

EGFR Mutation Impact on Definitive Concurrent Chemoradiation Therapy for Inoperable Stage III Adenocarcinoma

Kosuke Tanaka, MD,*† Toyoaki Hida, MD, PhD,* Yuko Oya, MD,* Tomoyo Oguri, MD, PhD,* Tatsuya Yoshida, MD,* Junichi Shimizu, MD, PhD,* Yoshitsugu Horio, MD, PhD,* Akito Hata, MD,‡ Reiko Kaji, MD,‡ Shiro Fujita, MD, PhD,‡ Yoshitaka Sekido, MD, PhD,† Takeshi Kodaira, MD, PhD,§ Masaki Kokubo, MD, PhD,|| Nobuyuki Katakami, MD, PhD,‡ and Yasushi Yatabe, MD, PhD¶

Background: Concurrent chemoradiation therapy (CRT) is the current standard of care for patients with locally advanced lung adenocarcinoma; however, little has been reported about the impact of *epidermal growth factor receptor* (*EGFR*) mutation on CRT efficacy.

Methods: From 2006 to 2013, we retrospectively screened 104 unresectable stage III adenocarcinoma patients who were examined for *EGFR* mutation status and received definitive concurrent CRT consisting of platinum doublet chemotherapy in first-line setting and compared the clinical outcomes and recurrence patterns according to mutation status.

Results: Among 104 patients, *EGFR* mutation was detected in 29 (28%). The overall response rate did not differ between *EGFR*-mutant and wild-type patients (72.4% versus 72.0%, $p = 0.607$). The median progression-free survival in concurrent CRT was significantly shorter in *EGFR*-mutant patients than in wild-type patients (9.8 [95% confidence interval, CI: 7.6–19.0] versus 16.5 [95% CI: 11.8–19.9] months, $p = 0.041$). The 2-year recurrence-free survival rate was 7.7% and 28.1% in *EGFR*-mutant and wild-type patients, respectively ($p = 0.028$). Distant metastases were more frequently identified as the first recurrence site in *EGFR*-mutant patients than in wild-type patients (76% versus 40%, $p = 0.001$). The brain was the most often affected site in *EGFR*-mutant patients (35%). However, locoregional recurrence was less common in *EGFR*-mutant patients than in the wild-type population (14% versus 35%, $p = 0.027$). Overall survival was similar between *EGFR*-mutant and wild-type patients (51.1 [95% CI: 28.2–70.2] versus 42.9 [95% CI: 35.3 to not

available] months, $p = 0.637$). Among the *EGFR* wild-type population who were examined for *Kras* mutation, *Kras*-mutant patients had significantly worse overall survival than *Kras* wild-type patients (21.6 versus 49.8 months, $p = 0.024$).

Conclusion: Concurrent CRT resulted in shorter progression-free survival in *EGFR*-mutant stage III adenocarcinoma patients than in wild-type patients, mainly because of distant metastasis relapse, regardless of better local control. Because of these distinct biological features, a different strategy, including *EGFR*-tyrosine kinase inhibitors for *EGFR*-mutant locally advanced adenocarcinoma patients receiving definitive CRT may be needed.

Key Words: *EGFR* mutation, Lung adenocarcinoma, Chemoradiation therapy, Locally advanced NSCLC.

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Lung cancer remains the leading cause of cancer-related deaths worldwide, and non—small-cell lung cancer (NSCLC) accounts for approximately 85% of all lung cancers.¹ About one-third of patients present with locally advanced (stage III) NSCLC, the majority of whom have unresectable bulky disease or extensive mediastinal lymphadenopathy, making curative treatment a challenge.² The current standard of care for patients with unresectable locally advanced NSCLC is concurrent chemoradiation therapy (CRT). However, most treated individuals develop disease recurrence, with the 5-year survival rate being less than 20%.^{3–5}

The discovery of somatic mutations in the tyrosine kinase domain of epidermal growth factor receptor (*EGFR*) was a paradigm shift in the understanding of the relevance of lung cancer molecular biology to therapeutic strategy and identified a subset of patients with a unique susceptibility to *EGFR*-specific tyrosine kinase inhibitors (TKIs).^{6–8} Several pivotal phase III trials have shown that first-line treatment with *EGFR*-TKIs, rather than chemotherapy, conferred a progression-free survival (PFS) and quality of life benefit in patients with metastatic NSCLC harboring *EGFR* mutations.^{9–12} However, in locally advanced setting, the impact of targeted therapies and the responsiveness of *EGFR*-mutant tumors to CRT have not been established.

*Department of Thoracic Oncology, Aichi Cancer Center Hospital, Nagoya, Japan; †Division of Molecular Oncology, Aichi Cancer Center Research Institute, Nagoya, Japan; ‡Division of Integrated Oncology, Institute of Biomedical Research and Innovation, Kobe-City, Hyogo, Japan; §Department of Radiation Oncology, Aichi Cancer Center Hospital, Nagoya, Japan; ||Department of Radiation Oncology, Kobe City Medical Center General Hospital, Kobe-city, Hyogo, Japan; and ¶Department of Pathology and Molecular Diagnostics, Aichi Cancer Center Hospital, Nagoya, Japan.

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Address for correspondence: Kosuke Tanaka, MD, Department of Thoracic Oncology, Aichi Cancer Center, 1-1 Kanokoden, Chikusa-ku, Nagoya 464-8681, Japan. E-mail: kosuke624t@gmail.com

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In the present retrospective study, we examined the frequency of *EGFR* mutations among patients with locally advanced lung adenocarcinoma. We also compared the clinical outcomes in concurrent CRT and the recurrence pattern according to mutation status.

PATIENTS AND METHODS

Patients and *EGFR* Analysis

In this retrospective study, we screened the consecutive cases of 113 inoperable stage III adenocarcinoma patients who received definitive concurrent CRT consisting of platinum doublet chemotherapy in first-line setting at Aichi Cancer Center Hospital or Institute of Biomedical Research and Innovation between 2006 and 2013. A total of 104 patients (92%) were examined for *EGFR* mutations by the peptide nucleic acid-locked nucleic acid polymerase chain reaction clamp method or the cyclecleave polymerase chain reaction method. The remaining nine patients (8%) could not be examined for *EGFR* mutation because they underwent small biopsies. Histological diagnosis was carried out according to the World Health Organization classification. A computed tomography (CT) scan was performed for tumor assessment within 2 months before initiating treatment and was repeated every 2 to 4 months. Enhanced magnetic resonance imaging was performed for central nervous system metastasis assessment within 2 months before initiating treatment and was repeated every 3 to 6 months. Positron emission tomography (PET)-CT was also performed for the initial assessment of hilar/mediastinal lymph node or bone metastases. Clinical responses were defined according to Response Evaluation Criteria in Solid Tumors 1.1. Response was confirmed at least 4 weeks (for a complete or partial response) or 6 weeks (for stable disease) after the first documentation.

Statistical Analysis

Statistical analyses were performed using the JMP statistical software program (9th version, SAS Institute Inc., Cary, NC) to compare clinical outcomes according to *EGFR* mutation status. Comparisons of means and proportions were based on the unpaired *t* test and Fisher's exact test, respectively. Survival curves were estimated by the Kaplan-Meier method, and the differences between the two groups were compared with the log-rank test. PFS was calculated from the date of initiation of concurrent CRT to either the date of recurrence or the date of last contact. Overall survival (OS) was defined as the interval from the date of initiation of concurrent CRT to the date of death from any cause, or the last follow-up. All tests were two-sided, and a *p* value of less than 0.05 was considered significant.

RESULTS

Patient Characteristics

The clinical characteristics of the 104 patients are shown in Table 1. Sixty-four patients (62%) were female, and 26 (25%) were never-smokers, with an age range of 40 to 77 years (median, 62 years). Forty-seven patients (45%) were diagnosed as stage IIIA, and 57 (55%) were stage IIIB.

Forty-six patients (44%) had a performance status (PS) of 0, and 58 (56%) had a PS of 1.

Magnetic resonance imaging of brain was performed on almost all the patients (98%). It was similar in *EGFR*-mutant and wild-type groups (100% and 97%). The timing was also comparable; the median time before treatment was 16 days (95% confidence interval [CI]: 6–31) and 15 days (95% CI: 9–22), respectively. Ninety-one percent of the patients were evaluated with PET-CT before treatment. It was comparable between the two groups (90% and 92%).

Treatment

All patients received 56 to 74 Gy of thoracic radiation therapy concurrently with platinum doublet chemotherapy. Ninety-one patients (87.5%) were irradiated with 60 Gy total delivered in 30 times. There was no significant distribution in both groups as for radiation doses; 27 (93%) and 63 (84%) patients received 60 Gy irradiation in *EGFR*-mutant and wild-type groups, respectively. There were no discontinuations because of radiation side effects. Chemotherapy regimens are shown in Table 1; 54 patients (52%) received carboplatin (CBDCA) and paclitaxel (PTX), 35 (34%) received cisplatin and vinorelbine, and 15 (14%) received other regimens concurrently with radiotherapy. The distribution was comparable between the two groups. No patient received induction or salvage surgery throughout the treatment courses.

Frequency of *EGFR* Mutation

Twenty-nine patients (28%) were *EGFR*-mutated, and 75 (72%) were wild type. Among *EGFR*-mutant patients, 20 patients (69%) were female, and 18 patients (62%) were never-smokers. Thirteen patients (45%) were stage IIIA, and 16 (55%) had a PS of 0. Sixteen patients (55%) had exon 19 deletion, 10 (35%) had L858R, and 3 (10%) had other minor mutations (one with G719S in exon 18 and two with exon 20 insertion). Table 2 shows the distribution of tumor, node, metastasis classification according to *EGFR* mutation status. The *EGFR*-mutant population had the distribution tendency toward smaller T stages compared with the wild-type population.

Tumor Response and Progression-Free Survival

The overall response rate (ORR) was 72.1% for concurrent CRT, as shown in Table 3. There was no discrepancy in the clinical responses to CRT treatment between *EGFR*-mutant and wild-type patients (ORR, 72.4% versus 72.0%, *p* = 0.607).

Seventy-seven patients (74%) developed tumor recurrence after definitive CRT. The median PFS in concurrent CRT was significantly shorter in *EGFR*-mutant patients than in wild-type patients (9.8 [95% CI: 7.6–19.0] versus 16.5 [95% CI: 11.8–19.9] months, *p* = 0.041), as demonstrated in Figure 1A. The 2-year recurrence-free survival rate was also worse in *EGFR*-mutated patients compared with that in wild-type patients (7.7% and 28.1%, *p* = 0.028, Fig. 1A).

Recurrence Patterns

Table 4 shows recurrence patterns according to *EGFR* mutation status. Among 29 *EGFR*-mutant patients, tumor

TABLE 1. Comparison of Patient Characteristics (n = 104)

Characteristics	Total, n = 104	EGFR Mutant, n = 29	Wild Type, n = 75
Age, median (range)	62 (40–77)	62 (51–77)	62 (40–74)
Sex, n (%)			
Male	64 (62)	9 (31)	55 (73)
Female	40 (38)	20 (69)	20 (27)
Smoking history, n (%)			
Never	26 (25)	18 (62)	8 (11)
Former/current	78 (75)	11 (38)	67 (89)
Stage, n (%)			
IIIA	47 (45)	13 (45)	34 (45)
IIIB	57 (55)	16 (55)	41 (55)
PS, n (%)			
0	46 (44)	16 (55)	30 (40)
1	58 (56)	13 (44)	45 (60)
Radiation dose (Gy), median (range)	60 (54–74)	60 (60–66)	60 (54–74)
Chemotherapy, n (%)			
CBDCA + PTX	54 (52)	13 (44)	41 (55)
CDDP + VNR	35 (34)	9 (31)	26 (35)
CDDP + DTX	4 (4)	3 (10)	1 (1)
CDDP + S-1	4 (4)	2 (7)	2 (3)
Others ^a	7 (7)	2 (7)	5 (7)
EGFR mutation, n (%)			
Exon 19 deletion	16 (15)	16 (55)	—
L858R	10 (10)	10 (35)	—
Others ^b	3 (3)	3 (10)	—

^aThree with cisplatin + pemetrexed, three with cisplatin + irinotecan, and one with carboplatin + vinorelbine.

^bOne with G719S in exon 18 and two with exon 20 insertion.

PS, performance status; EGFR, epidermal growth factor receptor; CBDCA, carboplatin; PTX, paclitaxel; CDDP, cisplatin; VNR, vinorelbine; DTX, docetaxel.

recurrence was identified in 24 patients (83%), whereas 53 out of 75 wild-type patients (71%) had tumor recurrence. Distant metastases were more frequently identified as the first recurrence site in *EGFR*-mutant patients than in wild-type patients (76% versus 40%, $p = 0.001$). The brain was the most

individually affected site in *EGFR*-mutant patients (35%, Fig. 2). On the other hand, locoregional recurrence was less common in *EGFR*-mutant patients than in wild-type patients (14% versus 35%, $p = 0.027$).

Overall Survival

After a median follow-up of 35.0 months, 46 patients (44%) had died. As shown in Figure 1B, no difference was found in OS according to *EGFR* mutation status (51.1 [95% CI: 28.2–70.2] versus 42.9 [95% CI: 35.3 to NA] months, $p = 0.637$). The impact of *Kras* mutations among *EGFR* wild-type population was also evaluated. Fifty-two out of 75 *EGFR* wild-type patients were examined for *Kras* mutations, and seven (13.5%) were positive. Although there was no difference in PFS (17.9 versus 13.1 months, $p = 0.773$), *Kras*-mutant patients had significantly worse OS compared with wild-type patients, as shown in Figure 3 (21.6 [95% CI: 7.6 to NA] versus 49.8 [95% CI: 35.3 to NA] months, $p = 0.024$).

The Outcomes in *Kras*-Mutant Patients

Of seven *Kras*-mutant patients, five were male, and all were current or former smoker, with an age range of 45 to 74 years (median, 68 years). Three patients were diagnosed as stage IIIA, and four were stage IIIB. Six patients had a PS of 1, and one had a PS of 0. Two patients received

TABLE 2. TNM Stage Distribution

Clinical Stage	EGFR Mutant, n = 29	Wild Type, n = 75
IIIA, n (%)	13 (45)	34 (45)
T1N2M0	3 (10)	8 (11)
T2N2M0	8 (29)	12 (16)
T3N1M0	0 (0)	0 (0)
T3N2M0	1 (3)	7 (9)
T4N0M0	0 (0)	4 (5)
T4N1M0	1 (3)	3 (4)
IIIB, n (%)	16 (55)	41 (55)
T1N3M0	6 (21)	12 (16)
T2N3M0	6 (21)	6 (8)
T3N3M0	0 (0)	4 (5)
T4N2M0	2 (7)	14 (19)
T4N3M0	2 (7)	5 (7)

TNM, tumor, node, metastasis; EGFR, epidermal growth factor receptor.

TABLE 3. Objective Response Rate (ORR)

RECIST	Total, n = 29	EGFR Mutant, n = 104	Wild Type, n = 75
Complete response, n (%)	6 (6)	2 (7)	4 (5)
Partial response, n (%)	69 (67)	19 (66)	50 (67)
Stable disease, n (%)	15 (14)	3 (10)	12 (16)
Progression disease, n (%)	0 (0)	0 (0)	0 (0)
Not evaluable, n (%)	14 (13)	5 (17)	9 (12)
ORR (%)	72.1	72.4	72.0

EGFR, epidermal growth factor receptor, RECIST, Response Evaluation Criteria in Solid Tumors.

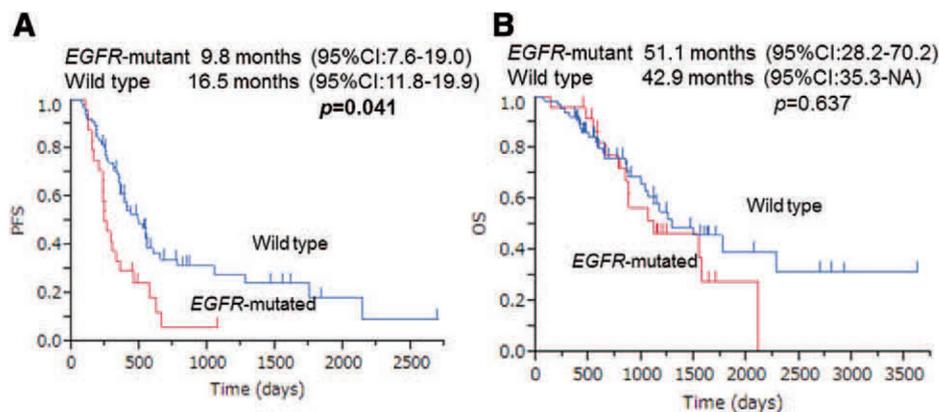


FIGURE 1. Kaplan–Meier survival curves of progression-free survival (PFS) (A) and overall survival (OS) (B) for concurrent chemoradiation therapy (CRT) according to epidermal growth factor receptor (EGFR) mutation status.

cisplatin and vinorelbine concurrently with irradiation, and five received CBDCA and PTX. Five patients had tumor recurrence after concurrent CRT; two were identified with brain metastases, two with bone metastases, and one with primary lesion recurrence and pulmonary metastases (data not shown).

The Efficacy of EGFR-TKIs Among EGFR-Mutant Patients After Relapse

Twenty-one (87.5%) out of 24 EGFR-mutant patients who relapsed after concurrent CRT received EGFR-TKIs. Two received erlotinib and 19 received gefitinib. All patients were treated with EGFR-TKIs as second line, and one patient experienced interstitial pneumonia. The median PFS for EGFR-TKIs was 8.3 months (95% CI: 5.5–14.8 months, Fig. 4).

TABLE 4. Recurrence Patterns According to EGFR Mutation

First Site of Recurrence	EGFR Mutant, n = 29	Wild Type, n = 75	P
Distant, n (%)	22 (76)	30 (40)	0.001
Brain	10 (35)	11 (15)	
Bone	5 (17)	4 (5)	
Others	13 (45)	22 (29)	
Locoregional, n (%)	4 (14)	26 (35)	0.027
Primary	3 (10)	15 (20)	
Lymphnodes	2 (7)	11 (15)	

EGFR, epidermal growth factor receptor.

DISCUSSION

This study on the impact of EGFR mutation on definitive CRT efficacy for inoperable stage III adenocarcinoma patients found that PFS was significantly shorter in EGFR-mutant patients than in wild-type patients (median PFS, 9.8 versus 16.5 months). In addition, EGFR-mutant, locally advanced adenocarcinomas were significantly more prone to development of distant metastases after definitive CRT among lung adenocarcinomas. To the best of our knowledge, this is the first cohort to elucidate these distinct clinical features of EGFR-mutant locally advanced adenocarcinoma patients receiving concurrent CRT. In the literature, two previous retrospective studies discussed the impact of EGFR mutation on definitive CRT efficacy for inoperable stage III adenocarcinoma patients.^{13,14} Both of these studies found better ORR and less locoregional recurrence in the EGFR-mutant population, without PFS difference.

Interestingly, there was significantly less relapse in radiation-treated local lesions as the first recurrence site in EGFR-mutant patients in this study. In vitro, EGFR-mutant NSCLC cell lines exhibit greater sensitivity to radiation.^{15,16} A potential mechanism for this greater radiosensitivity is the inability of mutant EGFR to translocate to the nucleus and interact with DNA-dependent protein kinase, a key component in repairing DNA.¹⁵ Several clinical studies recently reported that, in locally advanced NSCLC patients with EGFR mutation, the locoregional recurrence rate after radiotherapy was lower than in wild-type patients,^{13,14,17} and EGFR mutation was associated with a better response to CRT.¹⁸ Moreover, T stage was lower in EGFR-mutant populations than in wild type. This finding may also correlate with better local control. As mentioned

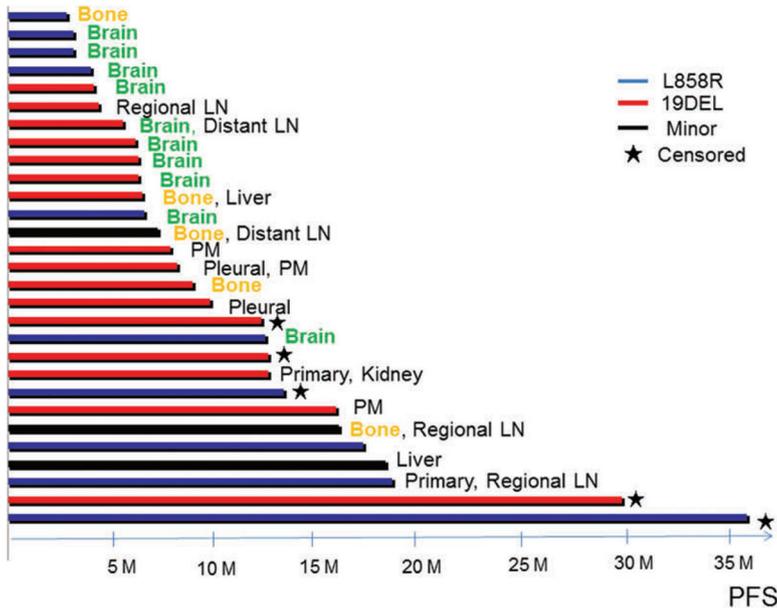


FIGURE 2. Recurrence patterns and progression-free survival (PFS) after concurrent chemoradiation therapy (CRT) in 29 epidermal growth factor receptor (EGFR)-mutant locally advanced adenocarcinoma patients.

above, two previous studies (demonstrating better ORR and less locoregional recurrence in EGFR-mutant populations) support these speculations.^{13,14}

Despite better local control, EGFR-mutant adenocarcinoma patients relapsed significantly more frequently with distant metastases (75.9%); the brain was the most affected site in EGFR-mutant patients. Akamatsu et al.¹³ also showed that brain metastases were most frequently observed among the EGFR-mutant population after definitive CRT in locally advanced setting. Moreover, a significant association between EGFR mutation and risk of brain metastases at the time of diagnosis¹⁹ and follow-up after curative resection²⁰ in adenocarcinoma was recently reported. Another study demonstrated that EGFR mutation was associated with more frequent distant relapse and worse 5-year PFS rate after neoadjuvant CRT followed by surgery in locally advanced mediastinoscopic N2-positive NSCLC.²¹ These findings are increasingly important for understanding the biological features of EGFR-mutant adenocarcinoma, taken together with the results of this study.

The 2-year recurrence-free survival rate was also significantly worse in EGFR-mutant, locally advanced adenocarcinoma (7.7% versus 28.1%, $p = 0.027$), although OS analysis

showed no difference between EGFR-mutant and wild-type adenocarcinomas. Certainly, EGFR-TKI treatments after recurrence may contribute, in some extent, to preventing disease progression. However, with respect to the curative rate, concurrent CRT with standard platinum doublet chemotherapy did not seem to deliver “definitive” care, especially for EGFR-mutant, locally advanced adenocarcinoma. Although EGFR-mutant group had more favorable factors (i.e., they were more females, more never-smokers, and had better PS as shown in Table 1), they did not perform better for concurrent CRT. Our finding of more frequent distant recurrence in EGFR-mutant patients suggests that systemic control is more important in locally advanced adenocarcinoma patients with EGFR mutations. To improve the outcome for these populations, different strategies will be needed to prevent distant metastatic progression. It remains uncertain when, how, and in which populations EGFR-TKIs should be administered in combination with CRT. Two clinical trials are ongoing to evaluate EGFR-TKIs as induction therapy: the Radiation Therapy Oncology Group 1306 trial and the Lung Oncology Group in Kyushu 0902 trial.

Among EGFR-wild-type locally advanced adenocarcinoma patients, Kras mutation was identified as a statistically

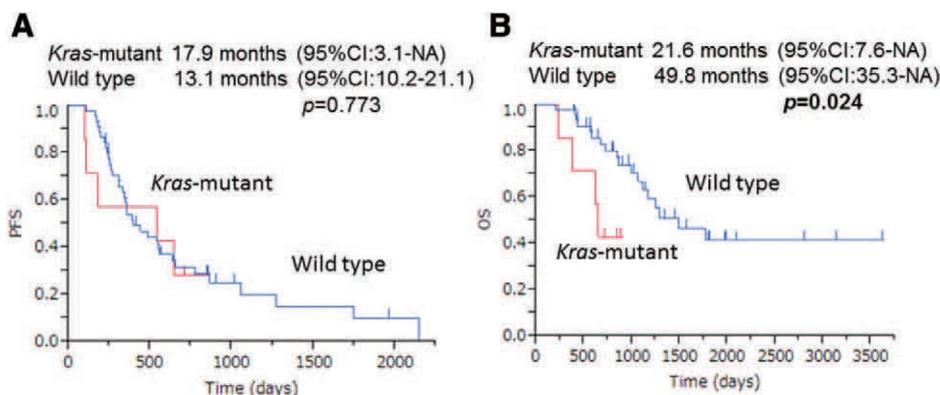


FIGURE 3. Kaplan–Meier survival curves of progression-free survival (PFS) (A) and overall survival (OS) (B) for concurrent chemoradiation therapy (CRT) among epidermal growth factor receptor (EGFR) wild-type patients according to Kras mutation status.

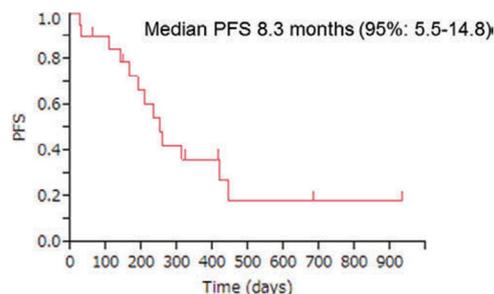


FIGURE 4. Kaplan–Meier survival curve of progression-free survival (PFS) for epidermal growth factor receptor (EGFR)-tyrosine kinase inhibitor (TKI) treatments after relapse in 24 EGFR-mutant patients.

significant prognostic factor, although not all patients were examined for *Kras* mutations. Previous reports have demonstrated that *Kras* mutations decrease the efficacy of chemotherapy and/or worsen survival time in advanced-stage NSCLC.^{22–24} *Kras*-mutant, locally advanced adenocarcinomas may also have distinct biological features other than those of EGFR-mutant or double-negative adenocarcinomas, so further studies are warranted to understand the biological impact of each oncogene.

This study had several limitations; First, it was a retrospective design. ORR and PFS are very soft endpoints, and the interval for the restaging imaging was highly variable, representing a bias for PFS assessment. Second, the clinical indication for surgery (combined with induction chemotherapy/radiotherapy) or concurrent CRT in stage III NSCLC considerably differs according to the institute or doctor, which may have led to selection bias. Third, chemotherapy regimens and radiation doses were diverse. Comparing EGFR-mutant and wild-type patients, treatment deviation was quite small: most frequently used chemotherapy was CBDCA + PTX, and the median radiation dose was 60 Gy in each arm. Fourth, most of the patients were diagnosed as stage III adenocarcinoma without lymph node biopsies. The diagnosis of N stage was clinically determined on PET-CT in most patients because the pathological diagnosis was not available in all N1–3 locally advanced NSCLC patients.

In conclusion, concurrent CRT gave shorter PFS in EGFR-mutated stage III adenocarcinoma patients compared with wild-type patients, mainly because of distant metastasis relapse, despite better local control. Because of these distinct biological features, a different strategy, including EGFR-TKIs for EGFR-mutant, locally advanced adenocarcinoma patients receiving definitive CRT may be needed.

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