

# ADDENDUM

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## Addendum 2

The editorial office of *Nagoya Journal of Medical Science* would like to make the following announcements with regard to the article, published in the Journal's August 2017 issue (vol. 79, no. 3), entitled "Effect of text messages to improve health literacy on medication adherence in patients with type 2 diabetes mellitus: A randomized controlled pilot trial" by Hideki Sugita *et al.* [https://www.med.nagoya-u.ac.jp/medlib/nagoya\\_j\\_med\\_sci/793/04\\_Sugita.pdf](https://www.med.nagoya-u.ac.jp/medlib/nagoya_j_med_sci/793/04_Sugita.pdf)

- 1) Page 316, lines 4–5: The sentence that reads, "MMAS-8 is relatively simple ... over the course of the treatment," should have cited the following items:

Krousel-Wood MA, Islam T, Webber LS, Re RS, Morisky DE, Muntner P. New medication adherence scale versus pharmacy fill rates in seniors with hypertension. *Am J Manag Care*, 2009; 15(1): 59–66.

Morisky DE, DiMatteo MR. Improving the measurement of self-reported medication nonadherence: Final response. *J Clin Epidemio*, 2011; 64: 258–263.

- 2) Page 316, lines 27–8: The sentence that reads, "As no previous randomized control trial (RCT) ... by referencing a previous study," meant to convey the following:

When we planned our study in 2013, there had not been randomized controlled trials (RCT) to assess the effectiveness of text-messaging using the MMAS-8. Hence, we determined the sample size needed for our study by consulting a work by Montes that examined the effectiveness of text-messaging using the MMAS-4.

- 3) Page 317: Table 2 should have included the following footnote:

Use of the MMAS-8 is protected by US and international Trademark and Copyright laws. Permission for use is required. A license agreement is available from: MMAS Research LLC 14725 NE 20th St. Bellevue WA 98007, dmorisky@gmail.com.

- 4) Page 319, lines 13–14: The sentence that reads, "The effect of this intervention may be shown ... the definiteness of the delivery of the intervention," should have cited the following item:

Laing BY, Mangione CM, Tseng CH, Leng M, Vaisberg E, Mahida M, *et al.* Effectiveness of a smartphone application for weight loss compared with usual care in overweight primary care patients: a randomized, controlled trial. *Ann Intern Med*. 2014; 161(10 Suppl): S5–12.

- 5) Page 319, lines 34–6: The sentence that reads, "MMAS-8 and HL scales are easy ... electronic medication packaging devices," should have cited the following items:

Krousel-Wood MA, Islam T, Webber LS, Re RS, Morisky DE, Muntner P. New medication

adherence scale versus pharmacy fill rates in seniors with hypertension. *Am J Manag Care*, 2009; 15(1): 59–66.

Morisky DE, DiMatteo MR. Improving the measurement of self-reported medication nonadherence: Final response. *J Clin Epidemio*, 2011; 64: 258–263.

6) Page 320: ACKNOWLEDGEMENTS should have included the following statement:

The authors would especially like to thank Professor Donald E Morisky for allowing us to use the Japanese version of MMAS-8 for this study. The ©Morisky Medication Adherence Scale (MMAS-8-Item) (Use of the MMAS-8 is protected by US and international Trademark and Copyright laws. Permission for use is required. A license agreement is available from: MMAS Research LLC 14725 NE 20th St. Bellevue WA 98007, dmorisky@gmail.com).

The above additions are needed because of the authors' oversight.