON neurons were activated by peripheral  
503 glucoprivation sensed by other glucosensor(s) rather than the hindbrain sensor. Previous studies  
504 have shown that an intraperitoneal 2DG administration increased Fos-immunoreactivity in  
505 nicotinamide adenine dinucleotide phosphate-diaphorase (NADPH-d)-positive neurons in the  
506 SON of OVX + E2 rats (54) and that vasopressin and oxytocin neurons in the SON contain  
507 NADPH-d in male rats (55). Thus, taken together with the current study, it can be speculated  
508 that Dyn, vasopressin and oxytocin neurons in the SON may be activated to maintain metabolic  
509 homeostasis under peripheral glucoprivic conditions. Further studies are required to address  
510 the role of the SON Dyn and non-Dyn neurons activated during peripheral glucoprivation.

511 The action site(s) of Dyn involved in the glucoprivic LH suppression could be mainly the  
512 ARC KNDy neurons, because the *Oprk1* mRNA expression was evident in a majority of the  
513 ARC *Kiss1*-expressing cells in the present study. This notion is consistent with our recent  
514 tracing study showing the existence of the neural pathway from the 4V ependymocytes to the  
515 PVN neurons and ARC kisspeptin neurons: WGA was detected in the NTS, PVN as well as  
516 ARC kisspeptin neurons when WGA was administered to the 4V (16). Further, another study  
517 by Tóth and Palkovits (56) using a tract-tracer also showed that a relatively dense network was  
518 detected between the PVN and ARC. Thus, it is likely that the PVN Dyn neurons may receive

519 malnutrition signals from the NTS noradrenergic neurons to suppress the ARC kisspeptin  
520 neurons through KOR localized in the kisspeptin neurons, and consequently suppress pulsatile  
521 LH secretion during malnutrition. Interestingly, the current 4V 2DG administration failed to  
522 affect the intensity of the ARC kisspeptin immunoreactivity and *Kiss1* mRNA signals and the  
523 number of *Kiss1*-expressing cells in the ARC. This result suggests that the current acute  
524 glucoprivation originating in the 4V 2DG administration may cause an immediate suppression  
525 of KNDy neuronal activity, and consequently suppressed pulsatile GnRH/LH release without  
526 affecting *Kiss1* and kisspeptin expression and synthesis in the ARC. It would be worth  
527 clarifying if the *Kiss1* mRNA expression per neuron could be affected by glucoprivation,  
528 because the number of *Kiss1*-expressing cells and the intensity of *Kiss1* mRNA signals in the  
529 ARC may not always reflect the *Kiss1* mRNA expression level in each cell.

530 The current results showed that the low E2 treatment profoundly increased *Pdyn* expression  
531 in the PVN but not the ARC or SON, suggesting that the estrogen-dependent suppression of  
532 LH pulses by fasting or glucoprivation (4,11) could be mediated by the PVN Dyn neurons  
533 upregulated by a diestrous level of estrogen. This notion is consistent with previous reports,  
534 indicating that fasting suppressed LH pulses when E2 was implanted into the PVN of OVX  
535 rats (57,58). The E2-induced upregulation of PVN Dyn expression suggests that the PVN Dyn  
536 neurons also mediate estrogen negative feedback effect on GnRH/LH release under normal  
537 nutritional conditions. This is in agreement with previous studies in rats and goats: 3V  
538 administration of nor-BNI significantly increased LH secretion in OVX + low E2 rats but not  
539 in OVX rats (22); iv infusion of a KOR antagonist increased the pulsatile LH release and  
540 frequency of MUA volley, an indicator for GnRH pulse generator activity, in OVX + low E2  
541 goats (59). Indeed, the current study showed that the central administration of nor-BNI also  
542 increased LH release in iv or 4V xylose-injected OVX + low E2 control rats. Lopez et al. (60)  
543 showed that a central administration of nor-BNI increased LH pulses in E2-treated OVX lambs

544 at prepubertal age, when sensitivity to estrogen negative feedback is higher than at postpubertal  
545 age, and few Dyn cells were found in the ARC of the prepubertal OVX + E2 lambs. The  
546 estrogen-dependent enhancement of PVN Dyn tone might be involved in the prepubertal  
547 suppression of LH release in ewes. The results of Goodman et al. (61) suggested that Dyn  
548 neurons mainly mediate negative feedback effect of progesterone on GnRH/LH pulses by  
549 affecting GnRH neurons in sheep. In this context, Dyn (probably originated from the PVN)-  
550 KOR (probably in the ARC KNDy neurons and GnRH neurons) signaling may be involved in  
551 negative feedback effect of sex steroids in ruminants as well as rodents. Further studies are  
552 required to address this issue.

553 In the present study, *fos* mRNA expression was also abundantly found in non-Dyn cells in  
554 the PVN as well in iv or 4V 2DG-treated rats, suggesting that the malnutrition signals from  
555 peripheral and the 4V activated other PVN neurons in addition to the Dyn neurons. Considering  
556 the following previous studies, the activated non-Dyn PVN neurons would be CRH neurons:  
557 CRH neurons are suggested to mediate malnutrition-induced suppression of LH pulses, since  
558 a central administration of a CRH antagonist blocked the suppression of LH pulses induced by  
559 fasting or peripheral 2DG administration in female rats (18,19). In addition, a central CRH  
560 antagonism blocked LH pulse suppression induced by the PVN noradrenaline administration  
561 in OVX + low E2 rats (62). As for the ARC *fos*-positive non-Dyn cells increased by the 4V  
562 2DG treatment, a part of them might be neuropeptide Y (NPY) neurons because ARC NPY  
563 neuron is known as an orexigenic neuron (63) and the 4V 2DG administration increased food  
564 intake. It is reported that the NPY mRNA level was increased by both acute food deprivation  
565 and chronic food restriction in rats ARC (63) and administration of NPY to the 3V decreases  
566 plasma LH concentration in rats, suggesting the possibility that the ARC NPY neurons would  
567 be also involved in suppression of reproductive function during malnutrition (64). Taken  
568 together with the present study, these findings suggest that both Dyn and CRH neurons

569 originated from the PVN and NPY neurons originated from the ARC might be involved in the  
570 LH pulse suppression during malnutrition.

571 The present study showed that central KOR antagonism failed to affect the glucoprivic  
572 increase in blood glucose concentrations in both iv or 4V 2DG-treated female rats. Thus, it is  
573 unlikely that Dyn-KOR signaling is involved in the counter-regulatory gluconeogenesis in  
574 response to glucoprivation. In other words, central Dyn-KOR signaling specifically mediates  
575 glucoprivic suppression of GnRH/LH pulses, but not glucoprivic regulation of blood glucose  
576 concentrations. This is in agreement with the work of Tudurí and colleagues (65), showing that  
577 an administration of a KOR agonist into the lateral cerebral ventricle failed to affect blood  
578 glucose levels at glucose tolerance test in mice. Additionally, the glucoprivation by peripheral  
579 administration of 2DG induced an increase in plasma corticosterone level in male rats as shown  
580 by Sun et al. (66), suggesting that a glucoprivic increase in gluconeogenesis could be mediated  
581 by CRH signaling rather than Dyn-KOR signaling.

582 Concerning the feeding after the 2DG treatment, the central KOR antagonist administration  
583 failed to show a significant effect on food intake in the presence or absence of peripheral/central  
584 2DG, suggesting that Dyn neurons are unlikely involved in the central regulation of feeding  
585 during glucoprivation. There are controversial reports on a role of Dyn neurons in regulation  
586 of feeding: a central Dyn injection significantly increased food intake in male rats (67),  
587 suggesting a stimulatory role of Dyn neurons in feeding behavior. Interestingly, the response  
588 of Dyn neurons to energetic stimuli varies in a nucleus-dependent manner: Food restriction  
589 increased the number of Dyn-immunoreactive cells in the nucleus accumbens, bed nucleus of  
590 stria terminalis, lateral hypothalamus, medial preoptic area, and medial hypothalamus, but  
591 reduced the number in the central nucleus of amygdala (68); acute food deprivation as well as  
592 chronic food restriction caused a reduction of Dyn levels in the hypothalamus (69). Further  
593 studies are required to clarify the role of Dyn neurons in controlling feeding.

594 In conclusion, the present study demonstrates that the Dyn neurons, which most probably  
595 originate from the PVN, mediate the suppression of pulsatile LH secretion during central and  
596 peripheral glucoprivation in female rats. Further, it is likely that the Dyn neurons, at least in  
597 part, directly suppress KNDy neurons via KOR expressed in the neurons and consequently  
598 suppress pulsatile GnRH/LH release.

599

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605

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819

820 **Figure legend**

821 **Figure 1.** Effects of central administration of nor-binaltorphimine (nor-BNI), a kappa opioid  
822 receptor antagonist, on the suppression of luteinizing hormone (LH) pulses induced by  
823 peripheral (intravenous, iv) injection of 2-deoxy-D-glucose (2DG) in estradiol-17 $\beta$  (E2)-  
824 treated ovariectomized (OVX + low E2) rats. Plasma LH profiles in representative OVX + low  
825 E2 rats, which were treated with the third ventricle (3V) injection of nor-BNI (or vehicle) and  
826 iv injection of 2DG (or xylose) (A). The 3V nor-BNI or vehicle (timing indicated by arrows)  
827 was injected just before the iv 2DG (or xylose) injection and blood samples were collected  
828 every 6 min for 3 h. Arrowheads indicate the peaks of LH pulses identified by the PULSAR  
829 computer program. The mean plasma LH concentrations (B), the frequency (C) and amplitude  
830 (D) of LH pulses in each group. Values are means  $\pm$  SEM. The numbers in each column indicate  
831 the number of animals used. \* Significant main effect of nor-BNI (3V) treatment ( $P < 0.05$ ,  
832 two-way ANOVA). † Significant main effect of 2DG (iv) treatment ( $P < 0.05$ , two-way  
833 ANOVA). ‡ Significant difference between 2DG (iv)- and xylose (iv)-treated rats within  
834 vehicle (3V)-injected groups ( $P < 0.05$ , the simple main effect of the two-way ANOVA). §  
835 Significant difference between nor-BNI (3V)- and vehicle (3V)-injected rats within 2DG (iv)-  
836 or xylose (iv)-treated groups ( $P < 0.05$ , the simple main effect of the two-way ANOVA).

837

838 **Figure 2.** Effects of 3V administration of nor-BNI on the suppression of LH pulses induced by  
839 4V 2DG treatment in OVX + low E2 rats. Plasma LH profiles in representative OVX + low E2  
840 rats, which were injected with nor-BNI (or vehicle) in the 3V and infused with 2DG (or xylose)  
841 into the fourth ventricle (4V) for the first 60 min (A). The nor-BNI or vehicle (arrows) were  
842 injected into the 3V just before the onset of the 4V 2DG (or xylose) infusion. The gray colored  
843 area indicates the duration of 2DG (or xylose) infusion into the 4V. The mean plasma LH

844 concentrations (B), and the frequency (C) and amplitude (D) of LH pulses in each group. Values  
845 are means  $\pm$  SEM. \* Significant main effect of nor-BNI (3V) treatment ( $P < 0.05$ , two-way  
846 ANOVA). See Fig. 1 for details.

847

848 **Figure 3.** Effects of the 3V nor-BNI administration on plasma glucose levels and food intake  
849 after the iv or 4V treatment of 2DG in OVX + low E2 rats. Changes in the mean plasma glucose  
850 concentrations in OVX + low E2 rats bearing the 3V nor-BNI (or vehicle) and iv 2DG (or  
851 xylose) injection at onset of the blood sampling (A). Changes in the mean plasma glucose  
852 concentration in OVX + low E2 rats bearing the 3V nor-BNI (or vehicle) injection and 4V 2DG  
853 (or xylose) infusion for the first 1 h (B). \* Significant difference between 2DG- and xylose-  
854 treated groups within iv (A) or 4V (B) 2DG/xylose-treated groups ( $P < 0.05$ , the simple main  
855 effect of the three-way ANOVA). The area under the curve (AUC) of plasma glucose  
856 concentrations for 3 h after iv injection of 2DG or xylose (C) or after 4V infusion of 2DG or  
857 xylose (D) in the rats treated with 3V nor-BNI or vehicle. Amount of food intake in OVX +  
858 low E2 rats bearing the 3V nor-BNI (or vehicle) and iv or 4V 2DG (or xylose) treatment (E,  
859 F). Food intake of each group was measured for 0.5 h just after the 3-h blood sampling period  
860 for plasma LH and glucose analysis. Values are means  $\pm$  SEM. The numbers in each column  
861 indicate the number of animals used. † Significant main effect of 2DG treatment ( $P < 0.05$ ,  
862 two-way ANOVA).

863

864 **Figure 4.** Effect of iv 2DG administration on *fos* and dynorphin A gene (*Pdyn*) mRNA  
865 expression in the hypothalamic nuclei, such as the paraventricular nucleus (PVN), arcuate  
866 nucleus (ARC) and supraoptic nucleus (SON) of OVX + low E2 rats. *Pdyn* and *fos* expression  
867 in the hypothalamus was determined by double ISH. *Pdyn*-expressing (green) and *fos*-  
868 expressing cells (magenta) in the PVN (A), ARC (B) and SON (C) of representative OVX +

869 low E2 rats at 1 h after the iv 2DG or xylose injection. The insets indicate *fos* expression in the  
870 *Pdyn*-expressing cells indicated by white arrowheads at higher magnification. Scale bars, 100  
871 µm. The number of *Pdyn*-expressing cells with (green and magenta column) or without (green  
872 column) *fos* expression and the number of *fos*-expressing cells with (green and magenta  
873 column) or without (magenta column) *Pdyn*-expression in the PVN (D), ARC (E) and SON (F).  
874 Schematic illustrations of the hypothalamic nuclei showing the position of representative  
875 photomicrographs for each nucleus (G). Values are means ± SEM. Open circles indicate the  
876 individual data points of the total number of *Pdyn*-positive cells (left columns) and *fos*-positive  
877 cells (right columns). Solid circles indicate the individual data points of the *Pdyn*- and *fos*-  
878 positive cells (left columns) and *fos*-positive and *Pdyn*-negative cells (right columns) in each  
879 nucleus. n=3 for each group. \* Significant difference in the number of *Pdyn*-expressing cells  
880 with *fos*-expression between iv 2DG- and xylose-injected rats ( $P < 0.05$ , Welch *t*-test). †  
881 Significant difference in the total number of *fos*-expressing cells between iv 2DG- and xylose-  
882 injected rats ( $P < 0.05$ , Welch *t*-test). § Significant difference in the number of *fos*-expressing  
883 *Pdyn*-negative cells between iv 2DG- and xylose-injected rats ( $P < 0.05$ , Welch *t*-test). No  
884 significant difference was found in the number of *Pdyn*-expressing cells between iv 2DG and  
885 xylose-injected rats in any nuclei.

886

887 **Figure 5.** Effect of 4V 2DG administration on *fos* and *Pdyn* mRNA expression in the PVN,  
888 ARC and SON of OVX + low E2 rats. *Pdyn*-expressing (green) and *fos*-expressing cells  
889 (magenta) in the PVN (A), ARC (B) and SON (C) in representative OVX + low E2 rats infused  
890 with 2DG or xylose into the 4V for 1 h. The insets indicate *Pdyn*-expressing cells indicated by  
891 white arrowheads at higher magnification. Scale bars, 100 µm. The number of *Pdyn*-expressing  
892 cells with (green and magenta column) or without (green column) *fos*-expression and the  
893 number of *fos*-expressing cells with (green and magenta column) or without (magenta column)

894 *Pdyn*-expression in the PVN (D), ARC (E) and SON (F). Values are means  $\pm$  SEM. Open circles  
895 indicate the individual data points of the total number of *Pdyn*-positive cells (left columns) and  
896 *fos*-positive cells (right columns). Solid circles indicate the individual data points of the *Pdyn*-  
897 and *fos*-positive cells (left columns) and *fos*-positive and *Pdyn*-negative cells (right columns)  
898 in each nucleus. n=4 for each group. \* Significant difference in the number of *Pdyn*-expressing  
899 cells with *fos* expression between 4V 2DG- and xylose-infused rats ( $P < 0.05$ , Welch *t*-test). †  
900 Significant difference in the total number of *fos*-expressing cells between 4V 2DG- and xylose-  
901 infused rats ( $P < 0.05$ , Welch *t*-test). § Significant difference in the number of *fos*-expressing  
902 *Pdyn*-negative cells between 4V 2DG- and xylose-infused rats ( $P < 0.05$ , Welch *t*-test). No  
903 significant difference was found in the number of *Pdyn*-expressing cells between 4V 2DG and  
904 xylose-infused rats in any nuclei. See Fig. 4 for details.

905

906 **Figure 6.** Expression of *Kiss1* mRNA and intensity of kisspeptin immunoreactivity in the ARC  
907 in OVX + low E2 rats treated with the 4V 2DG (or xylose) infusion. *Kiss1* expression  
908 visualized by ISH (A) and kisspeptin immunoreactivity (B) in the ARC of representative OVX  
909 + low E2 rats infused with 2DG or xylose into the 4V for 1 h. The insets indicate *Kiss1*-  
910 expressing cells (black arrowheads) or kisspeptin-immunoreactive cell body and fibers (white  
911 arrowheads) at higher magnification. Intensity of *Kiss1* mRNA signals and kisspeptin  
912 immunoreactivity were determined by the ImageJ software. Scale bars, 100  $\mu$ m. The intensity  
913 of *Kiss1* mRNA signals, the number of *Kiss1*-expressing cells (C) and the intensity of  
914 kisspeptin immunoreactivity (D) in the ARC of the rats infused with 2DG or xylose into the  
915 4V. Values are means  $\pm$  SEM. Open circles indicate the individual data points in each group.  
916 n=4 for each group. The numbers in each column indicate the number of animals used. No  
917 significant difference was found in the intensity of *Kiss1* mRNA signals, the number of *Kiss1*-  
918 expressing cells and the intensity of kisspeptin immunoreactivity between 4V 2DG- or xylose-

919 infused groups (Welch *t*-test).

920

921 **Figure 7.** Expression of *Kiss1* and *Oprk1* (Dyn receptor gene) in the ARC of OVX + low E2  
922 rats determined by double ISH. *Kiss1*-expressing (green) and *Oprk1*-expressing cells  
923 (magenta) in the ARC of representative OVX + low E2 rats infused with xylose- or 2DG into  
924 the 4V (A). The insets indicate *Kiss1* and *Oprk1*-co-expressing cells (white arrowheads) at  
925 higher magnification. Scale bars, 100  $\mu$ m. The number of *Kiss1*-expressing cells with (green  
926 and magenta column), or without (green column) *Oprk1* expression in the ARC of the OVX +  
927 low E2 rats treated with 4V xylose or 2DG (B). Values are means  $\pm$  SEM. Open circles indicate  
928 the individual data points of the total number of *Kiss1*-positive cells and solid circles indicate  
929 the individual data points of the *Kiss1*- and *Oprk1*-positive cells in the ARC. n=4 for each  
930 group. The number in each column indicates the number of animals used.

931

932 **Figure 8.** Effect of negative feedback level of E2 treatment on hypothalamic *Pdyn* expression  
933 in OVX rats. *Pdyn*-expressing cells in the PVN (A), ARC (B) and SON (C) in representative  
934 OVX and OVX + low E2 rats. The insets indicate *Pdyn*-expressing cells (black arrowheads) at  
935 higher magnification. The E2 treatment increased the intensity of *Pdyn* mRNA signals and the  
936 number of *Pdyn*-expressing cells in the PVN (D), but not in the ARC (E) and SON (F) of OVX  
937 rats. Scale bars, 100  $\mu$ m. Values are means  $\pm$  SEM. Open circles indicate individual data points  
938 in each group. n=3 for each group. The numbers of each column indicate the number of animals  
939 used. \* Significant difference between OVX and OVX + low E2 rats ( $P < 0.05$ , Welch *t*-test).

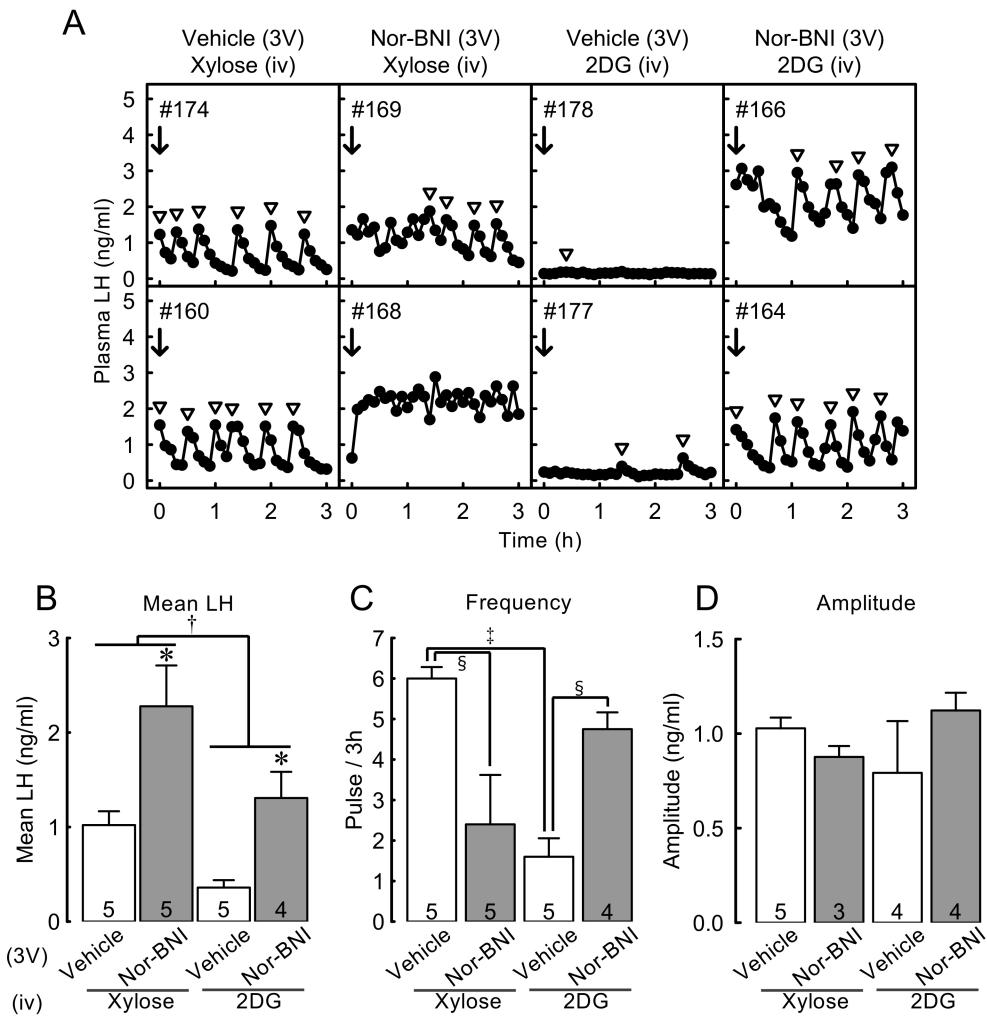


Figure 1. Tsuchida *et al.*

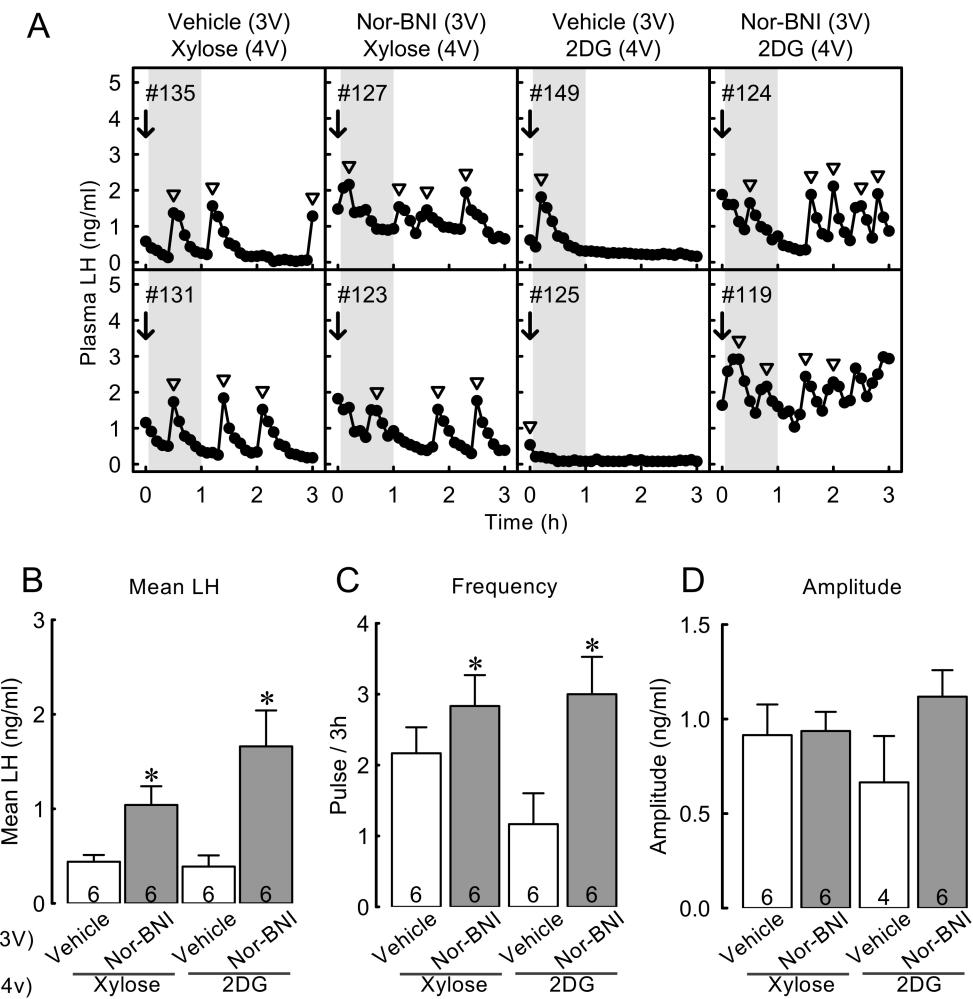


Figure 2. Tsuchida *et al.*

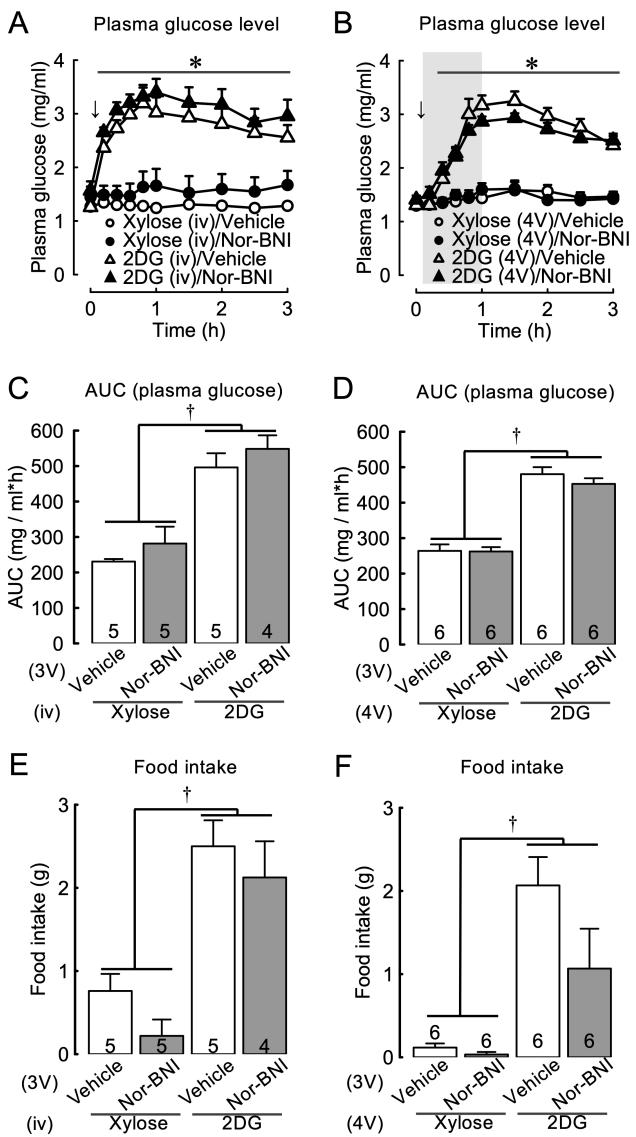


Figure 3. Tsuchida *et al.*

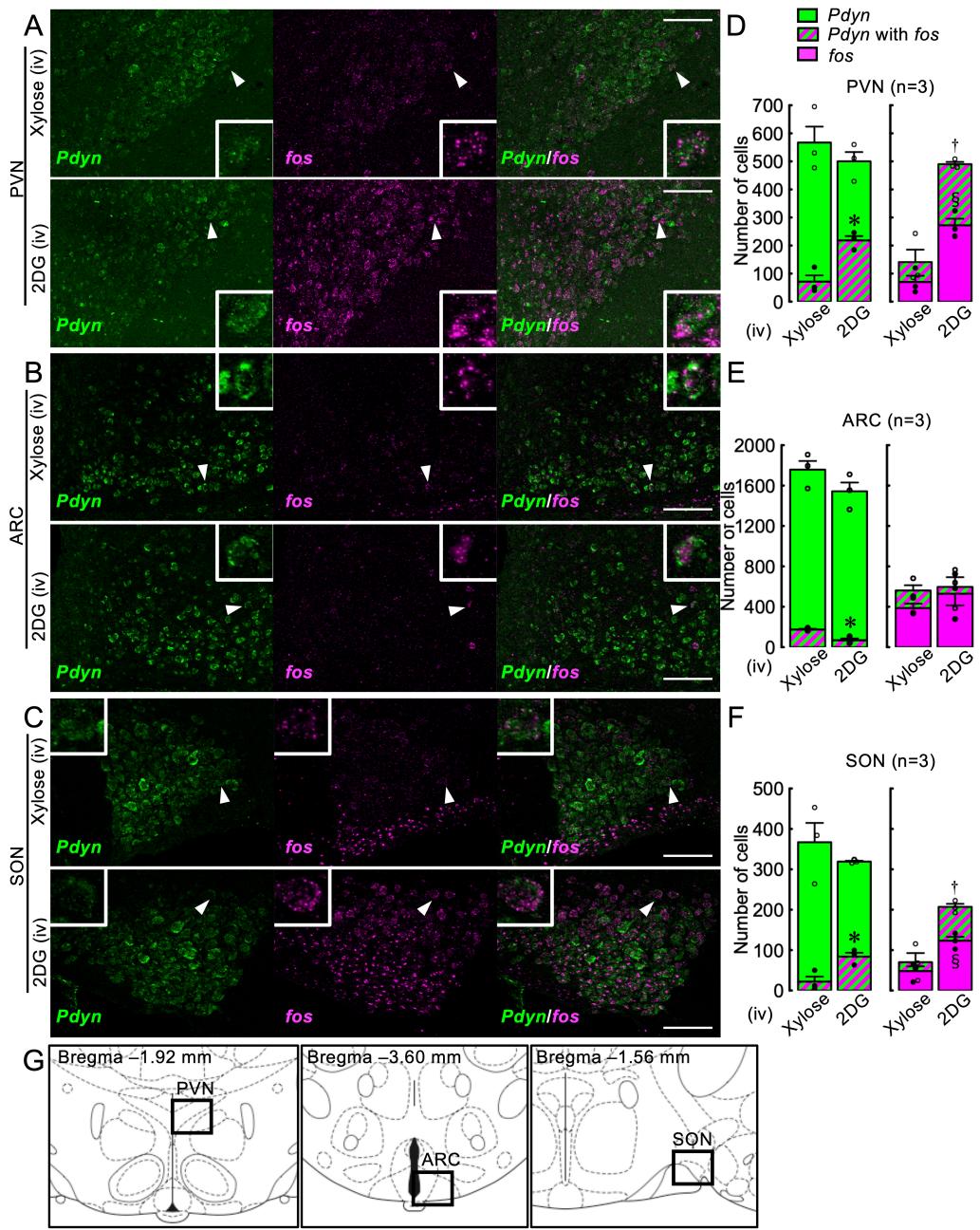


Figure 4. Tsuchida *et al.*

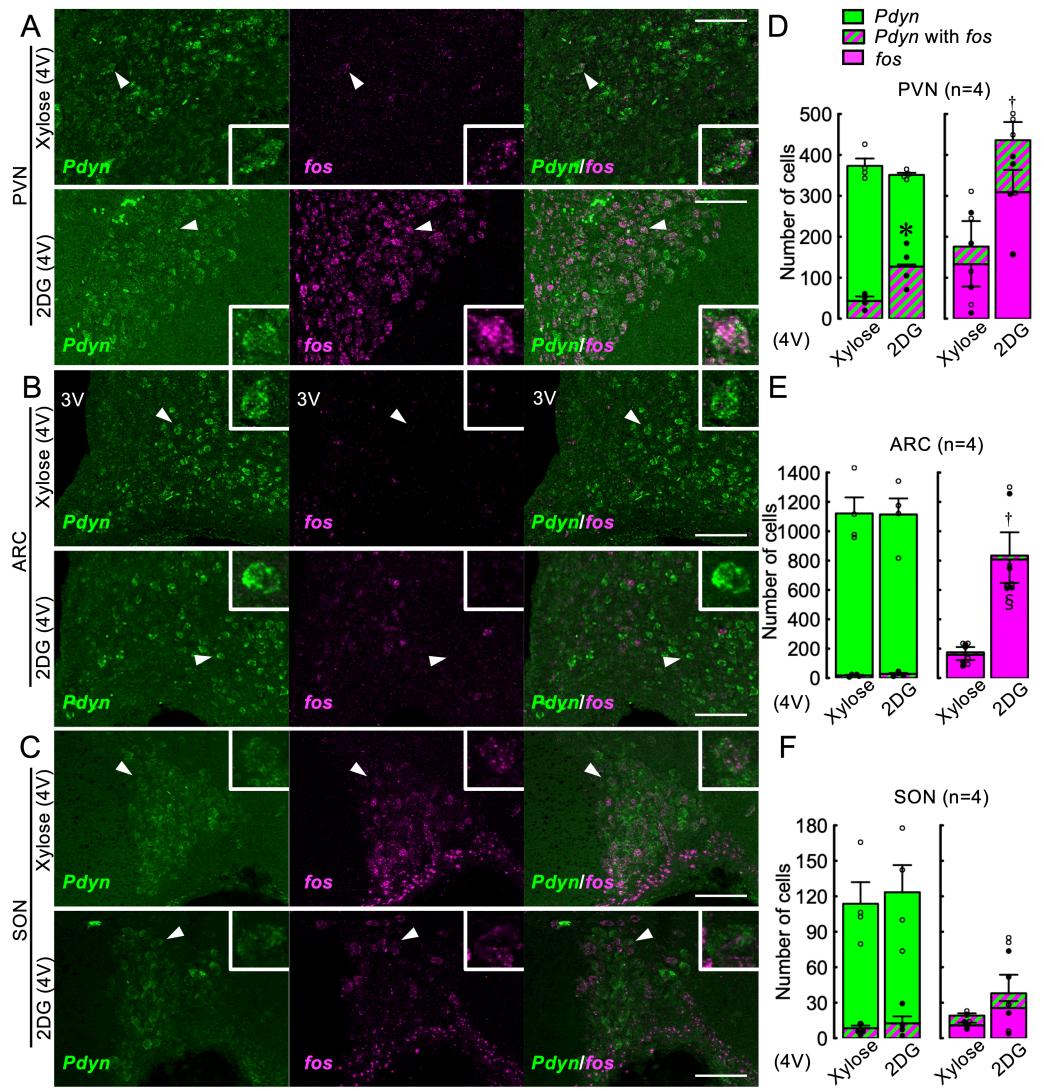


Figure 5. Tsuchida *et al.*

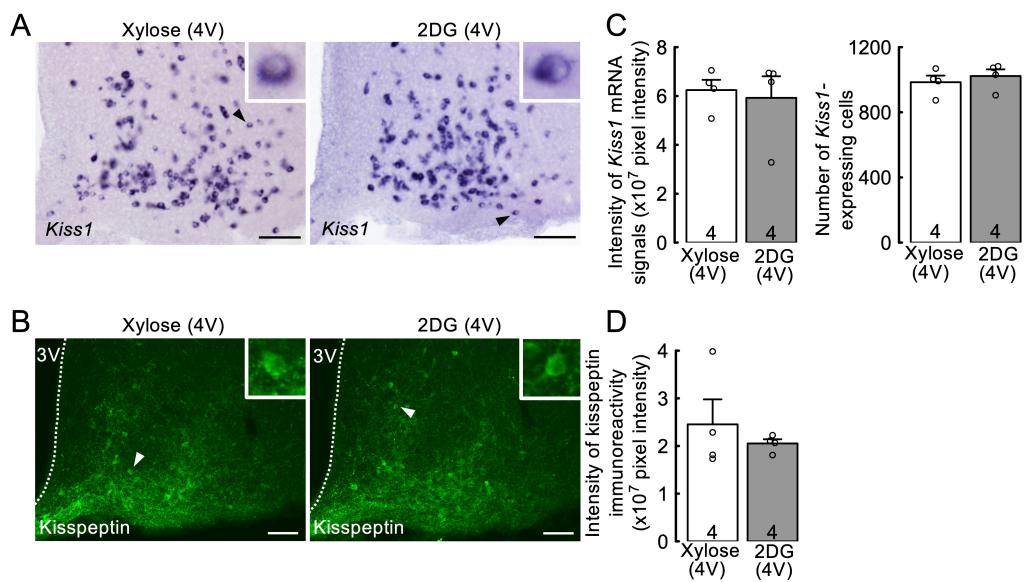


Figure 6. Tsuchida *et al.*

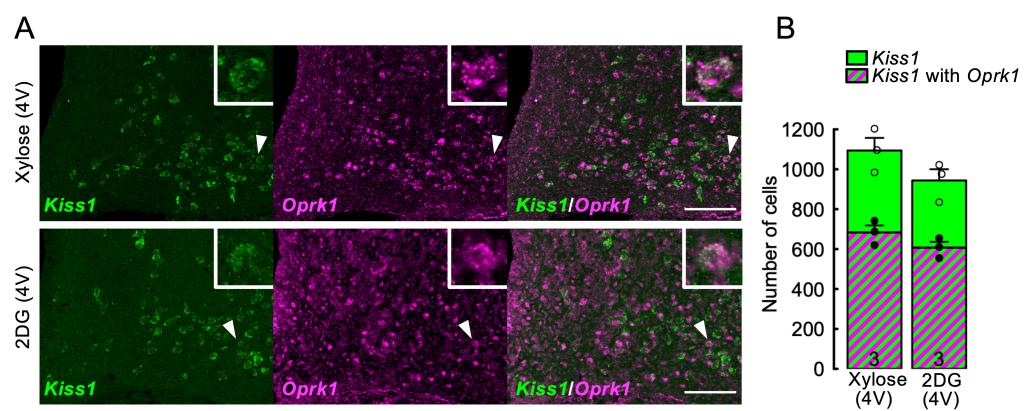


Figure 7. Tsuchida *et al.*

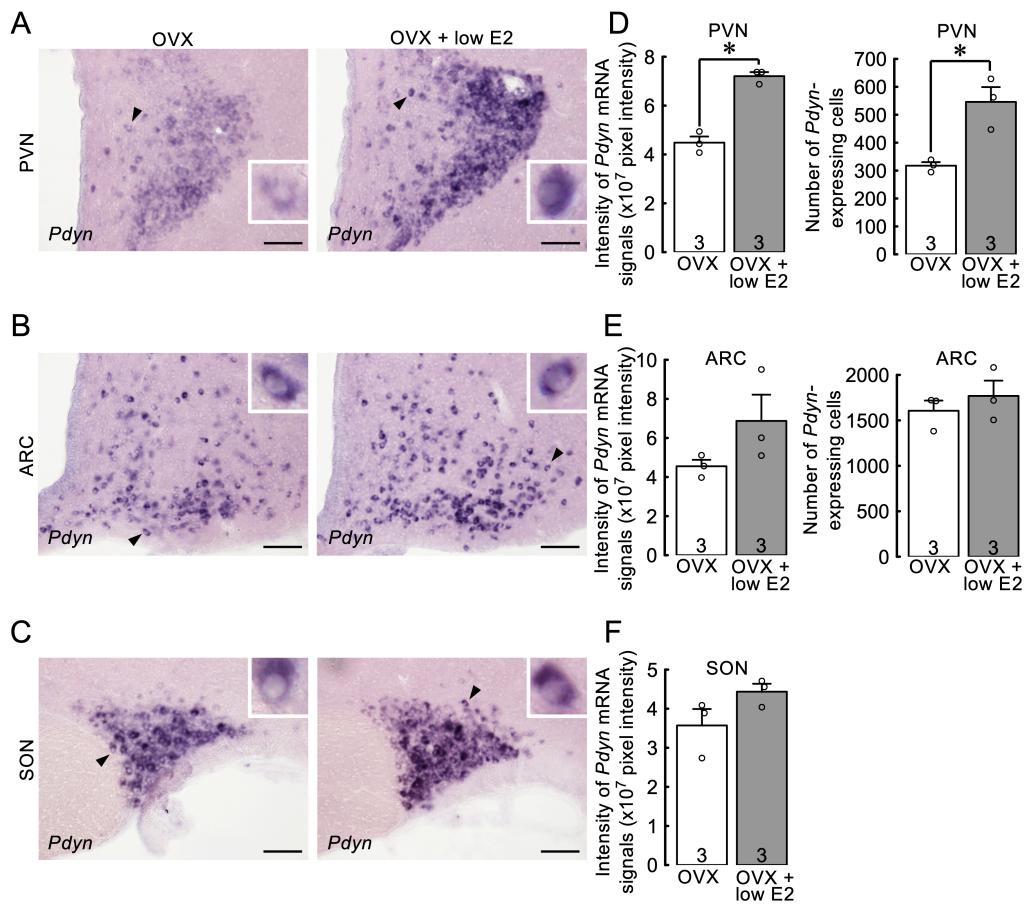


Figure 8. Tsuchida *et al.*